



# 2024 Community Resource Guide

## – Service Providers –

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Lucas County Children Services has composed a Community Resource Guide which includes a list of community service providers, the type of service provided, a brief description of the service, targeted population, cost, and contact information. This Resource Guide will assist in choosing what programs and services are being offered in our community to help fight against Child Abuse and Neglect as well as strengthening families.

For more information, edits and additions, please contact:  
Maleeka Kynard | 419-213-3654 | maleeka.kynard@jfs.ohio.gov

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# Adult Mental Health

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## **Arrowhead Behavioral Health**

1725 Timber Line Rd., Maumee, OH 43537

419-891-9333 | <https://arrowheadbehavioral.com/>

Cost: Medicaid and Private Insurance

*Inpatient mental health program, inpatient chemical dependency treatment and inpatient dual diagnosis treatment.*

## **Benchmark Behavioral Health**

500 Madison Ave., Toledo, OH 43604

419-690-4544 | <https://benchmarkih.com/>

Cost: Medicaid

*Intensive outpatient Program which includes Mental health and behavioral health disorders and with the various types and levels of treatment that have proven to be most effective.*

*Psychiatry services also provided.*

## **Caregiver Grove**

1946 N. 13th St., Suite 450 Toledo, OH 43604

419-214-0799 | <https://www.caregivergrove.com/>

Cost: Medicaid and Private Insurance

*Treatment program focuses on utilizing client-centered approaches for individuals choosing to live a life without the use of substances, including alcohol.*

*\*\*\*Disability Services also offered*

## **Empowered For Excellence Behavioral Health**

3170 W. Central Ave., Toledo, OH 43606

567-316-7253 | <https://www.efebhoh.org/>

Cost: Medicaid and Private Insurance

*Diagnostic assessments, Psychiatry, nursing, group, individual and family counseling, and integrated case management.*

## **Family Child Abuse Prevention Center**

2460 Cherry St., Toledo, OH 43608

419-244-3053 | <https://www.fcapc.org/>

*Services we offer: individual therapy including Trauma Focused Cognitive Behavioral Therapy, support group options, psychiatric care and medication management, coordination of care, and advocacy*

*\*\*EMDR trained*

## **Harbor**

3909 Woodley Rd. Toledo, OH 43606

**\*\* Multiple locations for Mental Health Services**

419-725-3330 | <https://www.harbor.org/>

Cost: Medicaid and Private Insurance

*Diagnostic assessments, counseling, psychiatric services, Group therapy, and mental health day treatment.*

**Lutheran Social Services of Northwestern Ohio**

2149 Collingwood Blvd., Toledo, OH 43620

419-243-9178 | <https://www.lsnwo.org/>

Cost: Medicaid

*Diagnostic assessments, counseling, and psychotherapy.*

**St Vincent Hospital- Mercy Health Toledo Trauma Recovery Center**

2213 Cherry St., 2nd floor Toledo, OH 43608

419-251-0707

[https://www.mercy.com/locations/specialty-locations/other-locations/mercy-health-toledo-trauma-recovery-center?utm\\_source=google&utm\\_medium=organic&utm\\_content=local\\_website\\_link](https://www.mercy.com/locations/specialty-locations/other-locations/mercy-health-toledo-trauma-recovery-center?utm_source=google&utm_medium=organic&utm_content=local_website_link)

Cost: Grant Funded

- *Outpatient program that provides services to victims of crimes within the last 3 years.*
- *Trauma-Focused Counseling, group therapy, legal and court advocacy to assist victim.*
- *The Survivors Journey: A group for anyone that has been victimized abused or exploited or experienced child abuse, DV, Sexual Assault, sex trafficking and is seeking recovery from their trauma. Group meets every other Thursday from 4:30pm-6pm. Open group.*

**Talbot Health Services**

732 Main St., Toledo, OH 43605

833-762-1013 | <https://talbothealthservices.com/>

Cost: Medicaid and private insurance

*Offers comprehensive support to individuals struggling with mental health challenges, including Therapeutic Behavioral Services (TBS).*

**Unison Health**

1212 Cherry St., Toledo, OH 43608

419-693-0631

[https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Medicaid and Private Insurance

*Diagnostic assessments, counseling, psychiatric services, Group therapy, and mental health day treatment*

*\*\*\*Adult Sex Offender Counselor Available (Ask for: Donita McGuire) at Bowling Green location*

**Vital Health**

111 Clinton St., Maumee, OH 43537

419-740-3022 | <https://vitalhcare.com/>

Cost: Medicaid and Private Insurance

*Multi-disciplinary mental health practice providing a combination of individual therapy and medication management to adolescents, adults and seniors while implementing primary care services as well. Services include comprehensive assessment and treatment of mental health and addiction concerns.*

**Zepf Center**

Two Location:

