

Black & Brown Therapist List (2024-25)

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For more information, edits and additions, please contact:

Maleeka Kynard | 419-213-3654 | maleeka.kynard@jfs.ohio.gov

- A -

Maria Alavrez	Maria Alavrez, MA LPC Counseling	
	419-902-8349	
LaShanna D. Alfred	U Change Counseling and Consulting 5726 Southwyck Blvd, Suite 140, Toledo OH 43614	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	567-236-8358 https://www.wildwoodcounselingservices.com	Currently Accepting Clients? Yes
	Expertise/Specialty: CBT, Motivational Interviewing, RET, Trauma Informed Care Practices, Individual/Couples Counseling, etc.	

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Latoya Barlow	Wildwood Counseling Services, LLC 3454 Oak Alley Ct, Suite 209 Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-513-8097 https://www.wildwoodcounselingservices.com/ Expertise/Specialty: Woman's Issues, Children, Teens, Anxiety, Depression, Self-Esteem, Coping Skills, Spirituality, etc.	Currently Accepting Clients? Yes
Elizabeth Bergman	Vitality Counseling, LLC 842 W.S. Boundary St. Ste. A Perrysburg, OH 43551 419-969-3522 Expertise/Specialty: PTSD, Anxiety, Trauma, ADHD, Depression, Eating Disorders, Individual, Relationships, DV, Abuse/Neglect	Types of Insurance Acceptance: Frontpath, MedMutual, United, Paramount, etc. Currently Accepting Clients? Yes
Michelle Blue	My Practice At A Glance, LLC 3335 Meijer Dr. Ste. 150 Toledo, OH 43617 567-320-0961 Expertise/Specialty: Depression, Anxiety, Trauma, PTSD, Life Coaching, Individual, Teens, Couples, Addiction, Identity, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? No

Asia Bolds-Hanns	Therapy Den, LLC 3454 Oak Alley Court Ste. 510 Toledo, OH 43606 419-451-4390 Expertise/Specialty: CBT, Coping Skills, & Self-Esteem, Occupation Counsel, Identity, Trauma, Anger Management, Self-Harm, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? No
Megan Bond- Stokes	Unison Behavioral Health/Perrysburg Counseling 1425 Starr Ave., Toledo, OH 43605 1070 Commerce Dr., Perrysburg, OH 43551 419-693-0631/419-482-8382 https://www.unisonhealth.org/ Expertise/Specialty: Adolescent/Young Adults, Certified DBT Clinician, Suicide/Depression, Childhood Trauma, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Tina Butts	Here's My Turning Point 2345 Dorr Street Toledo, Ohio 43607 419-407-5342 https://www.heresmyturningpoint.org/	Types of Insurance Acceptance: Medicaid and most Commercial Insurances

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Pamela Cannon	Thrive Professional Counseling Services Available Online Only- Telehealth Services	Types of Insurance Acceptance: Paramount, United H., Aetna, & Optum
	Expertise/Specialty: Anxiety, Addiction, Bi-Polar Disorder, Addiction, Parenting, Coping Skills, Abuse & Neglect, etc.	Currently Accepting Clients? Yes
Glenn Carpenter	Sovereign Solutions, LLC 1544 S. Byrne Rd. Suite D. Toledo, OH 43614	Types of Insurance Acceptance: All Insurance accept for Aetna & Buckeye
	419-567-1422 Expertise/Specialty: Adults: Trauma, Mental Health, Substance Use, Life Coaching, etc.	Currently Accepting Clients? Yes

Danielle Culpepper	Beyond Healthcare Available Online Only - Telehealth Services	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-949-8771 <u>Expertise/Specialty:</u> Preteen/Teen, LGBTQIA, Self-Esteem, Individuals, Holistic Wellness, School/Behavioral Issues, etc.	Currently Accepting Clients? Yes
Donna Cunningham	Defining Moment Services, LLC Available Online Only- Telehealth Services	Types of Insurance Acceptance: Please Contact Provider for Clarification
	419-746-4134 <u>Expertise/Specialty:</u> Christian Based Counsel, Spirituality, Mood Disorders, Thinking Disorders, Trauma, Behavioral Issues, etc.	Currently Accepting Clients? Yes



