



Northwest Ohio
Regional Training Center

Resource Families Calendar



Summer 2024

Greetings Northwest Ohio Stakeholders,

I hope this message finds you well. We are excited to share some important news with you regarding our agency's growth and development. As part of our expansion strategy, we will be relocating our offices to a new building.

Reason for the Move: Our new location offers better facilities, improved infrastructure, and a more conducive work environment. We believe this move will enhance collaboration, productivity, and overall employee satisfaction.

Relocation Details:

Lucas County Children's Services and the Northwest Ohio Regional Training Center will relocate to

301 Adams St. Toledo Ohio 43604 (Regional Training Center will be located on the 6th floor)

Parking: Superior Garage, 334 N Superior St, Toledo, OH 43604. (Across the street from the building)

Effective Date: June 24th, 2024

Duration: This move is permanent, and we expect all stakeholders to report to this new location indefinitely. There are no changes with contact information. All phone numbers and email addresses will remain the same.

We are committed to making this transition as smooth as possible and are working diligently to address any issues that arise. We appreciate your dedication to NWORDC and look forward to welcoming you to our new office. Thank you for being an integral part of our team!

Best regards,

Northwest Ohio Regional Training Center Team



Table of Contents

Table of Contents - Mission Statement - Staff Contact Information.....	1
Registration/Rules of Training.....	2
NWORTC Calendar for Resource Family Training Sessions.....	3-5
NWORTC Course Descriptions for Resource Family Training Sessions.....	6-10
CAPS Registration Assistance.....	11
Resource Readiness Information.....	12-14
Informational Flyers.....	15-18
Computer Lab Informational Flyer.....	19
Driving Directions to Lucas County Children Services Training Center/NWORTC.....	20

Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567- 376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Sharon Barton	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melanny King – Manager – Melanny.King@jfs.ohio.gov
 Karla Davis McGowan – Regional Caregiver Training Coordinator – Karla.Davis-McGowan@jfs.ohio.gov
 Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov
 Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov
 Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov
 Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

REGISTER!

Enroll yourself in training sessions through **CAPS**
<https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp>

If you are a **Resource Family provider through another agency**
or you are a **daycare provider for LCCS**, you will NOT be in CAPS.

If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a
space available basis for **Foster/Adoption** ongoing training.

Please allow ample travel time.

Please turn off cell phones & return calls during break.

It is Ohio Child Welfare Training Program policy to ONLY certify credit for
an individual who has missed less than **15 minutes** of classroom training.

This includes **CPR** and **First Aid** classes. All time spent outside the classroom
counts toward this **15 minute rule**. Partial credit cannot be given

You **MUST attend ALL parts of a training session** in order to receive a certificate
of credit. This includes sessions that extend beyond one day.

**NOTE* Please consider wearing layers to be comfortable with the fluctuations in
temperature in the training center!*

WHAT ABOUT?

Child Care? Not Provided!	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled check your e-mail notifications
Parking?	When you attend weekday training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. For weekend training sessions enter and leave through the exit gate. Private agency caregivers must pay for their own parking in the garage.
Location?	Unless otherwise noted, classes will be held at The Northwest Ohio Regional Training Center Address: 301Adams Street, Toledo, OH 43604

For additional questions or concerns call 419-213-3505

ON-GOING NWORDTC LUCAS COUNTY TRAININGS

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
					<p>AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 14446 Ryan Hennessey</p> <p>Conscious Development in Children 9:00am - 12:00pm Locator# 12727 Tug of War: The Ins and Outs of Power Struggles 1:00pm - 4:00pm Locator# 12728 Jim Still-Pepper (Trainer for Both Trainings)</p>
29	30	31			
	<p>*Virtual* Resource Readiness: Understanding and Building Attachment 10:00am - 1:00pm Locator# 14940 Janice Williams</p>				