- 2005 Ashland Ave., Toledo, OH 43620
- 905 Nebraska Ave. Toledo, OH 43607

419-841-7701 | <https://www.zepfcenter.org/>

Cost: Medicaid and Private Insurance

*Diagnostic Assessment services, individual therapy services, medication management and monitoring, crisis intervention, community Psychiatric Supportive treatment program, and wellness support groups*

**Willow Center**

5565 Airport Hwy #100 Toledo, OH 43615  
419-720-5800 | <https://willowcenter.com/>

Cost: Private insurance only

*Counseling services for individuals, couples, and families.*

**Attain Behavioral Health**

3231 Central Park West # 106, Toledo, OH 43617  
888-442-2323 | <https://www.attainbh.com/>

Cost: Medicaid and Private Insurance

*Drug & Alcohol Rehab | Addiction Treatment In Toledo, Ohio*

*Attain Behavioral Health is a health system specializing in addressing all avenues and disciplines of behavioral health. The goal of Attain Behavioral Health is to help those in our care attain a healthy life and well-being.*

**Sophia Counseling Center**

5335 Silica Dr., Sylvania OH 43560  
419-882-4529 | <https://sophia.center/>

Cost: Medical and Private Insurance

*Whether clients are searching for individual, group, family, or couples/marriage counseling, Sophia Center is ready to help clients identify and resolve the difficulties in the client's life and guide them along their unique path to inner wellness. Their counselors are highly experienced, caring professionals who strive to assist others in living their lives as well-balanced, passionate, and confident individuals.*

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## Anger Management

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**Providence Center**

Beach House Ashland - 2283 Ashland Ave., Toledo, OH 43620  
419-244-0666 | <https://www.lfhtoledo.org/beach-house-ashland>

Cost: LCCS Contract (Send referrals to Coordinator of Client Services)

Timeframe: 10 Weeks

Target Population: 18 and Older

*This class takes a Cognitive-behavioral approach to dealing with anger. Participants will learn and be able define anger, understand their triggers, understand the short- and long-term outcomes of anger, learn to use social interaction skills, etc.*

**Lutheran Social Services of Northwestern Ohio**

2149 Collingwood Blvd., Toledo, OH 43620  
419-243-9178 | <https://www.lsnwo.org/>

Cost: \$50 flat fee for the initial assessment session. The group sessions are on a sliding fee scale based on household size and income and range from \$18.50 to \$47.50

Timeframe: 12 Weeks

Target Population: 18 and Older

*This class takes a Cognitive-behavioral approach to dealing with anger. Participants will learn and be able define anger, understand their triggers, understand the short- and long-term outcomes of anger, learn to use social interaction skills, etc.*

**Unison Health**

1212 Cherry St., Toledo, OH 43608

419-214-4673 | <https://www.unisonhealth.org/>

[https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Medicaid covered; private insurance; has to pay out of pocket: \$130 for a DA, \$60/Session; financial assistance can be granted for coverage

Target Population: 18 and Older

*Individualized behavioral health treatment for conditions involving anger management. Utilizes a combination of Dialectical Behavioral Therapy and Cognitive Behavioral Therapy to help clients learn their triggers and cues for anger, coping skills, communication and assertiveness skill while improving stress management. Attend at least 9-week group sessions.*

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## AOD Meetings

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**Alcohol Anonymous**

<https://toledoaa.com/meetings/>

**Narcotics Anonymous**

<https://natoledo.com/meetings.html>

**Heroin Anonymous**

<https://toledoareaha.com/>

**Gamblers Anonymous**

<https://www.gamblersanonymous.org/ga/location/state/table/VA/>

## Domestic Violence - Batterers

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### **Family & Child Abuse Prevention Center**

2460 Cherry St., Toledo, OH 43608

419-244-3053 | <https://www.fcapc.org/>

Cost: \$30/Intake, \$20/Session- Self pay no insurance accepted (26 Weeks)

Target Population: 18 and Older

*This program is designed for individuals that have been referred for treatment and follows the Emerge Abuser Model. The Batterer's Intervention Program works to confront the behaviors and attitudes of men towards domestic abuse and provides education and tools to change their behaviors and beliefs.*

### **Lutheran Social Services of NW Ohio**

2149 Collingwood Blvd., Toledo, OH 43620

419-243-9178 | <https://www.lssnwo.org/>

Cost: \$50/Intake, \$18.50 - \$47.50/group based on income and household size (26 Weeks)

Target Population: 18 and Older

*This program will equip individuals who have difficulty addressing problems in more calm and effective ways.*

### **Providence**

Beach House Ashland - 2283 Ashland Ave., Toledo OH 43620

419-244-0666 | <https://www.lfhtoledo.org/beach-house-ashland>

Cost: \$20/Session (26 Weeks)

Target Population: 18 and Older

*This program helps clients learn and identify some personal characteristics associated with their personal histories, different types of abuse, and effective communication/relationship strategies as they move through the 3-phase process.*