Andre'a Davis	Healing Courageously, LLC 2602 Nebraska Ave. Toledo, OH 43607 419-377-5183 http://healingcourageously.org/ Expertise/Specialty: Trauma, Mental Health, Early Childhood & Adolescents, Family Reunification	Types of Insurance Acceptance: Medicaid (Do Not take Anthem/Blue Cross) Currently Accepting Clients? Yes
Nicole Davis Williams	Healing Courageously, LLC 2602 Nebraska Ave. Toledo, OH 43607 419-377-5183 http://healingcourageously.org/ Expertise/Specialty: Trauma, Mental Health, Early Childhood & Adolescents, Family Reunification	Types of Insurance Acceptance: Medicaid (Do Not Take Anthem/Blue Cross) Currently Accepting Clients? Yes
Eloisa Duarte	Eloisa Duarte 3550 Executive Pkwy. Ste. 7-146 Toledo, OH 43606 419-293-5795 Expertise/Specialty: Family Conflict, Parenting, Grief, Holistic Therapeutic Approach, CBT, Compassion-Focused Therapy, etc.	Types of Insurance Acceptance: Med Mutual, United, Paramount, Aetna, Anthem Currently Accepting Clients? Yes (Bilingual)

Jearald (& Carolina) Dudley 567-364-5628 Expertise/Specialty: Addiction, Anger Management, Anxiety, Autism, Depression, Parenting, Self-Esteem, Anxiety, Spirituality, etc. Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes

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Toni Epperson	Transformative Solutions, LLC 2300 Navarre Rd. Ste 200B Oregon, OH 43616	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	567-318-0944 https://www.transformativesolutionsllc.com/	Currently Accepting Clients? Yes
	Expertise/Specialty: Anxiety, Depression, Grief & Loss, Relationships, Self-Esteem, Spirituality, Trauma/PTSD, Women Health	

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Terry Fleming-McKoy	Fleming McKoy Counseling Services, LLC Available Online Only	Types of Insurance Acceptance: Medicaid, Caresource & United Healthcare
	313-513-5929 <u>Expertise/Specialty:</u> Trauma, grief/loss, Anxiety, Depression, Self-Esteem, Coping Skills, Depression, Substance Abuse, etc.	Currently Accepting Clients? Yes

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Keyana Galloway	Core Wellness, LLC 5800 Monroe St. Sylvania Ave. 43560	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-343-7737 Expertise/Specialty: Trauma, Adults, Adolescents, Children, Anxiety, Depression, EDMR, etc.	Currently Accepting Clients? Yes

Vikki Gardner	Withinsight Counseling & Hypnotherapy, LLC 3950 Sunforest Court Toledo, OH 43628	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-419-0228	Currently Accepting Clients? Yes
	Expertise/Specialty:	
	Women's issues, Men's Issues, Trauma, PTSD, Parenting, Coping skills, Children, Bullying,	
	Spirituality, etc.	
Bernadette Joy	Dr. Ammons & Associates, LLC 2525 W. Bancroft St. Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
Graham	2323 W. Bullerott St. Toledo, Oli 43000	Wedicard and most commercial insurances
	567-234-7849	Currently Accepting Clients? Yes
	Expertise/Specialty:	
	Grief & Loss Recovery, Coping Skills, Overall Wellness, Health & Wellness, Hypnotherapy, etc.	

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Tiffany Hairston	Unison Behavioral Health 1212 Cherry St. Toledo, OH 43608	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-724-3133 https://www.unisonhealth.org/	Currently Accepting Clients? Yes
	Expertise/Specialty: Mental Health and Substance Use	
Dr. Larry Hamme	Hamme and Associates 3454 Oak Alley Ct, Suite 405, Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-472-7330	Currently Accepting Clients? Yes
	Expertise/Specialty: Trauma, Mental Health, Behavioral, Emotional (Anxiety), & Learning Disorders, Chemical Dependency, etc.	
Mercedes Lee Harris	The Mental Health Collaborative Available Online Only- Telehealth Services	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-963-4629	Currently According Cliente?
	Expertise/Specialty: Trauma, PTSD, Depression, Behavioral Health, Mood Disorders, Anxiety, CBT, DBT, Coping Skills, etc.	Currently Accepting Clients? Yes

