



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

Resource Family Training Calendar



Fall 2025



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

12/12/2024

Dear Caregivers,

To coordinate the payment of continuing foster parent training, LCCS will enforce the following process to verify that the appropriate trainings are paid according to the rule in the **OAC 5101:2-5-38**:

1. Training taken in an RTC will be turned in and entered for payment within **120 days of the training date; if turned in after the 120 days**, the training will be entered to be included in their recertification but **will not be paid**.
2. Web-based training and other self-directed training **will not be paid**.
3. Training hosted at "other agency" **will not be paid**.

For preplacement training, a lump sum payment shall be made in the amount of fifteen dollars per foster caregiver per training hour for all hours completed. Continuing training, fifteen dollars per foster caregiver per training hour successfully completed within a training session that is a minimum of one training hour in duration.

A recommending agency may decline to make a stipend payment to a foster caregiver:

(a) If the recommending agency determines that the foster caregiver has not successfully acquired the skills the training was designed to impart and as a result the agency required the foster caregiver to repeat the training in accordance with a corrective action plan.

(b) If the training was beyond the scope or the amount of training specified in the foster caregiver's individualized written needs assessment and continuing training plan.

(c) If the training the foster caregiver received was part of a program of self-directed study or otherwise not delivered in a conventional or traditional setting where the principal transfer of knowledge occurred through the physical presence of a trainer whose responsibility it was to impart instruction to the foster parent.

Respectfully,

Northwest Ohio Regional Training Center

Greetings Northwest Ohio Stakeholders,

I hope this message finds you well. We are excited to share some important news with you regarding our agency's growth and development. As part of our expansion strategy, we will be relocating our offices to a new building.

Reason for the Move: Our new location offers better facilities, improved infrastructure, and a more conducive work environment. We believe this move will enhance collaboration, productivity, and overall employee satisfaction.

Relocation Details:

Lucas County Children's Services and the Northwest Ohio Regional Training Center will relocate to

301 Adams St. Toledo Ohio 43604 (Regional Training Center will be located on the 6th floor)

Parking: Superior Garage, 334 N Superior St, Toledo, OH 43604. (Across the street from the building)

Effective Date: June 24th, 2024

Duration: This move is permanent, and we expect all stakeholders to report to this new location indefinitely. There are no changes with contact information. All phone numbers and email addresses will remain the same.

We are committed to making this transition as smooth as possible and are working diligently to address any issues that arise. We appreciate your dedication to NWORDC and look forward to welcoming you to our new office. Thank you for being an integral part of our team!

Best regards,

Northwest Ohio Regional Training Center Team



Table of Contents

MISSION STATEMENT – STAFF CONTACT INFORMATION.....4
 REGISTRATION/RULES OF TRAINING 5
 CALENDARS FOR RESOURCE FAMILY TRAINING SESSIONS 6-8
 COURSE DESCRIPTIONS FOR RESOURCE FAMILY TRAINING SESSIONS..... 9-11
 RESOURCE READINESS INFORMATION 12-14
 CAPS REGISTRATION ASSISTANCE 15
 INFORMATIONAL FLYERS 16-21
 COMPUTER LAB INFORMATION 22
 DRIVING DIRECTIONS NORTHWEST OHIO REGIONAL TRAINING CENTER (NWORDTC) 23
 PARKING/BUILDING ACCESS INFORMATION 24

Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency- based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies Served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS	Director- Amy Simonis	419-782-3881
Erie DJFS	Director- A.j. Lill	419-627-4400
Fulton DJFS	Director- Amy Metz-Simon	419-337-0010
Hancock DJFS	Director- Randall Galbraith	419-782-3881
Henry DJFS	Director- Shannon Jones	419-592-0946
Huron DJFS	Director- Lenora Minor	419-668-8126
Lucas Co. (LCCS)	Director- Randall Muth	419-213-3200
Ottawa DJFS	Director- Stephanie Kowal	419-898-3688
Putnam DJFS	Director- Suzy Wichmeyer	567-376-3777
Sandusky DJFS	Director- Melanie Allen	419-334-3891
Seneca DJFS	Director- Kathy Oliver	419-447-5011
Van Wert DJFS	Director- Erinn Sellers	419-238-5430
Williams DJFS	Director- Kylee Towne	419-636-6725
Wood DJFS	Director- David Wigent	419-352-7566
Wyandot DJFS	Director- Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melonny King – Manager – Melonny.King@jfs.ohio.gov

