

# Resource Families Calendar



# WINTER 2024

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## Ohio Child Welfare Training Program

### Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

### County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567-376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Fred Lord	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

### Northwest Ohio Regional Center Training Staff

Melonny King – Manager – [Melonny.King@jfs.ohio.gov](mailto:Melonny.King@jfs.ohio.gov)

Karla Davis McGowan – Regional Caregiver Training Coordinator – [Karla.Davis-McGowan@jfs.ohio.gov](mailto:Karla.Davis-McGowan@jfs.ohio.gov)

Stephanie Harvey – Regional Staff Training Coordinator – [Stephanie.Harvey@jfs.ohio.gov](mailto:Stephanie.Harvey@jfs.ohio.gov)

Megan Hite – Regional Training Center Clerk (Staff) – [Megan.Hite@jfs.ohio.gov](mailto:Megan.Hite@jfs.ohio.gov)

Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – [Tanya.Roach@jfs.ohio.gov](mailto:Tanya.Roach@jfs.ohio.gov)

Kandi Bennett-Kanu – Regional Training Center Clerk (On-Going Resource Family) –

[Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov)

# REGISTER!

Enroll yourself in training sessions through **CAPS**

[https://jfs-ohio.csod.com/Login/render.aspx?  
id=defaultclp](https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp)

If you are a **Resource Family provider through another agency**  
or you are a **daycare provider for LCCS**, you will NOT be in CAPS.

If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a  
space available basis for **Foster/Adoption** ongoing training.

**Please allow ample travel time.**

**Please turn off cell phones & return calls during break.**

It is Ohio Child Welfare Training Program policy to ONLY certify credit  
for an individual who has missed less than **15 minutes** of classroom training.  
This includes **CPR** and **First Aid** classes. All time spent outside the classroom  
counts toward this **15 minute rule**. Partial credit cannot be given  
You **MUST attend ALL parts of a training session** in order to receive a certificate  
of credit. This includes sessions that extend beyond one day.  
*\*NOTE\* Please consider wearing layers to be comfortable with the fluctuations in  
temperature in the training center!*

## WHAT ABOUT?

<b>Child Care?</b> <b>Not Provided!</b>	Child Care is <b>NOT</b> provided during training. Children and dependents <b>will NOT be allowed to attend classes or wait</b> in the training center while classes are in session
<b>Training Cancellation?</b>	If you wonder whether a training has been canceled <b>check your e-mail notifications</b>
<b>Parking?</b>	When you attend weekday training sessions, bring your parking ticket to class for validation (parking garage ONLY). <b>We do not validate for surrounding surface parking.</b> For weekend training sessions enter and leave through the exit gate. Private agency caregivers must pay \$5.00 for parking in the garage (CASH ONLY)
<b>Location?</b>	Unless otherwise noted, classes will be held at <b>The Northwest Ohio Regional Training Center</b> Address: 711 Adams Street, Toledo, OH 43604

*For additional questions or concerns call 419-213-3505*

# ON-GOING NWORTC LUCAS COUNTY TRAININGS

## January 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1	2	3	4	5	6 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm <b>Locator # 9476</b> <b>Ryan Hennessey</b>
8 <b>*VIRTUAL*</b> Understanding and Building Attachment 10am-1pm <b>Locator # 10666</b> <b>Janice Williams</b>	9	10	11	12	13 <b>*VIRTUAL*</b> Normalcy and the Reasonable and Prudent Standard? 9am-4pm <b>Locator # 10389</b> <b>Anthony President</b>
15	16	17	18	19 Helping Children Process Their World: Sensory Processing Issues in Children 6pm-9pm <b>Locator # 9472</b> <b>Defiance County</b> <b>Megan Wendling</b>	20 RESOURCE READINESS: Communicable Diseases 9am-12pm <b>Locator # 9498</b> <b>Defiance County</b> <b>Megan Wendling</b>  Car Seat Clinic: Ensuring Safety for Child Passengers 1pm-4pm <b>Locator # 9500</b> <b>Defiance County</b> <b>Megan Wendling</b>
22	23 A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight 5:30pm to 8:30pm <b>Locator #10414</b> <b>Tamme Smith</b>	24	25	26	27 <b>*JOINT*</b> Management of Children with Challenging Behaviors 9am-4pm <b>Locator # 9512</b> <b>David Zidar</b>
29	30 <b>*VIRTUAL*</b> RESOURCE READINESS: The Basics of Caring for Children Who Have Been Sexually Abused 5pm-9pm <b>Locator # 10388</b> <b>Anthony President</b>	31			

