



Black & Brown Therapist List (2025)

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DEIS Statement: This specialized therapist list was created to feature minority therapists in the city of Toledo (and the surrounding area) as part of a solution to the national demographic that indicates that there is only around 25% of available, licensed therapist that are of (majority) ethnic background. The intention of this list is to be viewed as an option, not a recommendation... To support diversity, not division! Thank you!

With Positive Regards To Our Local Community,
Lucas County Children Services D.E.I.S. Department

For any updates or recommendations, please reach out to our D.E.I.S. Department directly at (419) 213-3753.

– A –

Houda Abdoney	Synergy Health & Wellness 4895 Monroe St. Suite 203, Toledo, OH 43623 (419) 658-7391 <u>Expertise/Specialty:</u> Addiction, Anxiety, Disorders, Coping, Substance Use, Trauma & PTSD.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. Currently accepting clients. (Bi-lingual, Arabic speaking).
Maria Alavrez	Trinity Care of OH 122 W. Front St. Suite D. Perrysburg, OH 43551 (419) 827-5061 <u>Expertise/Specialty:</u> Women's issues, Life Transitions and Life Coaching.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. Currently accepting clients. Bi-Lingual-Spanish speaking.
LaShanna D. Alfred	U Change Counseling and Consulting 5726 Southwyck Blvd, Suite 140, Toledo OH 43614 567-236-8358 https://www.wildwoodcounselingservices.com <u>Expertise/Specialty:</u> CBT, Motivational Interviewing, RET, Trauma Informed Care Practices, Individual/Couples Counseling, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Makayla Arcuargi	Wildwood Counseling Services (Available online only), Toledo, OH 43606 (330) 878-3721 <u>Expertise/Specialty:</u> Trauma, PTSD, Grief & Obsessive-Compulsive Disorder.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes

– B –

Latoya Barlow	Wildwood Counseling Services, LLC 3454 Oak Alley Ct, Suite 209 Toledo, OH 43606 419-513-8097 https://www.wildwoodcounselingservices.com/ <u>Expertise/Specialty:</u> Woman's Issues, Children, Teens, Anxiety, Depression, Self-Esteem, Coping Skills, Spirituality, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Elizabeth Bergman	Vitality Counseling, LLC 842 W.S. Boundary St. Ste. A Perrysburg, OH 43551 419-969-3522 <u>Expertise/Specialty:</u> PTSD, Anxiety, Trauma, ADHD, Depression, Eating Disorders, Individual, Relationships, DV, Abuse/Neglect	<u>Types of Insurance Acceptance:</u> Frontpath, MedMutual, United, Paramount, etc. <u>Currently Accepting Clients?</u> Yes
Michele Blue	My Practice At A Glance, LLC 3335 Meijer Dr. Ste. 150 Toledo, OH 43617 567-320-0961 <u>Expertise/Specialty:</u> Depression, Anxiety, Stress, Trauma, PTSD, Grief, Spirituality, Life Coaching, Relationship Issues, Couples Counseling, Women's Issues.	<u>Types Of Insurance:</u> Medicaid and most Commercial Insurances. Currently NOT accepting clients. Please call to join waitlist.
Reginald Blue	(Available ONLINE only) Toledo, OH 43615 (419)495-6146 <u>Expertise/Specialty:</u> Depression, Anxiety, & Life Transitions.	<u>Types Of Insurance:</u> Medicaid and most Commercial Insurances. Currently NOT accepting clients. Please call to join waitlist.
Asia Bolds-Hanns	Therapy Den, LLC 3454 Oak Alley Court Ste. 510 Toledo, OH 43606 419-451-4390 <u>Expertise/Specialty:</u> CBT, Coping Skills, & Self-Esteem, Occupation Counsel, Identity, Trauma, Anger Management, Self-Harm, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> No