Ramona Echols – Regional Caregiver Training Coordinator – Ramona.Echols@jfs.ohio.gov

Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov

Lillian Cardona – Regional Caregiver Coach - Lillian.Cardona@jfs.ohio.gov

Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov

Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov

Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

Training Registration

- Enroll yourself in training sessions through CAPS
<https://ifsohio.csod.com/Login/render.aspx?id=defaultclp>
- If you are a **Resource Family provider through another agency** or you are a **daycare provider for LCCS**, you will NOT be in CAPS
- If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a space available basis for **Foster/Adoption** ongoing training

Training Rules

- Please allow ample travel time to our location
- Please turn off cell phones & return calls during breaks or lunch
- It is Ohio Child Welfare Training Program policy to ONLY certify credit for an individual who has missed less than **15 minutes** of classroom training
 - This includes **CPR** and **First Aid** classes. All time spent outside the classroom counts toward this **15 minute rule**
 - **Partial credit cannot be given**
- You **MUST attend ALL parts of a training session** to receive a certificate of credit; this includes sessions that extend beyond one day

***NOTE* Please consider wearing layers to be comfortable with the fluctuations in temperature in the training center!**

FAQ's

Child Care?	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled, check your e-mail notifications
Parking?	When you attend training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. Private agency caregivers must pay for their own parking in the garage.
Location?	Unless otherwise noted, trainings will be held at Northwest Ohio Regional Training Center Address: 301 Adams Street, Toledo, OH 43604

For additional questions or concerns please call: 419-213-3505

ON-GOING NWORTC LUCAS COUNTY TRAININGS

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
6	7 *VIRTUAL* Building Parental Resilience for Kinship Care 1:30pm – 3:00pm	8	9	10 *IN PERSON* Teens in Foster Care and Emotional Resiliency 1:00pm – 4:00pm *Please call NWORTC to register*	11 *IN PERSON* Red Cross First Aid and Adult & Pediatric CPR with AED-No skills test 9:00am – 4:00pm
13	14 *VIRTUAL* What Caregivers Should Know about Online Safety for Youth Who Have Experienced Out-of-Home Care 5:30pm – 7:30pm *Please call NWORTC to register*	15	16	17	18
20 *VIRTUAL* Street Smart Ohio Series: Everything Marijuana 9:00am – 12:15pm	21	22	23	24	25
27	28 *IN PERSON* Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice 9:00am – 12:00pm Confidence in the Court Process for Resource Caregivers 1:00pm – 4:00pm	29	30	31	

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1
3	4 *VIRTUAL* A World of Opportunities: Substance Use Indicators – 5:30pm – 8:30pm	5	6 *VIRTUAL* Trauma Related Behaviors 9:00am – 11:00am	7	8
10 *VIRTUAL* Making Morning Madness Melt Away: Getting Kids Up, Dressed, Fed, and Out the Door on Time 1:00pm – 4:00pm	11	12 *VIRTUAL* Get Cooperation the First Time You Ask 9:00am – 12:00pm	13	14 *VIRTUAL* Separation, Grief, and Loss 1:00pm – 3:00pm	15
17 *VIRTUAL* Building Trauma Competent Healing Foster and Adoptive Parents: Four Essential Skills 9:00am – 4:00pm	18	19	20	21	22
24	25	26	27	28	29

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
8	9 *VIRTUAL* GAP: Transitioning from Foster Care to Adoption 1:00pm – 4:00pm	10	11	12 *IN PERSON* AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills 9:00am – 4:00pm *VIRTUAL* Behavioral Triggers of Traumatized Children: Prevention and Reactions 9:00am – 4:00pm	13
15	16 *VIRTUAL* Communicable Diseases – Protecting Your Family’s Health 2:00pm – 5:15pm	17	18	19	20
22	23	24	25	26	27
29	30	31			

October Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Building Parental Resilience for Kinship Care and their Community

(1.50 Credit Hours)

Locator# 26252

DATE: October 7, 2025

Lauri Wolfe

TIME: 1:30pm – 3:00pm

CONTENT: This course helps participants understand the importance of self-care and provides practical ideas on how to do it. Learners will understand signs of stress and burnout and recognize the importance of maintaining their mental, physical, emotional, and spiritual well-being. This course describes parental resilience and why resilience is important. It also covers how caring for children who have experienced trauma, separation, or loss can impact a caregiver's own well-being. Also covered are the behaviors that foster a protective environment for parents and children.

IN PERSON ***Please call NWORTC to register***

Teens in Foster Care and Emotional Resiliency

(3.00 Credit Hours)

Locator# 26307

DATE: October 10, 2025

Jewel Harris

TIME: 1:00pm – 4:00pm

CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

IN PERSON

Red Cross First Aid and Adult & Pediatric CPR with AED-No skills test

(6.00 Credit Hours)

Locator# 24528

DATE: October 11, 2025

Nicole Bolduc

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the Red Cross Pediatric First Aid and CPR course materials but does not include skills testing. Participants in this course will learn to recognize and respond to emergencies, including shock, heat and cold emergencies, sudden illness, and poisonings. Additionally, the participant receives a comprehensive overview of CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. ** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL ***Please call NWORTC to register***

What Caregivers Should Know about Online Safety for Youth Who Have Experienced Out-of-Home Care

(1.50 Credit Hours)

Locator# 26247

DATE: October 14, 2025

Elliot Hinkle

TIME: 5:30pm – 7:30pm

CONTENT: In today's digital age, teaching youth about internet or online safety is paramount. This 90-minute virtual training session is designed specifically for caregivers who play a vital role in supporting youth in developing key life skills for navigating the world. There will be interactive discussions, practical tips, and real-world examples, as caregivers gain the knowledge and tools necessary to empower the youth in their care to navigate the online world responsibly and keep themselves and their peers safe. By the end of this 90-minute virtual training session, caregivers will be equipped with the knowledge, skills, and resources to effectively teach youth about internet safety, navigating social media, and empowering them to navigate the online world responsibly and thoughtfully. A major focus of this session is helping youth know who to trust online, how to recognize red flags, and what to do when facing unsafe situations. Key topics covered will include:

Online predators, including adults who pose as children or teens online

Cyberbullying

Sexting and sextortion

Human trafficking

Unsafe or predatory online groups

VIRTUAL

Street Smart Ohio Series: Everything Marijuana

(3.00 Credit Hours)

Locator# 26267

DATE: July 22, 2025

Shawn Bain

TIME: 9:00pm – 12:15pm

CONTENT: Marijuana affects so many families and so many lives in Ohio. Marijuana use has often been referred to as a "gateway" drug, leading to harder drug use. The instructor doesn't use this term and doesn't believe Marijuana use causes a person to use harder drugs; the instructor does believe there is a correlation between Marijuana use and the use of harder drugs. Marijuana has changed more than any other drug in recent years with the addition of Cannabis concentrates such as "Dabs" and "Shatter" making this drug more potent and dangerous. Ohio State law has changed, creating Medical Marijuana and Recreational Marijuana available to Ohioans, and everyone needs to become familiar with these laws.

IN PERSON

Dual System Youth: Providing Trauma-Informed Care and Advocacy for

Youth Involved in both Child Protection and Juvenile Justice

(3.00 Credit Hours)

Locator# 26255

DATE: October 28, 2025

Lauri Wolfe

TIME: 9:00am – 12:00pm

CONTENT: Resource Readiness – Legal and Ethical Issues

At-risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.