### **Unison Health**

1212 Cherry St., Toledo, OH 43608

419-214-4673 | <https://www.unisonhealth.org/>

[https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

\*\*Group meets at Starr Ave. location

Cost: \$130/Assessment, \$60/Session, Medicaid, financial assistance can be granted for coverage as needed

Timeframe: 18 Weeks

Target Population: 18 and Older

*Based on the Duluth Model is for men who have committed intimate partner violence. Those referred are expected to be able to identify that they have committed an act of partner violence or will be unable to attend.*

## Domestic Violence - Survivors

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### Family & Child Abuse Prevention Center

2460 Cherry St., Toledo, OH 43608

(Project Access) 419-244-3053 ext. 227 | <https://www.fcpc.org/>

Cost: No, grant funded

Timeframe: 16 weeks

Target Population: 18 and up

- **Project Access:** *assists victims of domestic violence and their children. Project Access case managers can provide information about domestic violence, assist with safety planning, advocate on your behalf, and link you with community resources. Confidential help provided at no cost to individuals.*
- **Survivor To Thrive:** *The program is designed to support women who are either currently experiencing domestic violence or for those who have survived it in the past. The Survivor to Thrive program helps women to understand what a healthy relationship is and learn skills to help them thrive in life independently and with self-love. Contact: (419) 244-3053 ext. 231*

### Providence

Beach House Ashland - 2283 Ashland Ave., Toledo OH 43620

(419) 244-0666 | <https://www.lfhtoledo.org/beach-house-ashland>

Cost: Contracted service (Referrals need to be submitted to the contract department)

Target Population: 18 and up

Timeframe: 16 Weeks

*Participants will learn and be able to: define domestic violence, know the warning signs, understand the difference between healthy and unhealthy relationships, identify the tactics that abusers use to gain power and control over their victims, understand how domestic violence effects their children, etc. Curriculum used: Trauma informed approach through the Duluth Model and CBT (Cognitive Behavioral Therapy)*

### Unison Health

1212 Cherry St., Toledo, OH 43608

\*\*Group meets at Cherry St location

419-693-0631 | <https://www.unisonhealth.org/>

Cost: \$130 assessment/ \$60 session, Medicaid and some private insurance

Target Population: 18 and up

*DBT (Dialectical Behavior Therapy) is used when treating DV survivors. The main goal is to teach the survivor how to live in the moment, cope healthily with stress, regulate emotions and improve relationships with others.*

### YWCA of Northwest Ohio - Toledo

1018 Jefferson Ave., Toledo, OH 43604 | <https://www.ywcanwo.org/>

Cost: Contracted service (Referrals need to be submitted to the contract department)

Target Population: 18 and up

Timeframe: ONGOING

*Individual domestic violence counseling offered via telehealth and domestic violence advocacy.*

### **Attain Behavioral Health**

3231 Central Park West # 106, Toledo, OH 43617

888-442-2323 | <https://www.attainbh.com/>

Cost: Insurance

Target Population: 18 and older

Timeframe: Scenarior

*The program aims to create a safe space for healing, empowerment, and recovery for those who have experienced domestic violence.*

## **Parenting**

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### **Baby University**

860 Orchard St., Toledo, OH 43609

419-346-9425 | <https://babyutoledo.com/contact/>

Cost: Free

Timeframe: 10 Weeks

Target Population: Expectant mothers and parents of children 0-7

*Parenting workshop for low-income families in South Toledo. Sets the foundation for for for building and sustaining supportive relationships and offers one-on-one home visits via Parent Advocates. Uses Nurturing Parenting Curriculum. Transportation is provided.*

### **Family and Child Abuse Prevention Center (FCAPC)**

2460 Cherry St., Toledo, OH 43608

419-244-3053 | <https://www.fcapc.org/>

Cost: Free

Timeframe: 12 Weeks

Target Population: Parents of children ages 0-6, However, if there are other children in the home older, FCAPC will still be able to work with the family.

*This is a free 12-week open parenting class with observations offered. The caveat to the observations is that your client will have to have a Diagnostic Assessment (DA) from FCAPC. If your client does not need observations (possibly a non-offending parent) they can attend without having to have a DA. The classes are individual and are not offered in a group setting.*

### **Harbor**

3909 Woodley Rd., Toledo, OH 43606

419-475-4449 | <https://www.harbor.org/>

Cost: Free

Timeframe: 10 weeks

Target Population: Parents of children ages 0-6

*Promising Connections is a 10-week home visiting and tele-services program that focuses on teaching parents' strategies to use when children are having difficult behaviors and need to build positive relationships The Triple P Parenting Curriculum is used.*



**Providence (Beach House Ashland)**

2283 Ashland Ave., Toledo OH 43620

419-244-0666 | <https://www.lfhtoledo.org/beach-house-ashland>

Cost: LCCS Contract

Timeframe: 12 Weeks

Target Population: Children 0-18 and their caregivers

- CHILDREN 0-3: Parenting class for parents of young children. Classes cover educational information related to child development, safety, discipline, etc.
- CHILDREN 3-18: Parenting class for caregivers of children 3-18. Teaches a variety of positive parenting skills.
- Parent Support: Parent/child observations and coaching