# February 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			1	2	3
5	6	7	8 <b>*VIRTUAL*</b> Getting Teens Ready for the World of Work 6pm-9pm <b>Locator # 10450</b> Anthony President	9	10 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm <b>Locator # 9486</b> Thasia Awad
12 <b>*JOINT*</b> Sobering Thoughts: Substance Abuse in Adolescence 9am-4pm <b>Locator # 7572</b> Brian Bethel	13	14	15 <b>*VIRTUAL*</b> RESOURCE READINESS: Attachment 5:30pm-7:30pm <b>Locator # 10376</b> Brian Lowery	16	17
19	20 <b>*VIRTUAL*</b> RESOURCE READINESS: Positive Behavioral Interventions and IDEA 6pm-8pm <b>Locator # 8390</b> OCECD Ohio Coalition for the Education of Children with Disabilities	21	22	23	24 <b>*JOINT*</b> Management of Children with Challenging Behaviors 9am-4pm <b>Locator # 9513</b> David Zidar  Sibling Relationships in Foster Care: Keeping Them Connected 9am-12pm- <b>Defiance County</b> <b>Locator # 9473</b> Deanna Prezioso  Preventing Placement Disruptions Before Placement Begins 1pm-4pm <b>Defiance County</b> <b>Locator # 9474</b> Deanna Prezioso
26 <b>*VIRTUAL*</b> RESOURCE READINESS: Separation, Grief, and Loss 5:30pm-7:30pm <b>Locator # 10383</b> Brian Lowery	27	28	29		

# March 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
4	5 <b>*VIRTUAL*</b> RESOURCE READINESS: Trauma Related Behaviors 5:30pm-7:30pm <b>Locator # 10384</b> <b>Brian Lowery</b>	6	7	8	9 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm <b>Locator # 9508</b> <b>Ryan Hennessey</b>
11 <b>*JOINT*</b> Normalcy and the Reasonable and Prudent Standard? 9am-4pm <b>Locator # 7739</b> <b>Anthony President</b>	12	13	14	15	16
18	19 <b>*VIRTUAL*</b> <b>*JOINT*</b> Fetal Alcohol Spectrum Disorders: A Hidden Struggle 6pm-9pm <b>Locator # 7769</b> <b>Karen Chennells</b>	20 Using Discipline to Teach Self-Regulation 10am-1:00pm <b>Locator # 9475</b> <b>Kristie Ruff</b>	21 <b>*VIRTUAL*</b> RESOURCE READINESS: Trauma Informed Parenting 5:30pm-7:30pm <b>Locator # 10385</b> <b>Brian Lowery</b>	22	23 Understanding Gender Identity 9am-12pm <b>Locator # 10404</b> <b>Susan Darden-Kautz</b>  Managing Infertility Grief and Loss as a Foster and Adoptive Parent 1pm-4pm <b>Locator # 10265</b> <b>Susan Darden-Kautz</b>
25	26 <b>*VIRTUAL*</b> RESOURCE READINESS: Mental Health Considerations 5:30pm-6:30pm <b>Locator # 10386</b> <b>Brian Lowery</b>	27	28	29 <b>*JOINT*</b> Management of Children with Challenging Behaviors 9am-4pm <b>Locator # 10415</b> <b>David Zidar</b>	30
31					