IN PERSON

Confidence in the Court Process for Resource Caregivers

(3.00 Credit Hours)

Locator# 26268

DATE: October 28, 2025

Lauri Wolfe

TIME: 1:00pm – 4:00pm

CONTENT: A court-involved child protection case can be overwhelming due to the complex process, including understanding the timeline and hearings, preparing youth, and testifying. This course aims to provide a clear explanation of those issues as well as strategies to manage them. Additionally, the course will describe attorney tactics and identify tools to help individuals prepare for and effectively testify in court.

November Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight

(3.00 Credit Hours)

Locator# 17044

DATE: November 4, 2025

Tamme Smith

TIME: 5:30pm – 8:30pm

CONTENT: Learn about Ohio’s drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

Virtual

Trauma Related Behaviors

(2.00 Credit Hours)

Locator# 26370

DATE: November 6, 2025

Kelly Brewer

TIME: 9:00am – 11:00am

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

VIRTUAL

Making Morning Madness Melt Away: Getting Kids Up, Dressed, Fed, and Out the Door on Time

(3.00 Credit Hours)

Locator# 26371

DATE: November 10, 2025

Jody Johnston Pawel

TIME: 1:00pm – 4:00pm

CONTENT: Starting the day off in a stressful way can make everyone grumpy and late. Children with trauma often experience issues that impact their morning routine. Fortunately, there are no more delays in bringing you the tools and support you need to make your mornings go smoothly. This workshop runs through the Top 6 Most Common Morning Hassles parents experience and offers quick, proven-effective ways to prevent or respond to each including children not waking, dressing, and feeding themselves, slow wakers, dawdlers, distraction, defiance, delaying, refusing to brush teeth, missing the bus or chronic tardiness, toddlers resisting getting into car seats, children forgetting their homework or lunches.

IN PERSON

AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills Testing

(6 Credit Hours)

Locator# 23628

DATE: November 12, 2025

Mark McBee

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. ** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

Get Cooperation the First Time You Ask

(2.75 Credit Hours)

Locator# 26372

DATE: November 12, 2025

Kelly Brewer

TIME: 9:00am – 12:00pm

CONTENT: Do you ever shake your head, wondering why children often do what you just told them not to do? This workshop reveals why and how to prevent this baffling behavior by using three key tools for getting children to cooperate the first time you ask ---without power struggles, threats, bribes, incentives, or stickers --- while fostering internal motivation. You'll also discover which tots might go through a "no" phase and which teens might rebel – and how to beat the odds. Using the tools in this workshop often requires only small subtle changes in your language but can often result in both quick changes and long-term results!

VIRTUAL

Separation, Grief, and Loss

(3.00 Credit Hours)

Locator# 26311

DATE: November 14, 2025

Kelly Brewer

TIME: 1:00pm – 3:00pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified.

Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

VIRTUAL

Building Trauma Competent Healing Foster and Adoptive

Parents: Four Essential Skills

(6.00 Credit Hours)

Locator# 26350

DATE: November 17, 2025

Ruby Johnston

TIME: 9:00am – 4:00pm

CONTENT: How does early childhood trauma impact the development of a child? Are there strategies to promote healing? The answers to both these questions and more will be answered in this six-hour course. Foster/adoptive parents and those workers who are involved in their lives, will leave this workshop with a deeper understanding of how trauma shapes the five "b's": the brain, body, biology, belief and behavior of a youngster. All participants will gain understanding how connected parenting can intervene in the negative trajectory of a child's life and set it on a course of healing.

December Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

GAP: Transitioning from Foster Care to Adoption

(3.00Credit Hours)

Locator# 26317

DATE: December 9, 2025

Angela Buckalew

TIME: 1:00pm – 4:00pm

CONTENT: This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster and an adopted child, will encourage conversation and sharing of experiences surrounding transitioning from foster care to adoption.

VIRTUAL

Communicable Diseases – Protecting Your Family's Health

(3.00 Credit Hours)

Locator# 26319

DATE: December 16, 2025

Angela Buckalew

TIME: 2:00pm – 5:15pm

CONTENT: Resource Readiness - PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

The primary purpose of this training course is to educate caregivers in identifying signs and symptoms of illness and contagious conditions, protect themselves from exposure, learn how to respond to an exposure risk, and how to transfer their knowledge to educate family and children in the home. The course content and activities will prepare caregivers to make appropriate decisions about preventing and educating on communicable disease transmission.