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Resource Readiness: Confidence in the Court Process for Resource Caregivers 10:00am-1:00pm Locator# 14942 Lauri Wolf	2 *Joint: Caregivers & Staff* Teens in Foster Care and Emotional Resiliency 9:00am - 12:00pm Locator# 10989 Jewell Harris	3 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9485 Thasia Awad
5	6 *Virtual* Connect: Supporting Children Exposed to Domestic Violence 6:00pm - 9:00pm Locator# 12734 Michelle Bell	7	8 *Virtual* ZZZ's to A's: Supporting Sleep for Better Functioning 10:00am - 1:00pm Locator# 14946 Stacy Simera	9 *Virtual* Resource Readiness: Engaging Primary Families 10:00am - 1:00pm Locator# 14947 Janice Williams	10
12 Resource Readiness: Communicable Diseases- Protecting Your Family's Health 5:30pm - 8:30pm Locator# 14144 Angela Buckalew	13 Wounded Warriors: The Treatment of Sexually Abused Males 9:00am - 4:00pm Locator# 7579 Brian Bethel	14	15	16	17 *VIRTUAL* National Child Traumatic Stress Network (NCTSN)NCTSN: Trauma101 9:00am- 12:00pm Locator# 13271 Deb McMullen
19	20	21	22 Resource Readiness: Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice 5:30pm - 8:30pm Locator# 14948 Lauri Wolf	23	24
26	27	28	29	30	31 *Virtual* NCTSN: Understanding Trauma's Effects and Building a Safe Place 9:00am - 12:00pm Locator #13282 Deb McMullen Nine Essential Connections to Independent Living 9:00am - 4:00pm Locator #14951 Dave Zidar

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6 *VIRTUAL* Resource Readiness: The Effects of Fostering 10:00am - 1:00pm Locator# 14952 Janice Williams	7 Burnout Prevention 9:00am - 4:00pm Locator# 14955 Dave Zidar Curly Hair and Skin Care: A Course for Multiracial Families 9:00am - 12:00pm Locator# 14953 Curly Hair and Skin Care: A Course for Multiracial Families 9:00am - 12:00pm Locator# 14954 Lauren Burnette (Trainer for Both Trainings)
9	10 Using Discipline to Teach Self- Regulation 5:30pm-8:45pm Locator #12730 Kristie Ruff	11	12	13	14 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9509 Ryan Hennessey
16	17 *VIRTUAL* Connect: Supporting Children Exposed to Domestic Violence 6:00pm-9:00pm Locator# 12739 Michelle Bell	18 *VIRTUAL* Resource Readiness: Communicable Diseases- Protecting your Family's Health 10:00am - 1:00pm Locator# 14955 Megan Wendling	19	20 *Joint: Caregivers & Staff* Invisible Injuries: The Impact of Trauma 9:00am - 4:00pm Locator# 8439 Paula Walters	21
23	24	25	26 Normalcy and the Reasonable and Prudent Standard: What's the Standard? 5:30pm - 8:30pm Locator# 13445 Lamar King	27 Lifelong Connections: Permanency for Older Youth 9:00am - 4:00pm Locator# 13446 Lamar King & Brian Lowery	28
30					

July Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

DATE: July, 27, 2024

Ryan Hennessey

(6 Credit Hours)

TIME: 9:00am – 4:00pm

Locator# 14446

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is a 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only.**** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

Conscience Development in Children

DATE: July 27, 2024

Jim Still-Pepper

(2.75 Credit Hours)

TIME: 9:00am – 12:00pm

Locator# 12727

CONTENT: Violence without remorse; cruelty without regard. Children without a conscience scar and scare us. This workshop explores the world of conscience. During the workshop we'll take an in-depth look into common diagnoses of kids without a conscience. Foster and adoptive parents will learn how to develop effective strategies for teaching conscience to their children.

Tug of War: The Ins and Outs of Power Struggles

DATE: July 27, 2024

Jim Still-Pepper

(2.75 Credit Hours)

TIME: 1:00pm-4:00pm

Locator# 12728

CONTENT: Workers and Caregivers face power struggles and oppositional behavior from youth they serve. Whether the issues are part of normal child development, or indications of more serious problems, this course was created to give insight and understanding into behaviors that often lead to relationships that are filled with frustrating stalemates. It will give space, time and suggestions for participants to develop a strategic approach to dealing with the underlying issues behind power struggles.