# January Course Descriptions

*Class will be closed to anyone arriving more than fifteen (15) minutes late.*

## **AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing**

(6.0 Credit Hours)

Locator #9472

DATE: January 6, 2024

*Hennessey, Ryan*

TIME: 9:00 am – 1:00 pm

\*\* 2pm-4pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

### **\*VIRTUAL\***

## **Understanding and Building Attachment**

(3.0 Credit Hours)

Locator # 10666

DATE: January 8, 2024

*Williams, Janice*

TIME: 10:00 am – 1:00 pm

CONTENT: This training, specifically designed for licensed resource families, in the early years of their caregiving development, will provide participants with an understanding of how attachment develops and the four attachment styles. Participants will learn indicators for each attachment style and strategies to help children develop attachments. This training is part of the Fundamentals of Fostering series.

### **\*VIRTUAL\* \*JOINT\***

## **Normalcy and the Reasonable and Prudent Standard: What's the Standard?**

(6.0 Credit Hours)

Locator #10389

DATE: January 13, 2024

*President, Anthony*

TIME: 9:00am-4:00pm

CONTENT: Children in the Foster Care System need access to age-appropriate activities that can help them developmentally with the life skills necessary to succeed in the real world. In order to safely prioritize normalcy, each child's individual risk factors and abilities must be considered as their care team determines the right activities for each child. This workshop provides staff and foster parents with a set of tools to help with the decision-making process to evaluate each instance to determine what may be in the best interest of each child for their development and overall well-being.

### **\*HELD IN DEFIANCE COUNTY\***

## **Helping Children Process Their World: Sensory Processing Issues in Children**

(3.0 Credit Hours)

Locator #9472

DATE: January 19, 2024

*Wendling, Megan*

TIME: 6:00 pm-9:00 pm

CONTENT: Sensory processing sensitivities may arise in children when they experience trauma, & a change of environment or routine, & or during a heightened emotional period of time. This training covers competencies in sensory processing to be able to define and promote a healthy transition and well-being of the child and family involved throughout each step of the foster care and adoption process. This training session provides educational and engaging opportunities for foster and adoptive parents to become knowledgeable about various types of sensory processing disorders, manage episodes of behaviors caused by increased or decreased environmental stimulation, and participate in hands-on; activities in preparation for deterring negative behaviors during future at-risk scenarios.

### **\*HELD IN DEFIANCE COUNTY\***

## **Communicable Diseases – Protecting Your Family's Health**

(3.0 Credit Hours)

Locator #9498

DATE: January 20, 2024

*Wendling, Megan*

TIME: 9:00 am- 12:00 pm

CONTENT: **Resource Readiness - PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES**

The primary purpose of this training course is to educate caregivers in identifying signs and symptoms of illness and contagious conditions, protect themselves from exposure, learn how to respond to an exposure risk, and how to transfer their knowledge to educate family and children in the home. The course content and activities will prepare caregivers to make appropriate decisions about preventing and educating on communicable disease transmission.



**\*HELD IN DEFIANCE COUNTY\***

**Car Seat Clinic: Ensuring Safety for Child Passengers**

DATE: **January 20, 2024** *Wendling, Megan*

(3.0 Credit Hours) **Locator #9500**

TIME: **1:00 pm- 4:00 pm**

CONTENT: One of the most important jobs of a caregiver is to keep the child safe when riding in a vehicle. Each year, thousands of young children are killed or injured in car accidents. Proper understanding and use of safety seats are key in preventing injury and death; but with so many different safety seating options and modes of transportation on the market, caregivers may be overwhelmed. The best car seat is not always the most expensive one – It is the one that best fits the individual child; Children in foster care may have individualized needs for safety seating, including seating systems that support medical equipment (wheelchairs) supportive devices for proper positioning, or children who have behavioral difficulties when riding with safety restraint systems. This interactive, hands-on course provides the participant with the understanding of the federal and state law requirements for proper seating systems, as well as the knowledge and resources to employ the proper safety seating devices and techniques.