Catashia Haskins	Unison Behavioral Health 1212 Cherry St. Toledo, OH 43608 419-746-4134 https://www.unisonhealth.org/ Expertise/Specialty: Mental Health & Substance Use	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Creshawn Hatchett	The Heart's Haven Center For Counseling, LLC 3454 Oak Alley Court, Suite 307 Toledo, OH 43606 419-696-6050 https://www.theheartshavencounseling.com/ Expertise/Specialty: Adolescents, Teenagers, Couples, Autism, Mental Health, Anxiety, Self-Esteem, Self-Harm, ADD, ODD, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Kira Hayes	Queer Owned & Staffed, LLC 58 S. 2nd Street Newark, Ohio 43055 740-273-6555 Expertise/Specialty: Children to Elders, LGBTQ, Individual, Couples, Family, Trauma, etc.: TELETHERAPY ONLY (at this time).	Types of Insurance Acceptance: Out of Network/Self pay provider/call for details. Currently Accepting Clients? Yes
Andrea M. Hill	Hamme and Associates 3454 Oak Alley Ct, Suite 405, Toledo, OH 43606 567-278-9374 Expertise/Specialty: Addiction, Youth Services, Self-Esteem, Coping Skills, Life Skills, Thinking Errors, School, JDC Involvement	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Warrenetta Hollingsworth	Netta Lynn Consulting & Counseling Services, LLC 3454 Oak Alley Ct. Ste. 405 Toledo, OH 43606 419-972-1049 Expertise/Specialty: Trauma, Mental Health, Behavioral, Emotional (Anxiety), & Learning Disorders, Chemical Dependency, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes

Cecil Holston	One Person At A Time, LLC (Blessings in DisguiZe) 3131 Executive Parkway Ste. 210 Toledo, OH	Types of Insurance Acceptance: Medicaid and most Commercial Insurances	
	419-298-5583	Currently Accepting Clients? Yes	
	Expertise/Specialty: Anxiety, Individual, Coping, Depression, Trauma, PTSD, and Men's Issues		

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Leonna Jackson	The Heart's Haven Center For Counseling, LLC 3454 Oak Alley Ct. Ste. 304 Toledo, OH 43606 419-518-5738 https://www.theheartshavencounseling.com/ Expertise/Specialty: Depression, Anxiety, Trauma, Relationship Issues, Marital Counsel, Substance Use Disorder, PTSD, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Dr. Manzetta Jackson	Jackson & Associates, Inc. 4334 W. Central Avenue, Suite 211 Toledo, OH 43615 419-419-3369 Expertise/Specialty: CBT therapy, Anxiety, Relationship Issues, Testing & Evaluation, Substance Abuse, Trauma, etc.	Types of Insurance Acceptance: Jackson Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Royann Johnson	Trust the Process, LLC Available Online Only- Telehealth Services 567-278-9289 Expertise/Specialty: Trauma, PTSD, Anxiety, Autism, Parent-Child Interaction Therapy, Children, Teens, Adults, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? No
Keith Jones	Fuse Recovery 2475 Collingwood Blvd. Toledo, OH 43612 419-406-4511 Expertise/Specialty: Anxiety, Depression, Grief & Loss, Behavioral, Suicide, Trauma/PTSD, Bereavement, Phobias, Substance	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes

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Walaa Kanan	Walaa Kanan 4159 N. Holland Sylvania Rd. Ste. 205 Toledo, OH 43623	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-909-3486	Currently Accepting Clients?
	Expertise/Specialty: Practice multiple modalities of therapy, 18+ clients, Individual, Couples, Family, Spirituality, D.E.I. Issues	Yes

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Jonelle Massey	Agility Counseling Group, LLC Available Online & In-Person (Please Call)	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-972-1114 https://agilitycounselinggroup.com/	Currently Accepting Clients? Yes
	Expertise/Specialty: Sports Mental Health Therapy, Psychotherapy, Trauma, PTSD, Anxiety, Grief, Relationships, Stress, etc.	
Drea Michelle	Hamme and Associates 3454 Oak Alley Ct, Suite 405, Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
Drea Michelle		-
Drea Michelle	3454 Oak Alley Ct, Suite 405, Toledo, OH 43606 419-472-7330 Expertise/Specialty:	Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u>
Drea Michelle	3454 Oak Alley Ct, Suite 405, Toledo, OH 43606 419-472-7330	Medicaid and most Commercial Insurances <u>Currently Accepting Clients?</u>