<p>Megan Bond-Stokes</p>	<p>Unison Behavioral Health/Perrysburg Counseling 1425 Starr Ave., Toledo, OH 43605 1070 Commerce Dr., Perrysburg, OH 43551</p> <p>419-693-0631/ 419-482-8382 https://www.unisonhealth.org/</p> <p><u>Expertise/Specialty:</u> Adolescent/Young Adults, Certified DBT Clinician, Suicide/Depression, Childhood Trauma, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
<p>Anthony L. Bouyer</p>	<p>Inspiring Wellness 5726 Southwyck Suite 201, Toledo, OH 43614</p> <p>(567) 364-5569</p> <p><u>Expertise/Specialty:</u> Addiction, Anxiety and Bi-polar Disorder.</p>	<p><u>Types of Insurance:</u> Accepting Medicaid and Most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
<p>Marissa C. Bramble</p>	<p>Inspiring Wellness, LLC. 1627 Henthorne Dr. Suite C, Maumee, OH 43537</p> <p>(567) 339-0316</p> <p>Specialties: Grief, Trauma, PTSD, & Cultural/Racial Identify.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
<p>Jade Branch</p>	<p>Wildwood Counseling Services 3454 Oak Alley Court Suite 505, Toledo, OH 43606</p> <p>(419) 370-3857</p> <p><u>Expertise/Specialty:</u> Eating Disorders, Depression, & Anxiety.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>

– C –

Caprice Cafara	<p>Toledo, OH 43615</p> <p>(419) 871-3771</p> <p><u>Expertise/Specialty:</u> Holistic, Cultural competency approach, PTSD, Complex Trauma, Nutrition, Domestic Violence, Depression, etc.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p>Currently accepting new clients. Please call to join waitlist.</p>
Pamela Cannon	<p>Thrive Professional Counseling Services Available Online Only- Telehealth Services</p> <p>567-236-8219</p> <p><u>Expertise/Specialty:</u> Anxiety, Addiction, Bi-Polar Disorder, Addiction, Parenting, Coping Skills, Abuse & Neglect, etc.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Glenn Carpenter	<p>Sovereign Solutions, LLC 1544 S. Byrne Rd. Suite D. Toledo, OH 43614</p> <p>419-567-1422</p> <p><u>Expertise/Specialty:</u> Adults: Trauma, Mental Health, Substance Use, Life Coaching, etc.</p>	<p><u>Types of Insurance Acceptance:</u> All Insurance accept for Aetna & Buckeye</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Ranada Cooper	<p>Thriveworks Counseling 14650 Detroit Ave. Toledo, OH 43604</p> <p>(216) 859-3364</p> <p><u>Expertise/Specialty:</u> Anger Management, Sexual Abuse, & Behavioral Issues.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p>Currently accepting new clients. Please call to join waitlist.</p>
Danielle Culpepper	<p>Beyond Healthcare Available Online Only - Telehealth Services</p> <p>419-949-8771</p> <p><u>Expertise/Specialty:</u> Preteen/Teen, LGBTQIA, Self-Esteem, Individuals, Holistic Wellness, School/Behavioral Issues, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Donna Cunningham	Defining Moment Services, LLC Available Online Only- Telehealth Services 419-746-4134 <u>Expertise/Specialty:</u> Christian Based Counsel, Spirituality, Mood Disorders, Thinking Disorders, Trauma, Behavioral Issues, etc.	<u>Types of Insurance Acceptance:</u> Please Contact Provider for Clarification <u>Currently Accepting Clients?</u> Yes
Jarrold Cunningham	4041 W. Sylvania Ave. Suite 202. Toledo, OH 43623 (419) 845-8924 <u>Expertise/Specialty:</u> Men's Issues, Anxiety and Self-Esteem.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. Currently NOT accepting clients. Please call to join waitlist.

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Andre'a Davis	Healing Courageously, LLC 2602 Nebraska Ave. Toledo, OH 43607 419-377-5183 http://healingcourageously.org/ <u>Expertise/Specialty:</u> Trauma, Mental Health, Early Childhood & Adolescents, Family Reunification	<u>Types of Insurance Acceptance:</u> Medicaid (Do Not take Anthem/Blue Cross) <u>Currently Accepting Clients?</u> Yes
Nicole Davis Williams	Healing Courageously, LLC 2602 Nebraska Ave. Toledo, OH 43607 419-377-5183 http://healingcourageously.org/ <u>Expertise/Specialty:</u> Trauma, Mental Health, Early Childhood & Adolescents, Family Reunification	<u>Types of Insurance Acceptance:</u> Medicaid (Do Not Take Anthem/Blue Cross) <u>Currently Accepting Clients?</u> Yes
Amanda Dionyssiou	134 W. South Boundary St. Perrysburg, OH 43551 and Heart's Haven Center for Counseling, LLC 3454 Oak Alley Court Suite 304, Toledo, OH 43606 (419) 670-7910 <u>Expertise/Specialty:</u> Various Disorders, Anxiety, Physical Illness, Relationships, Self-Esteem, Trauma/PTSD, etc.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes

Eloisa Duarte	<p>Eloisa Duarte 3550 Executive Pkwy. Ste. 7-146 Toledo, OH 43606 419-293-5795 <u>Expertise/Specialty:</u> Family Conflict, Parenting, Grief, Holistic Therapeutic Approach, CBT, Compassion-Focused Therapy, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Med Mutual, United, Paramount, Aetna, Anthem <u>Currently Accepting Clients?</u> Yes (Bilingual)</p>
Jearald (& Carolina) Dudley	<p>Jaycar Wellness Group, LLC Toledo, OH 43601 (Telehealth Services) 567-364-5628 <u>Expertise/Specialty:</u> Addiction, Anger Management, Anxiety, Autism, Depression, Parenting, Self-Esteem, Anxiety, Spirituality, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes</p>
Latosha Duran	<p>Mercy Health Toledo Trauma Recovery Center 2213 Cherry St., Suite 2a, Toledo, OH 43608 419 251-0707 <u>Expertise/Specialty:</u> Trauma, depression, PTSD, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and Most Commercial Insurances Accepted. <u>Currently Accepting Clients?</u> Yes</p>

– E –

Toni Epperson	<p>Transformative Solutions, LLC 2300 Navarre Rd. Ste 200B Oregon, OH 43616 567-318-0944 https://www.transformativesolutionsllc.com/ <u>Expertise/Specialty:</u> Anxiety, Depression, Grief & Loss, Relationships, Self-Esteem, Spirituality, Trauma/PTSD, Women Health</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes</p>
Matthew Escano	<p>Available both in-person & online (please call for consultation) Perrysburg, OH 43551 and Bowling Green, OH 43402 (419) 780-3165 <u>Expertise/Specialty:</u> ADHD, Anxiety, & Depression.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes</p>

– F –

CJ Fagan	5726 Southwyck Blvd. Suite 201, Toledo, OH 43614 (567) 364-1602 <u>Expertise/Specialty:</u> Life Transitions, Relationships & Self-Esteem Issues.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Terry Fleming-McKoy	Fleming McKoy Counseling Services, LLC Available Online Only 313-513-5929 <u>Expertise/Specialty:</u> Trauma, grief/loss, Anxiety, Depression, Self-Esteem, Coping Skills, Depression, Substance Abuse, etc.	<u>Types of Insurance Acceptance:</u> Medicaid, Caresource & United Healthcare <u>Currently Accepting Clients?</u> Yes
Monica Franklin	Available online only Maumee, OH 43537 (234) 516-2975 <u>Expertise/Specialty:</u> Anxiety, Depression, and Life Transitions	<u>Types of Insurance Acceptance:</u> Medicaid and most commercial insurances <u>Currently Accepting Clients?</u> Yes

– G –

Jennifer L. Gale	5800 Monroe St. Building A, Suite 1, Sylvania, OH 43560 (419) 963-4562 <u>Expertise/Specialty:</u> Life Transitions, Life Skill Development/Goal setting, Trauma, Depression.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Keyana Galloway	Core Wellness, LLC 5800 Monroe St. Sylvania, OH 43560 419-343-7737 <u>Expertise/Specialty:</u> Trauma, Adults, Adolescents, Children, Anxiety, Depression, EDMR, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Vikki Gardner	Withinsight Counseling & Hypnotherapy, LLC 3950 Sunforest Court Toledo, OH 43628 419-419-0228 <u>Expertise/Specialty:</u> Trauma, PTSD, Women's & Men's Issues.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Bernadette Joy Graham	Dr. Ammons & Associates, LLC 2525 W. Bancroft St. Toledo, OH 43606 567-234-7849 <u>Expertise/Specialty:</u> Grief & Loss Recovery, Coping Skills, Overall Wellness, Health & Wellness, Hypnotherapy, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes

– H –

Samantha Habusta	<p>3450 W. Central Ave. Suite 122, Toledo, OH 43606</p> <p>(419) 548-5247</p> <p><u>Expertise/Specialty:</u> Working with children, teens, & families (ages 3 and older).</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Dr. Tiffany Hairston	<p>Unison Behavioral Health 1212 Cherry St. Toledo, OH 43608</p> <p>419-724-3133 https://www.unisonhealth.org/</p> <p><u>Expertise/Specialty:</u> Mental Health and Substance Use</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Dr. Larry Hamme	<p>Hamme and Associates 3454 Oak Alley Ct, Suite 405, Toledo, OH 43606</p> <p>419-472-7330</p> <p><u>Expertise/Specialty:</u> Trauma, Mental Health, Behavioral, Emotional (Anxiety), & Learning Disorders, Chemical Dependency, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Mercedes L. Harris	<p>The Mental Health Collaborative Available Online Only- Telehealth Services</p> <p>419-963-4629</p> <p><u>Expertise/Specialty:</u> Trauma, PTSD, Depression & Behavioral Issues.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Catashia Haskins	<p>Unison Behavioral Health 1212 Cherry St. Toledo, OH 43608</p> <p>419-746-4134 https://www.unisonhealth.org/</p> <p><u>Expertise/Specialty:</u> Mental Health & Substance Use</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Creshawn Hatchett	<p>The Heart's Haven Center For Counseling, LLC 3454 Oak Alley Court, Suite 307 Toledo, OH 43606</p> <p>419-696-6050 https://www.theheartshavencounseling.com/</p> <p><u>Expertise/Specialty:</u> Adolescents, Teenagers, Couples, Autism, Mental Health, Anxiety, Self-Esteem, Self-Harm, ADD, ODD, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Kira Hayes	<p>Queer Owned & Staffed, LLC 58 S. 2nd Street Newark, Ohio 43055</p> <p>740-273-6555</p> <p><u>Expertise/Specialty:</u> Children to Elders, LGBTQ, Individual, Couples, Family, Trauma, etc.: TELETHERAPY ONLY (at this time).</p>	<p><u>Types of Insurance Acceptance:</u> Out of Network/Self pay provider/call for details.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Joy Herrera	<p>Whole Self Counseling 5151 Monroe St. Suite 250C, Toledo, OH 43623</p> <p>(419) 406-4376</p> <p><u>Expertise/Specialty:</u> Anxiety, Trauma, PTSD, and Self Esteem</p>	<p><u>Types of Insurance Acceptance:</u> Accepting Medicaid and Most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Andrea M. Hill	<p>Catalyst for Change Counseling 5151 Monroe Street, Toledo, OH 43623</p> <p>(567) 207-2097 ahill@catalystforchangecounseling.com</p> <p><u>Expertise/Specialty:</u> Addiction, Youth Services, Self-Esteem, Coping Skills, Life Skills, Thinking Errors, School, JDC Involvement</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Warrenetta Hollingsworth	<p>Netta Lynn Consulting & Counseling Services, LLC 3454 Oak Alley Ct. Ste. 405 Toledo, OH 43606</p> <p>419-972-1049 healing.minds@yahoo.com</p> <p><u>Expertise/Specialty:</u> Trauma, Mental Health, Behavioral, Emotional (Anxiety), & Learning Disorders, Chemical Dependency, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Cecil Holston	<p>One Person At A Time, LLC (Blessings in Disguise) 3131 Executive Parkway Ste. 210 Toledo, OH 43606</p> <p>419-298-5583</p> <p><u>Expertise/Specialty:</u> Anxiety, Individual, Coping, Depression, Trauma, PTSD, and Men's Issues</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
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Teshaun L. Isaac	<p>2475 Collingwood Blvd. Suite 110, Toledo, OH 43620</p> <p>(419) 670-6820</p> <p><u>Expertise/Specialty:</u> Trauma/PTSD, Teen Violence, and Behavioral Issues.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
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— J —