**A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight**

DATE: **January 23, 2024** *Smith, Tamme*

(3.0 Credit Hours)

**Locator # 10414**

TIME: **5:30pm-8:30pm**

CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

**\*JOINT\***

**Management of Children with Challenging Behaviors**

DATE: **January 27, 2024** *Zidar, David*

(6.0 Credit Hours)

**Locator #9512**

TIME: **9:00 am- 4:00 pm**

CONTENT: This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

**\*VIRTUAL\***

**RESOURCE READINESS:**

**The Basics of Caring for Children Who Have Been Sexually Abused**

DATE: **January 30, 2024** *President, Anthony*

(4.0 Credit Hours)

**Locator # 10388**

TIME: **5:00pm-9:00pm**

CONTENT: This training is designed to help equip caregivers with the basic knowledge, skills, and attitudes needed to care for children who have been sexually abused. Caregivers will practice providing children with accurate information about sexual abuse and using strategies to help children understand and manage the impact of sexual abuse

## February Course Descriptions

*Class will be closed to anyone arriving more than fifteen (15) minutes late.*

**\*VIRTUAL\***

**Getting Teens Ready for the World of Work**

DATE: **February 8, 2024** *President, Anthony*

(3.0 Credit Hours)

**Locator #10450**

TIME: **6:00 pm – 9:00pm**

CONTENT: Transitioning to the adult world of work can be one of the biggest challenges facing teenagers. Among the biggest hurdles is being prepared for living wage employment. Former foster youth aging out of the system have an unemployment rate of 47% (University of Chicago). The better prepared our youth are before they leave the system, the greater chance they have for obtaining and maintaining jobs. This workshop deals with how caregivers can help youth with career exploration experiences, hands on job exposure activities and practical skills to get and keep a job.

**AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing**

DATE: **February 10, 2024** *Awad, Thasia*

(6.0 Credit Hours)

**Locator #9486**

TIME: **9:00 am – 1:00 pm** **\*\*2pm-4pm\*\***

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**



**\*JOINT\***

**Sobering Thoughts: Substance Abuse in Adolescence**

(6.0 Credit Hours)

**Locator #7572**

DATE: **February 12, 2024**

*Bethel, Brian*

TIME: **9:00 am – 4:00 pm**

CONTENT: Substance use disorders among adolescents are a significant public health problem in the United States. It is estimated that approximately 9% of the U.S. adolescent population meet the Diagnostic and Statistical Manual criteria for a substance use disorder (American Psychiatric Association, 2005). Consequently, caregivers frequently provide care for teens with drug and/or alcohol problems.

**\*VIRTUAL\***

**Attachment**

(2.0 Credit Hours)

**Locator #10376**

DATE: **February 15, 2024**

*Lowery, Brian*

TIME: **5:30pm-7:30pm**

**CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

**\*VIRTUAL\***

**Positive Behavioral Interventions and IDEA**

(2.0 Credit Hours)

**Locator #8390**

DATE: **February 20, 2024**

*OCECD, Ohio Coalition for the Education of Children with Disabilities*

TIME: **6:00 pm – 8:00 pm**

**CONTENT: Resource Readiness – Education Advocacy**

In this course, participants will be informed of basic concepts within the Individuals with Disabilities Education Act (IDEA) and a free and appropriate public education (FAPE). Learners will discuss challenging behaviors and learn the fundamentals of how to address behaviors in an Individual Education Plan (IEP), as well as positive behavior services, supports, and interventions. Caregivers will gain an understanding of what may cause undesirable behaviors, how to manage those behaviors, and interventions that really work to help make the child happier and more productive at home and in the learning environment. This course is developed and presented by the Ohio Coalition for the Education of Children with Disabilities, which is the designated Parent Training and Information Center for the state of Ohio, with funding from the United States Department of Education, Office for Special Education Programs.