VIRTUAL

Understanding and Building Attachment

DATE: July 30, 2024

Janice Williams

(2.75 Credit Hours)

TIME: 10:00am -1:00pm

Locator# 14940

CONTENT: **Resource Readiness:** This training, specifically designed for licensed resource families, in the early years of their care giving development, will provide participants with an understanding of how attachment develops and the four attachment styles. Participants will learn indicators for each attachment style and strategies to help children develop attachments. This training is part of the Fundamentals of Fostering series.

August Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

Confidence in the Court Process for Resource Caregivers

(2.75 Credit Hours) Locator# 14942

DATE: August 1, 2024

Lauri Wolf

TIME: 10:00am – 1:00pm

CONTENT: Resource Readiness: A court-involved child protection case can be overwhelming due to the complex process, including understanding the timeline and hearings, preparing youth, and testifying. This course aims to provide a clear explanation of those issues as well as strategies to manage them. Additionally, the course will describe attorney tactics and identify tools to help individuals prepare for and effectively testify in court.

***JOINT* (Caregivers & Staff)**

Teens in Foster Care and Emotional Resiliency

(2.75 Credit Hours) Locator# 10989

DATE: August 2, 2024

Jewell Harris

TIME: 9:00am – 1:00pm

CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator# 9485

DATE: August 3, 2024

Thasia Awad

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is a 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only.**** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

Connect: Supporting Children Exposed to Domestic Violence

(2.75 Credit Hours)

Locator# 12734

DATE: August 6, 2024

Michelle Bell

TIME: 6:00pm – 9:00pm

CONTENT: A basic and interactive virtual three-hour training session on the dynamics of domestic violence, the impact of exposure to domestic violence on children, and strategies for supporting children who have been exposed to domestic violence.

VIRTUAL

Zz's to A's: Supporting Sleep for Better Functioning

(2.75 Credit Hours)

Locator# 14946

DATE: August 8, 2024

Stacy Simera

TIME: 10:00am – 1:00pm

CONTENT: The purpose of this course is to educate child protective workers and caregivers on child and adolescent sleep needs, the effects of chronic sleep deprivation, and how to better support healthy sleep.

VIRTUAL

Engaging Primary Families

(2.75 Credit Hours)

Locator# 14947

DATE: August 9, 2024

Janice Williams

TIME: 10:00am – 1:00pm

CONTENT: **Resource Readiness** This training is specifically designed for licensed resource families in the early years of caregiving. It will address the importance of engaging primary families. Common barriers to developing strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.

Communicable Diseases-Protecting Your Family's Health

(2.75 Credit Hours)

Locator# 14144

DATE: August 12, 2024

Angela Buckalew

TIME: 5:30pm – 8:30pm

CONTENT: **Resource Readiness:** This workshop introduces the concept of trauma as an underlying factor in some foster children's problems. It provides an overview of the essential elements of trauma-informed parenting and provides real world examples of trauma in children. Caregivers are introduced to factors that influence a child's response to traumatic experiences and to the concept of resilience. This workshop is the first in a series of four workshops developed by the National Child Traumatic Stress Network.

Wounded Warriors: The Treatment of Sexually Abused Males

(5.5 Credit Hours)

Locator# 7579

DATE: August 13, 2024

Brian Bethel

TIME: 9:00am – 4:00pm

CONTENT: Foster and adoptive parents often encounter males who have been sexually abused. However, research shows that the sexual abuse of males in our culture often goes unrecognized, unreported, and tragically untreated. Although most studies on the long term

consequences of sexual abuse have focused on females, the sexual abuse of males is equally devastating. Our culture has encouraged males to believe they should be strong and in charge; and consequently, many men find it difficult to acknowledge that they have been sexually abused.

This workshop will offer participants an overview of the clinical signs and symptoms often exhibited by male survivors of sexual abuse. Moreover, participants will be exposed to the evidenced based counseling approaches for the treatment of sexually abused males across varying developmental domains. Specific resources will be provided to further enable participants to strengthen advocacy efforts for male survivors.