VIRTUAL

Behavioral Triggers of Traumatized Children: Prevention and Reactions

(6.00 Credit Hours)

Locator# 26316

DATE: December 22, 2025

David Zidar

TIME: 9:00am – 4:00pm

CONTENT: Identification of behavioral triggers in foster children and the management of them is critical to the wellness of children in care. Triggers are rooted in trauma. If caregivers have an understanding of social history, functional analysis, and de-escalation strategies, it will improve the outcomes for the children and the parents' care (Both foster and primary families). While you cannot prevent all triggers, you can set the stage to reduce the frequency and have strategies for how to lessen the severity of the subsequent behaviors

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

Filters Reset

DURATION ▼

TYPE ▼

MODALITY ▼

SUBJECT ▲

- Pathway: Resource Family Readiness (20)
- Permanency (10)
- Personnel Management (1)
- Physical/Medical Health (17)
- Physical/Medical Health: Activities of Daily Living (2)
- Physical/Medical Health: Neurocognition (4)
- Placement (13)
- Planning (10)
- Population Served:

PROVIDER ▼

20 Results Event Calendar

Pathway: Resource Family Readiness x



Event

(2.75) Born Addicted: Promoting Best Care

2 hours, 45 minutes

...



Event

(2.75) Communicable Disease

2 hours, 45 minutes

...



Event

(2.75) PLEASE Don't Share! Communicable

2 hours, 45 minutes

...



Event

(4) The Basics of Caring for Children Who Have

4 hours

...



Event

(2.75) The Effects of Fostering

2 hours, 45 minutes

...



Event

(2.75) Engaging Primary Families

2 hours, 45 minutes

...



Event

(2.75) An Overview of Legal Issues for Foster

2 hours, 45 minutes

...



Event

(2.75) Understanding the Legal Process and I

2 hours, 45 minutes

...

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

12

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASE

- Communicable Diseases – Protecting Your Family's Health

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent
- Understanding Addiction for Resource Parents
- Fostering Alliances: Collaborating with Primary Parents Facing Addiction
- Adolescent Substance Use, Addiction, and Treatment

EDUCATION ADVOCACY

- The Education Rights of Children in Ohio
- Education Advocacy: Improving K-12 Outcomes for Children in Out-of-Home Care
- Education

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment
- Separation, Grief, and Loss
- Trauma Related Behaviors
- Trauma Informed Parenting
- Understanding and Building Attachment
- Trust-Based Relational Intervention (TBRI) Module

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations
- Family Dynamics
- The Effects of Fostering
- Beyond Burnout: How Foster Caregivers Can Build Resilience

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- Ethical Considerations for Resource Caregivers
- Confidence on the Court Process for Resource Caregivers
- Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

Additional Courses- Limited Availability

- Parent's Rights in the Special Education Process
- Building Parent/Professional Partnerships in Communication
- Understanding AD/HD
- Positive Behavioral Interventions and IDEA
- Autism Awareness
- Section 504
- Understanding Bullying

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors



Department of Children & Youth

Northwest Ohio Regional Training Center

2025 Foster & Adoptive Parents Pre-Service Training Schedule

JUNE 2025 IN PERSON SERIES

Online Courses..... self-paced/take anytime

- Preservice: Orientation (1 hour)
• The Caregiver Role and Responsibilities (1.5 hour)
• Medication Management (0.5 hour)

Monday, June 2, 2025

- The Basics of Placement 9am-11:30am
• Trauma Overview12:45pm-2:15pm
• The Impact of Trauma on Children in Care 2:30pm-4pm

Tuesday, June 3, 2025

- Maintaining the Child's Connections..... 9am-10:30am
• Partnering with Primary Families..... 10:45am-12:15pm
• Diversity Foundations1pm-2:30pm
• Discipline Foundations2:45pm-4:45pm

Wednesday, June 4, 2025

- Permanency..... 9am-10am
• Effects of Caregiving 10:15am-12:15pm
• Child Development..... 1pm-3pm
• Adolescent Development..... 3:15pm-4:15pm

Adult, Child, Infant CPR/First Aid/AED (3 hours).....