**\*JOINT\***

**Management of Children with Challenging Behaviors**

(6.0 Credit Hours)

**Locator #9513**

DATE: **February 24, 2024**

*Zidar, David*

TIME: **9:00 am – 4:00 pm**

CONTENT: This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

**\*HELD IN DEFIANCE COUNTY\***

**Sibling Relationships in Foster Care: Keeping Them Connected**

(3.0 Credit Hours) **Locator #9473**

DATE: **February 24, 2024**

*Prezioso, Deanna*

TIME: **9:00 am – 12:00 pm**

CONTENT: This class will give participants an overview of sibling relationships among children in the child welfare system and how these relationships are affected by maltreatment. We will examine the dynamics of sibling relationships. Foster parents will understand how the outcomes of siblings in child welfare are affected by being placed together or separate, emotional problems that can occur from siblings being separated, and what role the caregiver can play in helping siblings in their care maintain sibling connections.

**\*HELD IN DEFIANCE COUNTY\***

**Preventing Placement Disruptions Before Placement Begins**

(3.0 Credit Hours) **Locator #9474**

DATE: **February 24, 2024**

*Prezioso, Deanna*

TIME: **1:00 pm- 4:00 pm**

CONTENT: This workshop will give participants an understanding of the most common reasons for placement disruption and the stages of disruption. Participants will also gain an understanding of the factors that most commonly lead to placement stability and lower levels of disruptions. Participants will examine the current practices used both before and during placements being in their home and will also examine how these practices can lead to disruption and/or preservation of placement. Finally, participants will discuss and gain an understanding of steps they can implement that will help minimize placement disruptions before the placement even enters the home.

**\*VIRTUAL\***

**Separation, Grief, and Loss**

DATE: **February 26, 2024**

*Lowery, Brian*

(2.0 Credit Hours) **Locator #10383**

TIME: **5:30pm-7:30pm**

CONTENT: **Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

## March Course Descriptions

*Class will be closed to anyone arriving more than fifteen (15) minutes late.*

**\*VIRTUAL\***

**Trauma Related Behaviors**

DATE: **March 5, 2024**

*Lowery, Brian*

(2.0 Credit Hours)

**Locator #10384**

TIME: **5:30pm-7:30pm**

CONTENT: **Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

**AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing**

DATE: **March 9, 2024**

*Hennessey, Ryan*

(6.0 Credit Hours)

**Locator #9508**

TIME: **9:00 am – 1:00 pm**

**\*\*2pm-4pm\*\***

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

**\*JOINT\***

**Normalcy and the Reasonable and Prudent Standard: What's the Standard?**

DATE: **March 11, 2024**

*President, Anthony*

(6.0 Credit Hours)

**Locator #7736**

TIME: **9:00am-4:00pm**

CONTENT: Children in the Foster Care System need access to age-appropriate activities that can help them developmentally with the skills necessary to succeed in the real world. In order to safely prioritize normalcy, each child's individual risk factors and abilities must be considered as their care team determines the right activities for each child. This workshop provides staff and foster parents with a set of tools to help with the decision-making process to evaluate each instance to determine what may be in the best interest of each child for their development and overall well-being.

**\*JOINT\* \*VIRTUAL\***

**Fetal Alcohol Spectrum Disorders: A Hidden Struggle**

DATE: **March 19, 2024**

*Chennells, Karen*

(3.0 Credit Hours)

**Locator #7769**

TIME: **9:00am-4:00pm**

CONTENT: The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

**Using Discipline to Teach Self-Regulation**DATE: **March 20, 2024***Ruff, Kristie*

(3 Credit Hours)

Locator #9475

TIME: **10:00 am – 1:00 pm**

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

**\*VIRTUAL\*****Trauma Informed Parenting**DATE: **March 21, 2024***Lowery, Brian*

(3.0 Credit Hours)

Locator #10385

TIME: **5:30pm-7:30pm****CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

**Understanding Gender Identity**DATE: **March 23, 2024***Darden-Kautz, Susan*

(3 Credit Hours)

Locator #10404

TIME: **9:00 am – 12:00 pm**

CONTENT: This workshop will educate and sensitize foster/adoptive caregivers about how gender identity is developed, how different cultures view gender identity, and the unique needs presented by transgender or gender-nonconforming youth in their homes.