VIRTUAL

National Child Traumatic Stress Network (NCTSN) NCTSN: Trauma 101 (2.75 Credit Hours) Locator# 14947
DATE: August 17, 2024 Deb McMullen TIME: 9:00am – 12:00pm

CONTENT: This workshop introduces the concept of trauma as an underlying factor in some foster children's problems. It provides an overview of the essential elements of trauma-informed parenting and provides real world examples of trauma in children. Caregivers are introduced to factors that influence a child's response to traumatic experiences and to the concept of resilience. This workshop is the first in a series of four workshops developed by the National Child Traumatic Stress Network.

Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice (2.75 Credit Hours) Locator# 14948

DATE: August 22, 2024 Lauri Wolfe TIME: 5:30pm – 8:30pm

CONTENT: At risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.

VIRTUAL

NCTSN: Understanding Trauma's Effects and Building a Safe Place (2.75 Credit Hours) Locator# 13282
DATE: August 31, 2024 Deb McMullen TIME: 9:00am – 12:00pm

CONTENT: This workshop will help caregivers understand how trauma can interfere with children's development and functioning, and how children of different ages may respond to trauma. Caregivers will be introduced to the concept of the "invisible suitcase" and how trauma-informed parenting can "repack" the suitcase. They will gain an understanding of the difference between physical and psychological safety and be introduced to the key component of a safety message. Caregivers will practice delivering an effective safety message and learn techniques to help children cope with trauma reminders. This workshop is the second in a series of four workshops developed by the National Child Traumatic Stress Network.

Nine Essential Connections to Independent Living (5.5 Credit Hours) Locator# 14951
DATE: August 31, 2024 Dave Zidar TIME: 9:00am – 4:00pm

CONTENT: Attendees will learn how to coach children and youth on soft and hard skills needed for successful independent living. Skills that will be discussed are:

- Knowledge, skills and Information
- Maintaining relationships with significant people in their lives
- Connections to groups (family, spiritual community, work)
- Meaningful roles
- Source of joy (what makes them happy)
- System of values
- History (where they came from)
- Sense of place (certain places that are important to us)
- Means of support

September Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

NCTSN: Effects of Fostering

DATE: September 6, 2024

Janice Williams

(2.75 Credit Hours)

TIME: 10:00am – 1:00pm

Locator# 14952

CONTENT: **Resource Readiness:** This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Burnout Prevention

DATE: September 7, 2024

Dave Zidar

(5.5 Credit Hours)

TIME: 9:00am – 4:00pm

Locator# 14955

CONTENT: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Curly Hair and Skin Care: A Course for Multiracial Families

DATE: September 7, 2024

Lauren Burnette

(2.75 Credit Hours)

TIME: 9:00am – 12:00pm

Locator# 14953

CONTENT: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Curly Hair and Skin Care: A Course for Multiracial Families

DATE: September 7, 2024

Lauren Burnette

(2.75 Credit Hours)

TIME: 1:00pm – 4:00pm

Locator# 14954

CONTENT: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Using Discipline to Teach Self-Regulation

DATE: September 10, 2024

Kristie Ruff

(3 Credit Hours)

TIME: 5:30pm-8:45pm

Locator# 12730

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

DATE: September 14, 2024

Ryan Hennessey

(6 Credit Hours)

TIME: 9:00am – 4:00pm

Locator# 9485

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is a 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only.**** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

Connect: Supporting Children Exposed to Domestic Violence

DATE: September 17, 2024

Michelle Bell

(2.75 Credit Hours)

TIME: 6:00pm-9:00pm

Locator# 12739

CONTENT: A basic and interactive virtual three-hour training session on the dynamics of domestic violence, the impact of exposure to domestic violence on children, and strategies for supporting children who have been exposed to domestic violence.

VIRTUAL

Communicable Diseases-Protecting your Family's Health

(3 Credit Hours)

Locator #14955

DATE: September 18, 2024

Megan Wendling

TIME: 10:00am-1:00pm

CONTENT: Resource Readiness: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

***JOINT* (Caregivers & Staff)**

Invisible Injuries: The Impact of Trauma

(5.5 Credit Hours)

Locator# 8439

DATE: September 20, 2024

Paula Walters

TIME: 9:00am – 4:00pm

CONTENT: Trauma is not segregated pockets of events or occurrences that happen in silos. Rather, trauma is intersections of different adverse life events that layer upon each other, forcing these events to be intertwined. When this occurs, a person is not able to differentiate between healthy and harmful environments. The intention of this workshop is to dismantle these silos, as treatment cannot only tackle one component of trauma independently from the others. Attendees will address myths that surround abuse and be challenged to confront their own bias regarding the abusers, the victims, and the incidents of abuse. This workshop takes you to the uncomfortable steps of “walking a mile in the shoes of trauma survivors”.