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Randisha Owensby	Randisha Owensby Available Online Only- Telehealth Services	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-749-6345	
		Currently Accepting Clients?
	Expertise/Specialty:	Yes
	Women's Issues, Domestic Violence, Relationships,	
	Addiction, Self-Esteem, Coping Skills, Depression, etc.	

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Juanita Pettaway	Lifeworthy 7318 International Dr. Suite B Holland, OH43528 567-229-3467 Expertise/Specialty: Depression, Trauma, Anxiety, Spirituality, Coping Skills, CBT, Life Coaching, Accountability, Parenting, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Jasmine Lynn Pope	Blessings In DisguiZe 4334 W. Central Avenue, Suite 226 Toledo, OH 43615	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-283-2110 https://www.blessingsindisguize.com/ Expertise/Specialty: Mental Health and Substance Use	Currently Accepting Clients? Yes
Shondalynn Price-Donelson	Blessings In DisguiZe/Pinnacle Billing Solutions, LLC 5702 W. Alexis R. Sylvania, OH 43560	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-283-2110 Expertise/Specialty: Individual, Group, Family, Crisis, Substance Use, Grief/Loss, etc.	Currently Accepting Clients? Yes
Kimberly Pullom	U Change Counseling and Consulting 5726 Southwyck Blvd, Suite 140, Toledo OH 43614	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-214-9366 https://uchangellc.com/ Expertise/Specialty: CBT, Motivational Interviewing, RET, Trauma Informed Care Practices, Individual/Couples Counseling, etc.	Currently Accepting Clients? Yes

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Linda Rowlett	Ready Open Willing Counseling & Consulting, LLC Virtual Sessions (Only At This Time)	Types of Insurance Acceptance: Medicaid and most Commercial Insurances	
	419-406-4342	Currently Accepting Clients? No	
	Expertise/Specialty: One on One Therapy, Anxiety, Depression, Coping Skills, Anger Management, Parenting, Grief, PTSD, etc.		

Keith Rufo	Oasis Mental Health, LLC 3454 Oak Alley Court Ste. 306 Toledo, OH 43606 419-518-5248	Types of Insurance Acceptance: Not currently accepting insurance at this time.	
	Expertise/Specialty: Testing & Evaluation, Autism, ADHD, LGBTQIA, Individuals, Couples, Family & Multi-Cultural Therapy, etc.	Currently Accepting Clients? Yes	

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India L. Springs	Sovereign Solutions, LLC Westgate Plaza, Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-379-1779 Expertise/Specialty:	Currently Accepting Clients? Yes
	Child Abuse & Neglect, Trauma, Adolescents, Toddlers, Pre-Teens, Teens, Young Adults, etc.	
Selena Sprott	Sprott Health & Wellness, LLC 3450 W. Central Ave. Suite 350 Toledo, OH 43606	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	Expertise/Specialty: Anxiety, Depression, Trauma, Young Adults, Teenagers & Adolescents, Family, LGBTQ, Teletherapy, etc.	Currently Accepting Clients? Yes

- T -

R Carter Thomas	Good Company Christian Counseling 2475 Collingwood Blvd, Toledo, OH 43620	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-822-7319	Currently Accepting Clients? Yes
	Expertise/Specialty: Spiritual, Crisis Intervention, Mental Health,	
	Substance Use, Relationships, Grief, Trauma, etc.	
Jessica Torres- Garcia	JTG Counseling, LLC 830 W. South Boundary St. Ste. B Perrysburg, OH 43551	Types of Insurance Acceptance: Paramount HMO, Frontpath, & Medical Mutual
	419-931-3020	Compath. Assenting Clients?
	https://jtgcounseling.com/	Currently Accepting Clients? Yes (Bilingual)
	Expertise/Specialty:	
	Clinical Trauma, PTSD, Eating Disorder, Self-harm,	
	Self Esteem, Depression, Trauma, LGBTQ, Indiv/Family	