**OhioGuidestone**

1832 Adams St., Toledo, OH 43604

419-720-9247 | <https://ohioguidestone.org/>

Target Population: Parents of children ages 3-8

- In order for a client to be referred to this parenting program, they must have a diagnostic assessment/evaluation unless one has been completed by another agency within the past 6 months. Clients are seen in their home as scheduled with a clinician providing the service. There will be four (4) parent-child observations completed.
  - Cost: Insurance/Medicaid
  - Timeframe: 16 Weeks

Target Population: Parents of children 0-6

- PLEASE NOTE: NP will accept a referral for a parent who has children older than 6, however, they have to have a child 0-6 in the home per the grant.
- Nurturing Parenting Group: An evidence-based program that is family-centered and trauma informed. The program is designed to build nurturing parenting skills as a alternative to abusive and neglectful parenting and child-rearing practices. The program is skill focused, competency-based programs designed to correspond to the developmental age level of children: pre-natal; birth to five years; school age; adolescence and adult and teen parents. There will be four(4) parent-child observations completed.
  - Cost: Grant funded, no cost
  - Timeframe: 16 Weeks (CLOSED GROUP)

**Center of Hope Family Services**

4447 Talmadge Rd., Suite H Toledo, OH 43623

419-861-4400 | <https://www.cohfs.org/>

Cost: Grant Funded/No Cost

Timeframe: 12 weeks

Target Population: Parents of children 0-17 yrs. involved with LCCS

*COHFS provides evidence-based family education, parenting groups, mentoring and mental wellness services and a unique Cooking Up Hope program for parents and children. Read about our family education programs below.*

*“Nurturing Parents,” a 12-week program that allows parents to connect and support one another. The program is free of charge, with meals provided. The program ends with a graduation for you, and your guests. Please complete all of the information below to enroll in this exciting program!*

**Attain Behavioral Health**

3231 Central Park West # 106, Toledo, OH 43617

888-442-2323 | <https://www.attainbh.com/>

Cost: Insurance/Medicaid

Timeframe: 12 weeks

Target Population: 18 and older

*Parenting Together: Nurturing Strong Families. This is a 12 week program and utilizes Cognitive Behavioral Therapy, Trauma Informed Care, Dialectical Behavioral Therapy, Mindfulness, Psychoeducation, Triple P Parenting*

**The Sophia Counseling Center**

5335 Silica Dr, Sylvania, OH 43560

(419) 882-4529 | <https://sophia.center/>

Cost: Medical and Private Insurance

*Whether clients are searching for individual, group, family, or couples/marriage counseling, Sophia Center is ready to help clients identify and resolve the difficulties in the client’s life and guide them along their unique path to inner wellness. Their counselors are highly experienced, caring professionals who strive to assist others in living their lives as well-balanced, passionate, and confident individuals.*

## Sex Offender

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### **Community Teaching Homes, Inc**

6715 Dorr St., Toledo, OH 43615

(419) 868-1178 | <https://www.cthohio.org/>

Cost: Medicaid and private insurance

Target Populations:

- Youth 5-17:  
*Sexually Reactive Youth, Youth w/sexually abusive behavior, Juvenile Sex Offender- Assessment. They also provide a group home setting for youth that is highly specialized.*
  - Timeframe: At least 60 days for effective treatment
- Target Population: All youth  
*Community Teaching Homes, Inc. (CTH) is a private nonprofit agency who is uniquely designed to provide a continuum of care for person served with mental health, addiction, childhood maltreatment, sexual abusive behaviors, and other behavioral health concerns. CTH was established in 2002 with the vision of creating a continuum of services while promoting opportunities for youth and families to build healthy, healing relationships.*

### **Unison Health**

544 E. Woodruff Ave., Toledo, OH 43604

Email: [SOT@unisonhealth.org](mailto:SOT@unisonhealth.org)

<https://www.unisonhealth.org/>

[https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Clients with Medicaid, board funding, or ability to pay full fee can be served

Timeframe: Fridays 1pm-3:30pm

Target Population: 18+

*Unison will accept referrals for individuals who are required to register and those who do not but have had convictions that were sexually motivated/had a sexual component to them or those who plead down to avoid having to register.*

## Substance Use

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### **OhioGuidestone**

1832 Adams St., Toledo, OH 43604

419-720-9247

Cost: Medicaid and other private insurance

Target Population: 18 and older

<https://ohioguidestone.org/>

*NIOP (Non-Intensive Outpatient) treatment, Intensive Outpatient Treatment, Medication Assisted Recovery, Individual/Group Counseling.*