Leonna Jackson	<p>The Heart's Haven Center For Counseling, LLC 3454 Oak Alley Ct. Ste. 304 Toledo, OH 43606</p> <p>419-518-5738 https://www.theheartshavencounseling.com/</p> <p><u>Expertise/Specialty:</u> Depression, Anxiety, Trauma, Relationship Issues, Marital Counsel, Substance Use Disorder, PTSD, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Dr. Manzetta Jackson	<p>Jackson & Associates, Inc. 4334 W. Central Avenue, Suite 211 Toledo, OH 43615</p> <p>419-419-3369</p> <p><u>Expertise/Specialty:</u> CBT therapy, Anxiety, Relationship Issues, Testing & Evaluation, Substance Abuse, Trauma, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Jackson Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Royann Johnson	Trust the Process, LLC Available Online Only- Telehealth Services 567-278-9289 <u>Expertise/Specialty:</u> Trauma, PTSD, Anxiety, Autism, Parent-Child Interaction Therapy, Children, Teens, Adults, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> No
Keith Jones	Fuse Recovery 2475 Collingwood Blvd. Toledo, OH 43612 419-406-4511 <u>Expertise/Specialty:</u> Anxiety, Depression, Grief & Loss, Behavioral, Suicide, Trauma/PTSD, Bereavement, Phobias, Substance	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes

– K –

Walaa Kanan	Walaa Kanan 4159 N. Holland Sylvania Rd. Ste. 205 Toledo, OH 43623 419-909-3486 <u>Expertise/Specialty:</u> Practice multiple modalities of therapy, 18+ clients, Individual, Couples, Family, Spirituality, D.E.I. Issues	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Christina L. Kodjiku	112 East Dudley St., Maumee, OH 43537 (419) 484-3902 <u>Expertise/Specialty:</u> Mood Disorders, Women's issues, and Addiction.	<u>Types of Insurance Acceptance:</u> Medicaid and most commercial insurances <u>Currently Accepting Clients?</u> Yes

– M –

Kesha Machaterre	The Heart's Haven 3454 Oak Alley Court Suite 304, Toledo, OH 43606 (419) 273-6792 <u>Expertise/Specialty:</u> LGBTQIA, Behavioral and Relationship Issues.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Jonelle Massey	(419)792-2029 <u>Expertise/Specialty:</u> Anxiety, Depression, Relationships, Stress, Trauma, PTSD, Mood Disorders, Sports Performance, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Drea Michelle	Hamme and Associates 3454 Oak Alley Ct, Suite 405, Toledo, OH 43606 419-472-7330 <u>Expertise/Specialty:</u> Trauma, Mental Health, Behavioral, Emotional (Anxiety), & Learning Disorders, Chemical Dependency, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Jeremy K. Miller	3404 Glendale Ave. Suite 200 Toledo, OH 43614 (419) 548-8471 <u>Expertise/Specialty:</u> Dual Diagnosis, Addiction, & Men's Issues.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes

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Fanta Niangadou	3454 Oak Alley Court Suite 505, Toledo, OH 43606 (419) 780-6232 <u>Expertise/Specialty:</u> Children, Relationship issues, & Anxiety.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
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– O –

Randisha Owensby	Randisha Owensby Available Online Only- Telehealth Services 419-749-6345 <u>Expertise/Specialty:</u> Women’s Issues, Domestic Violence, Relationships, Addiction, Self-Esteem, Coping Skills, Depression, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
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– P –

Marvin Parker	1627 Henthorne Drive Maumee, OH 43537 (419) 548-5394 <u>Expertise/Specialty:</u> Anxiety, Depression, and Medication Management	<u>Types of Insurance:</u> Accepting Medicaid and Most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Dinisha B. Paul	Available both in-person and online (please call to schedule consultation) Toledo, OH 43615 (419) 904-5531 <u>Expertise/Specialty:</u> Self-esteem and feelings of isolation, Acute & Chronic Trauma, i.e. flashbacks and PTSD.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Juanita Pettaway	311 ½ Conant St. Suite 205, Maumee, OH 43537 (567) 229-3467 <u>Expertise/Specialty:</u> Depression, Anxiety, and Spirituality (Holistic Therapeutic intervention)	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Jasmine Lynn Pope	Blessings In Disguise 4334 W. Central Avenue, Suite 226 Toledo, OH 43615 419-283-2110 https://www.blessingsindisguize.com/ <u>Expertise/Specialty:</u>	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes

Kimberly Pullom	U Change Counseling and Consulting 5726 Southwyck Blvd, Suite 140, Toledo OH 43614 419-214-9366 https://uchangellc.com/ <u>Expertise/Specialty:</u> CBT, Motivational Interviewing, RET, Trauma Informed Care Practices, Individual/Couples Counseling, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
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– R –

