

Respite Foster Care



**Support. Relief.
Stability.**

**Every caregiver deserves a break.
Every child deserves care.**



**Be the break
that makes the
difference.**

*Respite foster care
is a wonderful way to help
even if you cannot foster
full-time.*



LUCAS COUNTY
**CHILDREN
SERVICES**

301 Adams Street, Toledo, OH 43604

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What is Respite Foster Care?

Respite Foster Care is short-term, temporary care for children who already live with a foster family. This vital service gives foster parents a chance to rest, recharge, or manage emergencies, while ensuring that their foster children remain in a safe, nurturing environment.

It's a planned break, but never a break in care. It's flexible and based on your schedule. Respite care builds stronger support networks.

Respite Care Matters.

Fostering is rewarding, but it also can be demanding.

Respite care:

- Supports long-term stability for children by preventing caregiver burnout
- Strengthens foster families by providing time for self-care, family needs, or unexpected challenges
- Creates a team-based approach to caring for children
- Respite care can make a difference for both the caregiver and the child

Who Can Become a Respite Foster Parent?

You can become a Respite Foster Parent if you are:

- At least 18 years old
- Single, married or partnered
- Own or rent your home
- Live in Lucas County or surrounding areas within Ohio
- Able to complete pre-service training – including First Aid and CPR – and meet the same licensing requirements as full-time foster parents
- Complete a background check, fingerprints, and a home study, and provide other personal documents

Whether you're retired, single, working full or part-time, or simply looking to help, you can provide a temporary home for a child already in care.

*Training and support
are provided by Lucas County Children Services.*