### **Above & Beyond Care Behavioral Health**

701 Jefferson Ave., Toledo, OH 43604

<https://aboveandbeyondcare.org/>

Facebook: [https://www.facebook.com/p/Above-and-Beyond-Care-Behavioral-Health-100081125628172/?\\_rd=1](https://www.facebook.com/p/Above-and-Beyond-Care-Behavioral-Health-100081125628172/?_rd=1)

Cost: Medicaid and other private insurance

Target Population: 18 and older

*ABC provides a comprehensive range of substance abuse outpatient services including, individual, group therapy and case management.*

### **Benchmark Behavioral Health**

500 Madison Ave., Toledo, OH 43604

PH: 419-690-4544 | Fax: 866-881-2236

<https://benchmarkih.com/>

Cost: Medicaid

Target Population: 18 and older

*Outpatient substance abuse services navigating the recovery process including alcohol and other drugs*

### **BrightView**

1655 Holland Rd., F Maumee, OH 43537

866-934-7450

<https://www.brightviewhealth.com/locations/toledo-addiction-treatment-center/>

Cost: Medicaid, Medicare and other private insurance

Target Population: 18 and older

*Offering services including Medication assisted treatment, Individual treat, group therapy, case management, and recovery support Outpatient addiction medicine practice based on clinical best practices. Through the use of treatment in conjunction with psychological and social services.*

### **Caregiver Grove**

1946 N. 13th St., Suite 450 Toledo, OH 43604

3950 Sunforest Ct., Ste 207, Toledo, OH 43623

419-720-6811

<https://www.caregivergrove.com/>

Cost: Medicaid and other private insurance

Target Population: 18 and older

*Treatment program focuses on utilizing client-centered approaches for individuals choosing to live a life without the use of substances, including alcohol.*

**Harbor**

3909 Woodley Rd., Toledo, OH 43606  
419-725-3330

<https://www.harbor.org/>

Cost: Medicaid, Medicare and other private insurance

Target Population: 18 and older

*AOD treatment starts with an assessment to determine the person's individual tx needs. Services include: IOP, NIOP Urinalysis, Medication Assisted Treatment (MAT).*

**Glenbeigh Outpatient Center of Toledo**

3425 Executive Pkwy., Ste 207, Toledo, OH 43606  
419-536-4000

<https://glenbeigh.com/toledo>

Cost: Financial assistance through an application process (approval is not guaranteed)

Target Population: 18 and older

*Glenbeigh's outpatient tx and recovery centers provide tx and recovery services to individuals while they continue to work, attend school and live at home.*

*\* Specialty Hospitals located in Northeast Ohio Private Insurance.*

**New Vision**

**\*\***Located in Wood County Hospital in Bowling Green Ohio

950 W. Wooster St., Bowling Green, OH 43402  
419-728-0604

<https://www.rehab.com/new-vision-wood-county-hospital-bowling-green>

Cost: Self pay, private insurance and some public insurance.

Target Population: 18 and older

*Inpatient medical stabilization service for adults with drug, alcohol and related health issues, short term stay (between 3 and 5 days) in a hospital environment under the supervision of a medical director and nursing staff. Offers case management and discharge planning among other services.*

**The Pinnacle Treatment Center (Toledo Treatment Services)**

115 S. Reynolds Rd., Toledo, OH 43615  
419-725-6631

[https://pinnacletreatment.com/location/ohio/toledo/toledo-treatment-services/?utm\\_source=Google&utm\\_medium=GMB\\_Profile&utm\\_campaign=GMB](https://pinnacletreatment.com/location/ohio/toledo/toledo-treatment-services/?utm_source=Google&utm_medium=GMB_Profile&utm_campaign=GMB)

Cost: Insured, under-insured, or self-pay, a financial plan is developed that matches the clients means and needs.

Target Population: 18 and older

*Pinnacle Treatment Centers offer a wide range of therapeutic approaches for patients struggling with alcohol and substance use disorders.*

**St. Vincent's Mother/Child Dependency Program**

2200 Jefferson Ave., Toledo, OH 43604  
419-251-4504

<https://www.mercy.com/about-us/regions/toledo/toledo-community-programs>

Cost: Free no cost

Target Population: 18 and older

*Specialized case management services help improve outcomes for opiate-using pregnant mothers and their babies. Our case manager can help you find an OB who is knowledgeable about addictions, reduce barriers to following through with prenatal care and substance abuse treatment, provide on-going support to stay sober, and connect you with available community resources and needed baby items.*

**Team Recovery**

1618 W. Sylvania Ave., Toledo, OH 43612  
844-561-5433

<https://theteamrecovery.org/>

Cost: Medicaid and other private insurance

Target Population: 18 and Older

<https://theteamrecovery.org/>

*Intensive Outpatient Services (IOP) that offers easy and flexible access to treatment services, while allowing the client to comfortably navigate their day-to-day routine. Case management, Medication Assisted Treatment, EDMR Therapy is offered. Family Support Groups are also held at this location.*