Denyse Randell-Reeves	Inspiring Wellness 5726 Southwyck Blvd. Suite 201. Toledo, OH 43614 (567) 349-5220 <u>Expertise/Specialty:</u> Relationship Issues, Anxiety, & Depression.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Alexyo Romo	Inspiring Wellness, LLC. 1627 Henthorne Dr. Suite C, Maumee, OH 43537 (419) 792-3952 <u>Expertise/Specialty:</u> Life Transitions, LGBTQIA+, & Stress Issues.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. Currently Not accepting clients (please contact to join waitlist)
Linda Rowlett	Ready Open Willing Counseling & Consulting, LLC Virtual Sessions (Only At This Time) 419-406-4342 <u>Expertise/Specialty:</u> One on One Therapy, Anxiety, Depression, Coping Skills, Anger Management, Parenting, Grief, PTSD, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> No
Keith Rufo	Oasis Mental Health, LLC 3454 Oak Alley Court Ste. 306 Toledo, OH 43606 419-518-5248 <u>Expertise/Specialty:</u> Testing & Evaluation, Autism, ADHD, LGBTQIA, Individuals, Couples, Family & Multi-Cultural Therapy, etc.	<u>Types of Insurance Acceptance:</u> Not currently accepting insurance at this time. <u>Currently Accepting Clients?</u> Yes

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Jamie L. Smith	<p>4159 N. Holland-Sylvania Rd. #206, Toledo, OH 43623</p> <p>(419) 863-3069</p> <p><u>Expertise/Specialty:</u> LGBTQIA, Cultural issues, Eating Disorders, Anxiety, Depression, Self-Esteem, Young adults, Teens, Adolescents, and Youth.</p>	<p><u>Types Of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p>Currently NOT accepting clients. Please call to join waitlist.</p>
India L. Springs	<p>Sovereign Solutions, LLC Westgate Plaza, Toledo, OH 43606</p> <p>419-379-1779</p> <p><u>Expertise/Specialty:</u> Child Abuse & Neglect, Trauma, Adolescents, Toddlers, Pre-Teens, Teens, Young Adults, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Selena Sprott	<p>Sprott Health & Wellness, LLC 3450 W. Central Ave. Suite 350 Toledo, OH 43606</p> <p>419-407-5498</p> <p><u>Expertise/Specialty:</u> Anxiety, Depression, Trauma, Young Adults, Teenagers & Adolescents, Family, LGBTQ, Teletherapy, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

- T -

R Carter Thomas	Good Company Christian Counseling 2475 Collingwood Blvd, Toledo, OH 43620 419-822-7319 <u>Expertise/Specialty:</u> Spiritual, Crisis Intervention, Mental Health, Substance Use, Relationships, Grief, Trauma, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Jason M. Torof	The Willow Center 5565 Airport Highway, Toledo, OH 43615 (419) 451-4178 <u>Expertise/Specialty:</u> Anger Management, Coping Skills, Emotional Disturbance, Trauma, PTSD, Relational Issues, Men's Issues, Self-Esteem, etc.	<u>Types of Insurance:</u> Medicaid and most Commercial Insurances. <u>Currently Accepting Clients?</u> Yes
Jessica Torres-Garcia	JTG Counseling, LLC 830 W. South Boundary St. Ste. B Perrysburg, OH 43551 419-931-3020 https://jtgcounseling.com/ <u>Expertise/Specialty:</u> Clinical Trauma, PTSD, Eating Disorder, Self-harm, Self Esteem, Depression, Trauma, LGBTQ, Indiv/Family	<u>Types of Insurance Acceptance:</u> Paramount HMO, Frontpath, & Medical Mutual <u>Currently Accepting Clients?</u> Yes (Bilingual)