Normalcy and the Reasonable and Prudent Standard: What's the Standard?

(2.75 Credit Hours)

Locator# 13445

DATE: September 26, 2024

Lamar King

TIME: 5:30pm - 8:30pm

CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.

Lifelong Connections: Permanency for Older Youth

(5.5 Credit Hours)

Locator# 13446

DATE: September 27, 2024

Lamar King & Brian Lowery

TIME: 9:00am-4:00pm

CONTENT: When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

Search for learning

Filters Reset 20 Results Event Calendar

Pathway: Resource Family Readiness x

- Pathway: Resource Family Readiness (20)
- Permanency (10)
- Personnel Management (1)
- Physical/Medical Health (17)
- Physical/Medical Health: Activities of Daily Living (2)
- Physical/Medical Health: Neurocognition (4)
- Placement (13)
- Planning (10)
- Population Served:

PROVIDER

Event	Duration
(2.75) Born Addicted: Promoting Best Care	2 hours, 45 minutes
(2.75) Communicable Diseases	2 hours, 45 minutes
(2.75) PLEASE Don't Share! Communicable Diseases	2 hours, 45 minutes
(4) The Basics of Caring for Children Who Have Special Needs	4 hours
(2.75) The Effects of Fostering	2 hours, 45 minutes
(2.75) Engaging Primary Families	2 hours, 45 minutes
(2.75) An Overview of Legal Issues for Foster Parents	2 hours, 45 minutes
(2.75) Understanding the Legal Process and the Role of the Foster Parent	2 hours, 45 minutes

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

- Communicable Diseases – Protecting Your Family's Health- **August 12, 2024 & September 18, 2024**
- Please DON'T Share! Communicable Disease and Children

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

EDUCATION ADVOCACY

- Education
- Education Advocacy

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment
- Separation, Grief, and Loss
- Trauma Related Behaviors
- Trauma Informed Parenting
- Understanding and Building Attachment- **July 30, 2024**

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families- **August 9, 2024**
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations
- Family Dynamics
- The Effects of Fostering- **September 6, 2024**

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents
- Ethical Considerations for Resource Caregivers
- Confidence on the Court Process for Resource Caregivers- **August 1, 2024**
- Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice- **August 22, 2024**

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.

Support Group for Families



With the Ohio Family Care Association

We understand being involved with child welfare can be challenging and overwhelming. Our support group aims to create a community where families (Primary, Kinship, Foster, and Adoptive) come together, share experiences, and find strength and solace with others who truly understand.

Reasons to join



Information & Registration



Safe and Confidential Space



Empathy and Understanding



Guidance and Resources



Building Connections



Holistic Approach



TRI-COUNTY
treatment
FOSTER CARE

Is now offering foster care pre-service classes! The certified, evidenced based Pressley Ridge curriculum will be taught over 10 sessions. Classes are open to anyone who is becoming licensed as a family or a treatment caregiver. Classes will be held in person. Space is limited.

Registration is now
OPEN!



For more information, or to register,
contact Jenni Zaika
419-355-5212
Jenni.zaika2@jfs.ohio.gov

Computer Literary Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
301 Adams Street, Toledo, OH 43604

Directions To:
Lucas County Children Services Conference & Training Center
301 Adams Street
Toledo, Ohio 43604

From the North:



- ⇒ Take I-75 South
- ⇒ Exit 202A onto Washington
- ⇒ Turn Left on Erie Street
- ⇒ Turn Right on Adams Street
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

From the South:



- ⇒ Take I-75 North toward Toledo/Detroit
- ⇒ Exit onto Anthony Wayne Trail
- ⇒ Take Erie Street to Adams Street
- ⇒ Turn Right on Adams
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

****You must enter the building through the door nearest to the corner of Adams and Summit St.****