**Managing Infertility Grief and Loss as a Foster and Adoptive Parent**DATE: **March 23, 2024***Darden-Kautz, Susan*

(3 Credit Hours)

Locator #10265

TIME: **1:00pm-4:00pm**

CONTENT: This workshop will increase foster and adoptive parent awareness of the impact infertility issues have on the caregiving family, and strategies to manage these issues.

**\*VIRTUAL\*****Mental Health Considerations**DATE: **March 26, 2024***Lowery, Brian*

(1 Credit Hours)

Locator #10386

TIME: **5:30pm-6:30pm****CONTENT: Resource Readiness - MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE**

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

**\*JOINT\*****Management of Children with Challenging Behaviors**DATE: **March 29, 2024***Zidar, David*

(6.0 Credit Hours)

Locator #10415

TIME: **9:00 am – 4:00 pm**

CONTENT: This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.



# Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

## Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Kandi Bennett-Kanu at (419) 213-3505 or by e-mail [Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov)

**For Live Support for CAPS LMS click below:**

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Bennett-Kanu to register as a guest.

# Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are one to two and half hours in length. They do not have to be completed in order.

These training will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as below.

Learning Search

Search for learning

Filters Reset 20 Results Event Calendar

**Pathway: Resource Family Readiness** x

**Filters**

- ☒ Pathway: Resource Family Readiness (20)
- ☐ Permanency (10)
- ☐ Personnel Management (1)
- ☐ Physical/Medical Health (17)
- ☐ Physical/Medical Health: Activities of Daily Living (2)
- ☐ Physical/Medical Health: Neurocognition (4)
- ☐ Placement (13)
- ☐ Planning (10)
- ☐ Population Served:

**PROVIDER**

**Results**

Event	Duration
(2.75) Born Addicted: Promoting Best Care	2 hours, 45 minutes
(2.75) Communicable Diseases	2 hours, 45 minutes
(2.75) PLEASE Don't Share! Communicable Diseases	2 hours, 45 minutes
(4) The Basics of Caring for Children Who Have Special Needs	4 hours
(2.75) The Effects of Fostering	2 hours, 45 minutes
(2.75) Engaging Primary Families	2 hours, 45 minutes
(2.75) An Overview of Legal Issues for Foster Parents	2 hours, 45 minutes
(2.75) Understanding the Legal Process and the Role of the Foster Parent	2 hours, 45 minutes

**Whereas these training have been developed for the incoming resource families, current licensed resource caregivers may also complete these courses for credit hours. So keep this checklist to help you mark off those you have completed. Below are also dates in which the first round have been scheduled.**

#### **PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES**

- Communicable Diseases – Protecting Your Family's Health (Jan 20, 2024 9am-12pm)
- Please DON'T Share! Communicable Disease and Children

#### **COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR**

#### **FOSTER FAMILIES**

- Accessing Services and Supports

#### **SUBSTANCE ABUSE**

- Impact of Substance Use
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

#### **EDUCATION ADVOCACY**

- Education
- Education Advocacy (Feb 20, 2024 6pm-8pm)

#### **CULTURAL AND DIVERSITY ISSUES**

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

#### **FAMILY SAFETY**

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

## TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment- **(Feb 15, 2024 5:30pm-7:30pm)**
- Separation, Grief, and Loss **(Feb 26, 2024 5:30pm-7:30pm)**
- Trauma Related Behaviors **(March 5, 2024 5:30pm-7:30pm)**
- Trauma Informed Parenting **(March 21, 2024 5:30pm-7:30pm)**
- Understanding and Building Attachment **(Jan 8, 2024 10am-1pm)**

## CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused **(Jan 30, 2024 5pm-9pm)**
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

## MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

## MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations **(March 26, 2024 5:30pm-6:30pm)**
- Family Dynamics
- The Effects of Fostering

## LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents
- Ethical Considerations for Resource Caregivers



# **RESOURCE FAMILIES'**

## **HELPFUL TIPS**

### **CORNER**

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

# **Attention Resource Families**

**COMING SOON TO N.W.O AREA:**

**(You requested it, and it is being provided).**

- ***What is a caregiver coach?***

A caregiver coach will be installed to provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

**So, stay tuned as to assist us in welcoming our caregiver coach to NWORTC!!!!**



# Youth Mental Health First Aid

A course for caregivers to learn how to recognize and respond to mental health challenges in youth.

## New Virtual sessions scheduled

### 2024

- ☐ January 13 & 20 – 9:30am – 12:00pm
- ☐ March 12 & 14, 6:00p, – 8:30pm
- ☐ May 8 & 9, 6:00pm – 8:30pm



***To learn more and enroll,  
visit CAPS LMS & search  
for the keywords  
“Youth Mental Health  
First Aid”***

*This limited series is offered in partnership with Mental Health America of Northern Kentucky and Southwest Ohio and the National Council for Mental Wellbeing*

# EDUCATION SERIES FOR CAREGIVERS

- ❑ 1/16 – Section 504 (ID #8145)
- ❑ 2/20 – Positive Behavioral Interventions and IDEA (ID #8390)
- ❑ 3/19 – Understanding Bullying (ID #8128)
- ❑ 4/16 – Autism Awareness (ID #8144)
- ❑ 5/21 – Understanding ADHD (ID #8138)



***To enroll, go to **CAPS LMS**  
& search by course ID or  
type in the keyword  
“OCECD”***

*This limited series is offered in partnership with the Ohio Coalition for the Education of Children with Disabilities  
All of these courses fulfill the Resource Readiness requirement for a course on Education Advocacy*

# Support Group for Families



With the Ohio Family Care Association

We understand being involved with child welfare can be challenging and overwhelming. Our support group aims to create a community where families (Primary, Kinship, Foster, and Adoptive) come together, share experiences, and find strength and solace with others who truly understand.

## Reasons to join



Information & Registration



Safe and Confidential Space



Empathy and Understanding



Guidance and Resources



Building Connections



Holistic Approach



TRI-COUNTY  
*treatment*  
FOSTER CARE

Is now offering foster care pre-service classes! The certified, evidenced based Pressley Ridge curriculum will be taught over 10 sessions. Classes are open to anyone who is becoming licensed as a family or a treatment caregiver. Classes will be held in person. Space is limited.

Registration is now  
**OPEN!**



For more information, or to register,  
contact Jenni Zaika  
419-355-5212  
[Jenni.zaika2@jfs.ohio.gov](mailto:Jenni.zaika2@jfs.ohio.gov)



# Computer Literacy Support



## **ATTENTION CAREGIVERS!**

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

### **The NWORTC is here to help!**

Simply contact Kandi Bennett-Kanu at  
419-213-3505 or by email at  
[Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov) to schedule  
an on-site session at the Lucas County  
Conference and Learning Center (CLC) located  
at

711 Adams Street, Toledo, OH 43604



# Directions To:

## Lucas County Children Services Conference & Training Center

711 Adams Street  
Toledo, Ohio 43604

### From The North:



- ↳ Take I-75 South
  - ↳ Exit 202A onto Washington
  - ↳ Turn Left on Ontario
  - ↳ Turn Right off Ontario into the parking garage

### From The South:

- ↳ Take I-75 North toward Toledo/Detroit
  - ↳ Exit 201B onto Erie Street
  - ↳ Take Erie Street to Madison Avenue
  - ↳ Turn Left on Madison - go one block to Ontario
  - ↳ Turn Right on Ontario Street
  - ↳ Turn Right off Ontario into the parking garage