**Chrysalis to Monarch (Harbor)**

7140 Port Sylvania Dr., Toledo, OH 43617  
567-408-7242

Cost: Medicaid and other private insurance

Target Population: 18 and older

*24/7 Residential tx program offering services to pregnant/post-partum (up to 12 months postpartum) women with an addiction to substances. Clients must be an Ohio resident, 18yrs or older.*

**Unison**

1212 Cherry St., Toledo, OH 43608  
419-693-0631

[https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Medicaid and other private insurance

Target Populations:

- 18 and older  
*IOP, family counseling and case management to help the client achieve and maintain sobriety. For those eligible, Unison also offers medication assisted treatment. Unison offers a sub-acute detox program that provides 24hour detox for adult women and men.*
- Youth ages 11+  
*Out-Patient substance use treatment for youth 11+. Unison will utilize the "seven challenges" model to service youth in need of substance abuse treatment.*

**Zepf (M.O.M.S) - Maternal Opiate Medical Support**

2005 Ashland Ave., Toledo, OH 43620  
419-841-7701

<https://www.zepfcenter.org/news/2023/10/18/integrated-care/building-teams-for-healthy-moms-babies>

Cost: No fee for service- grant based

Target Population: 18 and older

*M.O.M.S program utilizes Maternal Care Home (MCH) model to engage and empower expecting mothers in coordinated care wrap-around services including pre and post-natal care, counseling, medication assisted treatment (MAT), recovery support and care management.*

**Talbot Health Services**

732 Main St., Toledo, OH 43605

833-762-1013 | <https://talbothealthservices.com/>

Cost: Medicaid and other private insurance

Target Population: 18 and older

*Outpatient, Intensive Outpatient, Partial Hospitalization, Residential Treatment, Diagnostic Assessment, Individual Counseling, Group Counseling, and Medically Assisted Recovery*

**Turning Point Behavioral Health**

5650 W. Central Ave., Suite C1, Toledo, OH 43615

419-517-7776

<https://www.linkedin.com/company/turning-point-residential-behavioral-health-services/>

Cost: Medicaid

Target Population: 18 and older

*Outpatient Substance Use, case management, Medication Management and Residential treatment*

**Midwest Recovery Center**

7540 New West Rd., Toledo, OH 43617

419-273-6791 | <https://www.midwestrecoverycenter.com/>

Cost: Medicaid and Private Insurance

Target Population: 18 and older

*Partial Hospitalization Program, IOP, Outpatient Therapy and Addiction treatment Therapies*

**Arrowhead Behavioral Health**

1725 Timber Line Rd., Maumee, OH 43537

419-891-9333 | <https://arrowheadbehavioral.com/>

Cost: Medicaid and Private Insurance

Target Population: 18 and older

*Inpatient and Outpatient Addiction Treatment Program and Medication Assisted Treatment*

**Empowered For Excellence Behavioral Health**

3170 W. Central Ave., Toledo, OH 43606

567-316-7253 | <https://www.efebhoh.org/>

Cost: Medicaid and Private Insurance

Target Population: Youth and Adult

*Assessments, treatment planning, case management, PHP, IOP, and OP voluntary clients as well as court ordered clients with the goal of reaching and maintaining sobriety.*

*\*\* Recovery Campus (residential)- Sober living center for individuals who are recovering from substance abuse.*

*Men and Women housed on different floors and have room for 70 people.*

*\*\* Dual diagnosis assessment including substance abuse for youth provided*

*Open walk-in intake Mon-Fri 9am- 1pm*

**Vital Health**

111 Clinton St., Maumee, OH 43537

419-740-3022 | <https://vitalhcare.com/>

Cost: Medicaid and Private Insurance

Target Population: Youth and Adult

*Addiction and alcohol treatment program that provides individualized treatment plans including inpatient, outpatient, and residential care.*

*\*\*Will also provide substance use services for youth as well as diagnostic assessments including substance use*

**Zepf Center - SASI**

2005 Ashland Ave., Toledo, OH 43620  
419-841-7701

[https://www.zepfcenter.org/?utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.zepfcenter.org/?utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Medicaid and Private Insurance

Target Population: 18 and older

*24/7 detox admission line, In- patient services, Medically Monitored Withdraw Management (Detox), Clinically Managed Residential Withdrawal Management, Medication Assisted Treatment in combination with counseling and therapy*

**Attain Behavioral Health**

3231 Central Park West # 106, Toledo, OH 43617  
888-442-2323 | <https://www.attainbh.com/>

Cost: Medicaid and Private Insurance

Target Population: 18 and older

*Drug & Alcohol Rehab | Addiction Treatment In Toledo, Ohio:  
Outpatient Substance Use, case management, and medication management.*

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## Women Who Use Violence

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**Providence (Beach House Ashland)**