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Mariah Walker	<p>The Heart's Haven Counseling 134 W. South Boundary St., Suite AA, Perrysburg, OH 43551</p> <p>(567) 361-3190</p> <p><u>Expertise/Specialty:</u> Anxiety/Depression, ADHD, Self-esteem, Substance Abuse, Adjustment, Trauma, etc.</p>	<p>Types Of Insurance: Medicaid and most Commercial Insurances.</p> <p>Currently NOT accepting clients. Please call to join waitlist.</p>
Angel Ward	<p>Therapy Den, LLC 3454 Oak Alley Ct, Suite 505, Toledo, OH 43606</p> <p>419-500-4452</p> <p><u>Expertise/Specialty:</u> Anxiety, Depression, Trauma, Young Adults, Teenagers & Adolescents, Family, LGBTQ, Teletherapy, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Tracey Warren	<p>Healing Hearts Counseling & Consultation, LLC 4841 Monroe St. Ste. 201 Toledo, OH 43623</p> <p>419-451-4487</p> <p><u>Expertise/Specialty:</u> Trauma, PTSD, Depression, Anxiety, Addiction, Relationship Issues, Behavior Management, Coping Skills</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Cheryl Watson-Jefferson	<p>Journey II Freedom Counseling, LLC 5151 Monroe St., Suite 200, Toledo, OH, 43623</p> <p>419-368-2072 https://journey2freedomcounseling.com/</p> <p><u>Expertise/Specialty:</u> Trauma, PTSD, Substance, Trauma, Anxiety, Depression, Relationships, Individuals, Self Esteem</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Josselyn West	<p>The Diaspora Health & Wellness Team, LLC 470 W. Broad St. #1148 Columbus, OH 43215</p> <p>614-542-7463 https://www.diasporahealthandwellness.com/</p> <p><u>Expertise/Specialty:</u> Telehealth provided: Current practice is in Columbus, OH. Provides all manner of therapy.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Dr. Linda Whittington-Clark	<p>Dr. Linda Whittington-Clark 2525 W. Bancroft St. Toledo, OH 43606</p> <p>419-578-2525 https://mentaltherapy.io/psychologist/dr-linda-e-whittington-clark-phd-toledo/</p> <p><u>Expertise/Specialty:</u> Substance Abuse Expert (38+ years' experience), Assessments, Diagnosis, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and Medicare Insurance</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Kesha Wiggins Jackson	<p>Catalyst for Change, LLC 5151 Monroe Street, Suite 200, Toledo, OH 43623</p> <p>419-807-8185</p> <p><u>Expertise/Specialty:</u> Adolescent/Young Adults, Individual, Couples, Depression, Anxiety, Disorders, Trauma, Coping Skills, etc.</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Michelle L. Williams	<p>1627 Henthorne Dr. Suite C, Maumee, OH 43537</p> <p>(567) 472-2144</p> <p><u>Expertise/Specialty:</u> Anxiety, Trauma, Depression & PTSD.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Nicole R. Williams	<p>Healing Courageously Inc. Available both in-person & online. Toledo, OH 43607</p> <p>(419) 495-8477</p> <p><u>Expertise/Specialty:</u> Trauma, Personal growth & development, Stress management, Relationships, etc.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Kayjuan Willis	<p>1677 Henthorne Dr. Suite C, Maumee, OH 43537</p> <p>(567) 352-3296</p> <p><u>Expertise/Specialty:</u> Trauma, PTSD, Grief & Life Transitions.</p>	<p><u>Types of Insurance:</u> Medicaid and most Commercial Insurances.</p> <p><u>Currently Accepting Clients?</u> Yes</p>
Jasmine Wilson	<p>Leveling Up Therapeutics 5600 Monroe St. B207 Sylvania, OH 43560 5242 Angola Rd., S.180, Toledo, OH 43615</p> <p>567-408-2500</p> <p><u>Expertise/Specialty:</u> Telehealth, CPST, Case Management, Day Treatment, Inmate Re-Entry Program, Counseling, Substance</p>	<p><u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances</p> <p><u>Currently Accepting Clients?</u> Yes</p>

Brandi Winkelman	Be Well Therapy, LLC. (567) 221-3565 <u>Expertise/Specialty:</u> Marital & Pre-marital, Relationship Issues, & Life Transitions.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
Jewel Woods	Male Behavioral Health, LLC (Toledo Office is not opened yet. To Be Determined) 419-740-5362 <u>Expertise/Specialty:</u> Therapy services for Males Only: Assessment, Diagnosis, Therapy, Groups, Coping, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> No

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Jenny Xu	Inspiring Wellness Counseling Available online only Maumee, OH 43537 (419) 664-4514 <u>Expertise/Specialty:</u> Racial identity, LGBTQIA+, and Anxiety	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
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Joyce Yirenkyi	Beyond Healthcare Available Online Only - Telehealth Services 419-567-8383 <u>Expertise/Specialty:</u> Children, Anxiety, Depression, ADHD, Behavioral Issues, Anger Management, Self-Esteem, Identity, etc.	<u>Types of Insurance Acceptance:</u> Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u> Yes
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