Online Course (Register on CAPS)

AUGUST 2025 VIRTUAL SERIES

Online Courses..... self-paced/take anytime

- Preservice: Orientation (1 hour)
• The Caregiver Role and Responsibilities (1.5 hour)
• Medication Management (0.5 hour)

Sunday, August 10, 2025

- The Basics of Placement 5:30pm-8pm

Monday, August 11, 2025

- Trauma Overview5:30pm-7pm
• The Impact of Trauma on Children in Care 7:15pm-8:45pm

Tuesday, August 12, 2025

- Maintaining the Child's Connections..... 5:30pm-7pm
• Partnering with Primary Families..... 7:15pm-8:45pm

Wednesday, August 13, 2025

- Diversity Foundations5:30pm-7pm
• Discipline Foundations7:15pm-9:15pm

Thursday, August 14, 2025

- Permanency..... 5:30pm-6:30pm
• Effects of Caregiving 6:45pm-8:45pm

Friday, August 15, 2025

- Child Development..... 5:30pm-7:30pm
• Adolescent Development..... 7:45pm-8:45pm

Adult, Child, Infant CPR/First Aid/AED (3 hours).....

Online Course (Register on CAPS)

SEPTEMBER 2025 IN PERSON SERIES

Online Courses..... self-paced/take anytime

- Preservice: Orientation (1 hour)
• The Caregiver Role and Responsibilities (1.5 hour)
• Medication Management (0.5 hour)

Friday, September 26, 2025

- The Basics of Placement 9am-11:30am
• Trauma Overview12:45pm-2:15pm
• The Impact of Trauma on Children in Care 2:30pm-4pm

Saturday, September 27, 2025

- Maintaining the Child's Connections..... 9am-10:30am
• Partnering with Primary Families..... 10:45am-12:15pm
• Diversity Foundations1pm-2:30pm
• Discipline Foundations2:45pm-4:45pm

Sunday, September 28, 2025

- Permanency..... 9am-10am
• Effects of Caregiving 10:15am-12:15pm
• Child Development..... 1pm-3pm
• Adolescent Development..... 3:15pm-4:15pm

Adult, Child, Infant CPR/First Aid/AED (3 hours).....

Online Course (Register on CAPS)

OCTOBER 2025 IN PERSON SERIES

Online Courses..... self-paced/take anytime

- Preservice: Orientation (1 hour)
• The Caregiver Role and Responsibilities (1.5 hour)
• Medication Management (0.5 hour)

Friday, October 17, 2025

- The Basics of Placement 9am-11:30am
• Trauma Overview12:45pm-2:15pm
• The Impact of Trauma on Children in Care 2:30pm-4pm

Saturday, October 18, 2025

- Maintaining the Child's Connections..... 9am-10:30am
• Partnering with Primary Families..... 10:45am-12:15pm
• Diversity Foundations1pm-2:30pm
• Discipline Foundations2:45pm-4:45pm

Sunday, October 19, 2025

- Permanency..... 9am-10am
• Effects of Caregiving 10:15am-12:15pm
• Child Development..... 1pm-3pm

- Adolescent Development..... 3:15pm-4:15pm
- Adult, Child, Infant CPR/First Aid/AED (3 hours).....**
 Online Course (*Register on CAPS*)

DECEMBER 2025 VIRTUAL SERIES

Online Courses..... self-paced/take anytime

- Preservice: Orientation (1 hour)
- The Caregiver Role and Responsibilities (1.5 hour)
- Medication Management (0.5 hour)

Monday, December 8, 2025

- The Basics of Placement 5:30pm – 8pm

Tuesday, December 9, 2025

- Trauma Overview12:45pm – 2:15pm
- The Impact of Trauma on Children in Care 2:30pm – 4pm