2283 Ashland Ave., Toledo OH 43620

419-244-0666 | <https://www.lfhtoledo.org/beach-house-ashland>

Cost: \$20/session

Timeframe: 26 Weeks

Target Population: 18 and up

*PLEASE NOTE: this class is for DV perpetrators.*

*Clients will learn and identify some personal characteristics associated with their personal histories, different types of abuse, and effective communication/ relationship strategies as they move through the 3-phase process. The initial and final visits are done one-on-one for pre and post assessment purposes.*

**Unison Health**

1212 Cherry St., Toledo, OH 43608 (\*\*Group meets at Bowling Green Location and Starr Ave. Location)

419-214-4673 | <https://www.unisonhealth.org/>

Cost: Medicaid/Ins covered or \$130/Assessment, \$60/Session

Timeframe: 12 Weeks

Target Population: 18 and up

*For women who have used any form of violence with an intimate partner Curriculum follows the Turning Point model, VISTA Program and Dialectical Behavior Therapy. Women will gain an understanding of the connection between their actions, emotions and work towards accepting responsibility for their use of force.*



# Youth Mental Health

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## Unison Health

1212 Cherry St., Toledo, OH 43608

419-693-0631 | <https://www.unisonhealth.org/>

- [https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm\\_source=cumulus&utm\\_medium=onlinepresence&utm\\_campaign=gbp](https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp)

Cost: Medicaid and private insurance

Target Population:

**1. Ages 0-5 & 5-17**

- Early Childhood Mental Health Therapy Teams: Support the parents and guardians of young children by offering treatment services (family and individual therapy) and parenting groups.
- Early Childhood Mental Health Consultation: This service is for children who attend day care or preschool in Lucas, Sandusky and Seneca counties. This initiative was started in an effort to reduce the rate of kindergarten suspensions.

**2. Ages 3-18: Youth medication management**

## OhioRise

1212 Cherry St., Toledo, OH 43608

419-693-0631

<https://www.unisonhealth.org/services/ohio-rise/>

Cost: Medicaid

Target Population: Youth under the age of 21

*OhioRise provides support to children and youth, families/caregivers and their circles of support. It's a whole-family approach to care for Ohio that aims to keep kids and families together. They will help clients find their way to specialized behavioral health services and supports close to home and in their community.*

## Ohio Guidestone

1832 Adams St., Toledo, OH 43604

419-720-9247

<https://ohioguidestone.org/>

Cost: Medicaid and private insurance

Target Population:

**1. Ages 0-6**

- *Specialized treatment approach designed to assist families in strengthening relationships while addressing the specific mental health needs of the young child. This comprehensive program is family-centered and child-focused, stressing the importance of the parent-child relationship. Our therapists possess specialized knowledge, training, and experience working with parents and their young children.*

**2. Ages 6-17**

- *Mental health services for teens and children are designed to address different issues based on what works best for the client. We provide mental health care in schools, offices and court-mandated programs.*

**Lutheran Social Services of Northwestern Ohio**

2149 Collingwood Blvd., Toledo, OH 43620  
419-243-9178

<https://www.lsnwo.org/>

Cost: Medicaid

Target Population: Ages 5-17

*Licensed therapists provide mental health counseling services for adolescents.*

**Family and Child Abuse Prevention Center**

2460 Cherry St., Toledo, OH 43608  
419-244-3053

<https://www.fcapc.org/>

Cost: Medicaid

Target Population: Ages 3-17

*Children Who Witness Violence Support Group educates children on the topics of personal safety, support systems, violence prevention, emotional management, coping strategies, and building self-esteem.*

*Long-term individual counseling and psychiatric services available.*

**Benchmark Integrated Health**

500 Madison Ave., Toledo, OH 43604  
419-690-4544

<https://benchmarkih.com/>

Cost: Medicaid

Target Population: Ages 5-17

*Mental Health services for youth.*

**Beyond Healthcare**

3110 W. Central Ave., Suite A, Toledo, OH 43606  
833-681-1152

<https://www.beyondhc.com/toledo-ohio/>

Cost: Medicaid and private insurance

Target Population: Ages 11-17

*Mental health services for teens and children are designed to address different issues based on what works best for the client. They provide mental health care in schools, offices and court-mandated programs. Services include:*

*assessments, PHP, IOP and Medication Management*

**Caregiver Grove Behavioral Health**

3950 Sunforest Ct., STE 207, Toledo, OH 43623  
419-720-6811

<https://www.caregivergrove.com/>

Cost: Medicaid and private insurance

Target Population: Ages 5-17

*Services provided: Group therapy, Case management, Individual counseling, and Family-centered approach*

**Empowered for Excellence Behavioral Health**

3170 W. Central Ave., Toledo, OH 43606  
567-316-7253

<https://efebhoh.org/>

Cost: Medicaid and private insurance

Target Population: Ages 5-17

*Youth Day Treatment that provides behavioral health services, individual therapy, crisis support, case management*