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Angel Ward	Therapy Den, LLC 3454 Oak Alley Ct, Suite 505, Toledo, OH 43606 419-500-4452 Expertise/Specialty: Anxiety, Depression, Trauma, Young Adults, Teenagers & Adolescents, Family, LGBTQ, Teletherapy, etc.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Tracey Warren	Healing Hearts Counseling & Consultation, LLC 4841 Monroe St. Ste. 201 Toledo, OH 43623 419-451-4487 Expertise/Specialty: Trauma, PTSD, Depression, Anxiety, Addiction, Relationship Issues, Behavior Management, Coping Skills	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Cheryl Watson-Jefferson	Journey II Freedom Counseling, LLC 5151 Monroe St., Suite 200, Toledo, OH, 43623 419-368-2072 https://journey2freedomcounseling.com/ Expertise/Specialty: Trauma, PTSD, Substance, Trauma, Anxiety, Depression, Relationships, Individuals, Self Esteem	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes
Josselyn West	The Diaspora Health & Wellness Team, LLC 470 W. Broad St. #1148 Columbus, OH 43215 614-542-7463 https://www.diasporahealthandwellness.com/ Expertise/Specialty: Telehealth provided: Current practice is in Columbus, OH. Provides all manner of therapy.	Types of Insurance Acceptance: Medicaid and most Commercial Insurances Currently Accepting Clients? Yes

Dr. Linda	Dr. Linda Whittington-Clark	Types of Insurance Acceptance:
Whittington-Clark	2525 W. Bancroft St. Toledo, OH 43606	Medicaid and Medicare Insurance
J	419-578-2525 https://mentaltherapy.io/psychologist/dr-linda-e-whittington-clark-phd-toledo/	Currently Accepting Clients? Yes
	Expertise/Specialty: Substance Abuse Expert (38+ years' experience), Assessments, Diagnosis, etc.	
Kesha Wiggins Jackson	Catalyst for Change, LLC 5151 Monroe Street, Suite 200, Toledo, OH 43623	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-807-8185	Currently Accepting Clients? Yes
	Expertise/Specialty: Adolescent/Young Adults, Individual, Couples, Depression, Anxiety, Disorders, Trauma, Coping Skills, etc.	ies
Jasmine Wilson	Leveling Up Therapeutics 5600 Monroe St. B207 Sylvania, OH 43560 5242 Angola Rd., S.180, Toledo, OH 43615	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	567-408-2500	Currently Accepting Clients? Yes
	Expertise/Specialty: Telehealth, CPST, Case Management, Day Treatment, Inmate Re-Entry Program, Counseling, Substance	ies
Brandi Winkelman	Be Well Therapy & My Practice at a Glance, LLC 47275 Holiday Lane, Ste. 2 Perrysburg, OH 43551	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	567-221-3565	Currently Accepting Clients? Yes
	Expertise/Specialty: Marriage & Family Therapy, Relationships, Pre-Marital Counsel, Trauma, and Life Transitions	ies
Jewel Woods	Male Behavioral Health, LLC (Toledo Office is not opened yet. To Be Determined)	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-740-5362 Expertise/Specialty: Therapy services for Males Only: Assessment, Diagnosis, Therapy, Groups, Coping, etc.	Currently Accepting Clients? No



Joyce Yirenkyi	Beyond Healthcare Available Online Only - Telehealth Services	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	419-567-8383	Currently Accepting Clients? Yes
	Expertise/Specialty: Children, Anxiety, Depression, ADHD, Behavioral Issues, Anger Management, Self-Esteem, Identity, etc.	

The Mind Matters Counseling	The Mind Matters Counseling, LLC 440 South Reynolds Suite E Toledo, OH 43615	Types of Insurance Acceptance: Medicaid and most Commercial Insurances
	567-234-7982 https://themindmatterscounseling.com/	Currently Accepting Clients? Yes
	Expertise/Specialty: Trauma, PTSD, Substance, Trauma, Juvenile Sexual Behavior Treatment, Adults, Children	