Wednesday, December 10, 2025

- Maintaining the Child's Connections..... 5:30pm-7pm
- Partnering with Primary Families..... 7:15pm – 8:45pm

Thursday, December 11, 2025

- Diversity Foundations5:30pm – 7pm
- Discipline Foundations7:15pm-8:45pm

Friday, December 12, 2025

- Permanency..... 5:30pm – 6:30pm
- Effects of Caregiving 6:45pm – 8:45pm

Saturday, December 13, 2025

- Child Development 5:30pm – 7:30pm
- Adolescent Development..... 7:45pm – 8:45pm

Adult, Child, Infant CPR/First Aid/AED (3 hours).....

Online Course (*Register on CAPS*)



Stay in the Loop with NWORTC! Receive timely updates on training schedule, cancellations, and important NWORTC announcements with our text blast notifications.

To sign up, please send your name and cell phone number to catrina.carwell@jfs.ohio.gov. Your privacy is our priority-your number will only be used for official NWORTC communications.

Don't miss out! Register today!

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.

CONTACT US FOR FREE

Caregiver Support!



eliminating racism
empowering women
ywca
Northwest Ohio

Supports Available:

Child Care Search



Are you seeking child care? We provide custom referrals to help you find high quality care for your child!

- Free referral service for all families
- Find care close to home, work, or school
- Child Care Centers and Family Child Care settings included
- Information available to apply for financial assistance
- Use the QR code to start your search today



Engagement Events



Are you looking for something fun and educational to do with your child?

Ask about one of our upcoming events

- Book Buddies
- Family Fun Night
- Little Hands Sensory Group

Follow us on Facebook for the most current events
Mansfield YWCA CCR&R Family Information

Parent / Caregiver Training

Our Outreach Parent Specialists offer opportunities for parents and caregivers to learn more about child development, engage with community resources and get to know other families with young children.



- 1 2 3 Magic
- Act Raising Safe Kids
- Fatherhood Initiative
- Nurturing Parenting
- Parent Cafe
- Triple P

Foster, Adoption, & Kinship Support

Our Family & Community Resource team provides assistance and support to foster, adoptive, and kinship caregivers by providing kits, advocacy, and assistance with licensing and recertification.

- Home Study Kits
- Hygiene & Laundry Kits
- Hair & lice Kits
- Baby Kits

Resource Connection

Do you have questions about child development? Unsure of where to start to find the support you need?

Our Outreach Specialists will help you find the resources your family needs.

- Clothing / Food Assistance
- Developmental Screening/ Early Intervention Services
- Housing Assistance



Becoming a Caregiver

Are you interested or have questions about becoming a foster, adoptive, or kinship caregiver to children involved in the child welfare system? Scan the QR code to be connected with our team to see if being an alternative caregiver is a good fit for you and your family.



The YWCA Northwest Ohio is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.



1018 Jefferson Ave,
Toledo, OH 43604



419-255-5519



www.ywcanwo.org



mswank@ywcanwo.org
dtimmons@ywcanwo.org

Computer Literary Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
301 Adams Street, Toledo, OH 43604

Directions To:
Lucas County Children Services Conference & Training Center
301 Adams Street
Toledo, Ohio 43604

From the North:



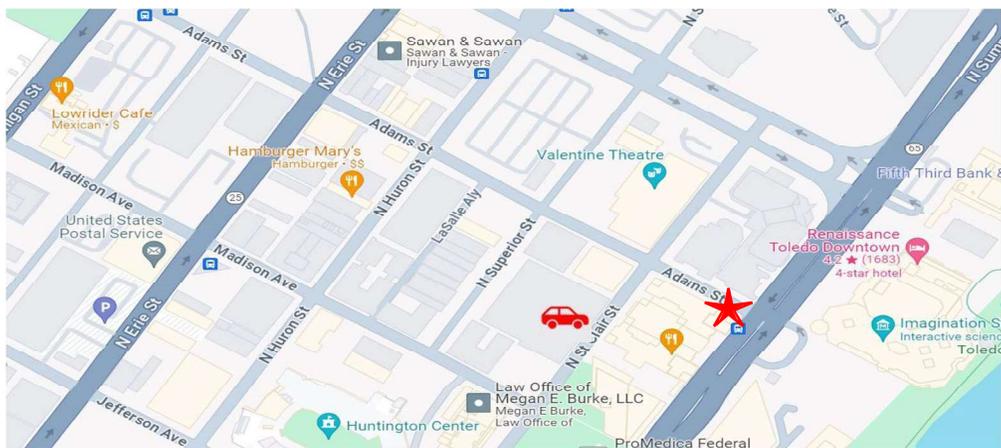
- ⇒ Take I-75 South
- ⇒ Exit 202A onto Washington
- ⇒ Turn Left on Erie Street
- ⇒ Turn Right on Adams Street
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