*\*\* Dual diagnosis assessment including substance abuse for youth provided*

**Youth Advocate Program (YAP) - MENTORING SERVICE**

1709 Spielbusch Suite 200, Toledo, OH 43604  
419-255-3880

<https://www.yapinc.org/>

Cost: LCCS Contracted Service (please submit a referral)

Target Population: Ages 12-17

*24-hour crisis management/mentoring services to youth ages 12 & up who are at risk of disrupting from foster placement, relative placement, or from their own home.*

**RFS Behavioral Health (Tackle)**

830 N. Summit St., Suite 2, Toledo, OH 43604  
419-693-9600

<https://www.rfstackle.com/>

Target Population: Ages 5-17

*Behavioral health services for children. They exclusively provide outpatient and school based mental health services that include drug abuse, ADHD, depression, anxiety, trauma, and family issues.*

**Zepf Center**

Two Locations:

- 424 W. Woodruff Ave., Toledo, OH 43605 | 6605 W. Central Ave., Toledo, OH 43617

419-841-7701

<https://www.zepfcenter.org/>

Cost: Medicaid and private insurance

Target Populations:

- Ages 2-22: Provides psychiatric and therapy services, case management, diagnostic assessments, crisis intervention, and wellness programs.
- Ages 2-7: Parent Child Interaction Therapy (PCIT)- evidence based treatment program designed for caregivers and young children who are experiencing social, behavioral/emotional difficulties with the goal to improve the quality of the parent-child relationship.
- Ages 17-25: Transitional Youth Program (TYP)- empowers young adults in managing their mental health symptoms and developing independent living social, emotional, and vocational skills.

### **Vital Health**

111 Clinton St., Maumee, OH 43537  
419-740-3022

<https://vitalhcare.com/>

Cost: Medicaid and private insurance

Target Population: Youth

Youth addiction and mental health treatment is a form of treatment designed specifically for young people struggling with substance use disorders or mental health conditions. Treatment for youth may involve a variety of therapies and support services, such as individual counseling, group therapy, family therapy, and medication management.

\*\* Dual Diagnostic assessments including substance use for adolescents.

### **Harbor - Early Childhood Mental Health Consultation**

123 N. 22nd St., Toledo, OH 43604  
419-241-6191

<https://www.harbor.org/>

Target Population:

- Ages 0-5: Early Childhood Mental Health Consultation Program works to treat and reduce Preschool Expulsions. Provider will go to weekly and work with childcare center on social/emotional coaching, provide observations and suggestions on how to work with children.
  - Cost: Free- Grant funded.
- Ages 5-17: A mental health assessment determines whether you have symptoms associated with mental or emotional disorders. Once diagnosed, Harbor provides counseling services and a treatment plan for recovery (multiple locations)
  - Cost: Medicaid and private insurance.

### **My Achievement Center**

(419) 376-0660

Facebook: <https://www.facebook.com/myachievementcentertoledo/>

Cost: Medicaid and private insurance

*My Achievement Center (M.A.C) mission is to address multiple dimensions of wellness to help one make the best choices from a place of self-awareness to be the best version of oneself. M.A.C achieves this mission by using non-traditional therapeutic approaches that are fun and engaging to teach emotion management techniques and social skills.*

### **Ohio Behavioral Diversion & Treatment Center**

(567) 203-3375

Facebook: [https://www.facebook.com/people/Ohio-Behavioral-Diversion-Treatment-Center/100094498869075/?\\_rd=1](https://www.facebook.com/people/Ohio-Behavioral-Diversion-Treatment-Center/100094498869075/?_rd=1)

Cost: Medicaid and private insurance

Target Population: Ages 7-18

*A non-profit private practice looking to services the mental health and substance use needs of young people. This agency looks to provide mental health and AOD treatment services for youth 7-18yrs old. They offer behavioral modification services in a safe and therapeutic environment where youth can receive intensive outpatient and mentorship services.*

**Community Teaching Homes**

6715 Dorr St., Toledo, OH 43615

419-868-1178

<https://www.cthohio.org/>

Cost: Medicaid and private insurance

Target Population: All youth

*Community Teaching Homes, Inc. (CTH) is a private nonprofit agency who is uniquely designed to provide a continuum of care for person served with mental health, addiction, childhood maltreatment, sexual abusive behaviors, and other behavioral health concerns. CTH was established in 2002 with the vision of creating a continuum of services while promoting opportunities for youth and families to build healthy, healing relationships.*

**The Sophia Center**

5335 Silica Dr., Sylvania, OH 43560

419-882-4529

<https://sophia.center/>

Cost: Medicaid and private insurance

Target Population: All youth

*Provides psychiatric and therapy services, case management, diagnostic assessments, crisis intervention, and wellness programs.*

**Cadance Care Network**

330-544-8005

Cost: Medicaid and private insurance

Target Population: Youth 7-12

*IHBT at Cadance Care Network is a comprehensive treatment service provided to youth and their families in the home, school, and community setting.*