From the South:



- ⇒ Take I-75 North toward Toledo/Detroit
- ⇒ Exit onto Anthony Wayne Trail
- ⇒ Take Erie Street to Adams Street
- ⇒ Turn Right on Adams
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

****You must enter the building through the door nearest to the corner of Adams and Summit St.****



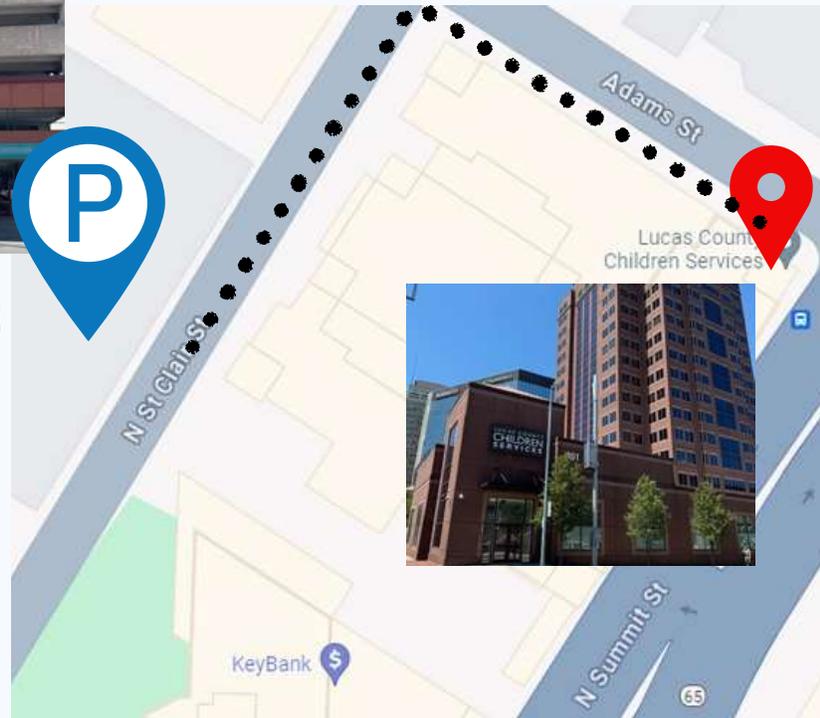
NWORTC
301 Adams St.
Toledo, OH 43604

Park Smart Garage
334 N. Superior St.
Toledo, OH 43604

NWORTC

PARKING & BUILDING ENTRY

- **PARK SMART GARAGE IS THE CLOSEST: 334 N. SUPERIOR PULL A TICKET AND BRING IT**
- **WITH YOU DO NOT PARK IN**
- **RESERVED SPACES**



- **ON FOOT, EXIT THE GARAGE LEFT ONTO SAINT CLAIR ST. AND THEN RIGHT ONTO ADAMS ST.**
- **ENTER LUCAS CO. CHILDREN SERVICES AT 301 ADAMS AND SIGN IN WITH SECURITY**

- **SEE A TRAINING CENTER STAFF MEMBER TO HAVE YOUR PARKING TICKET VALIDATED BEFORE YOU LEAVE.**



Questions?

Catrina.Carwell@jfs.ohio.gov 

419-213-3505 