

# Resource Families



# SUMMER 2023

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## Ohio Child Welfare Training Program

### Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

### County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567-376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Fred Lord	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

### Northwest Ohio Regional Center Training Staff

Melonny King – Manager – [Melonny.King@jfs.ohio.gov](mailto:Melonny.King@jfs.ohio.gov)

Karla Davis McGowan – Regional Caregiver Training Coordinator – [Karla.Davis-McGowan@jfs.ohio.gov](mailto:Karla.Davis-McGowan@jfs.ohio.gov)

Stephanie Harvey – Regional Staff Training Coordinator – [Stephanie.Harvey@jfs.ohio.gov](mailto:Stephanie.Harvey@jfs.ohio.gov)

Megan Hite – Regional Training Center Clerk (Staff) – [Megan.Hite@jfs.ohio.gov](mailto:Megan.Hite@jfs.ohio.gov)

Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – [Tanya.Roach@jfs.ohio.gov](mailto:Tanya.Roach@jfs.ohio.gov)

Kandi Bennett-Kanu – Regional Training Center Clerk (On-Going Resource Family) –

[Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov)

# ON-GOING NWORTC LUCAS COUNTY TRAININGS

## August 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 *VIRTUAL* Impact of Substance Use 1:00 pm- 2:30pm Ronna Johnson  *VIRTUAL* RR: Parenting a Child.. 2:45 pm- 4:15 pm Ronna Johnson	5 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Thasia Awad  *VIRTUAL* RR: Creating a Stable.. 9:00am-11:00am Ronna Johnson  *VIRTUAL* RR: Mental Health 11:30 am- 1:30pm Ronna Johnson
7	8 Substance Exposed Infants and Toddlers: Interventions to Promote Long-Term Success 9am-12pm @ Main Library McMaster Please see Course Description for more information	9	10	11	12
14 Reaching Higher: A Curriculum for Foster/Adoptive Parents and Kinship Caregivers... 9am-4pm	15	16	17 *JOINT* Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals 1:00 pm- 4:00 pm Christina Rosebrough- Zody  Resource Readiness: An Overview of Legal Issues for Foster Caregiver 5:30 pm-8:30 pm Christina Rosebrough- Zody	18 *JOINT* Can I Use the Cell Phone? Electronic Media Forensic Evidence 9:00 pm- 4:00 pm Christina Rosebrough- Zody	19 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Ryan Hennessey  Invisible Injuries: The Impacts of Trauma 9am-4pm Paula Walters  *ERIE COUNTY* RR: Attachment 9:00am-11:00am Nadine Musser  *ERIE COUNTY* RR:Trauma Related 11:15 am- 1:15 pm Nadine Musser  *ERIE COUNTY* RR:Creating a Stable.. 2:30pm-4:3pm Nadine Musser
21	22 *VIRTUAL* Psychotropic Medications: Questions to Ask about Kids on Meds Stacy Simera 10am-1pm	23 A World of Opportunities: Substance Use Indicators... 5:30pm-8:30pm Tamme Smith	24	25 Tramua 101 9:30am-1pm See Flier	26
28	29	30	31		

# September 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				1	2
4	5 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Thasia Awad	6	7	8 *JOINT* Examining Unconventional and Mischaracterized Trauma Expressions in Black Males 9am-4pm LaToya Logan	9
11 Co-Parenting Training with Continetal Breakfast Dr. McHale 9am-12:30pm Please see Course Description for more information	12 Using Discipline to Teach Self-Regulation 5:00 pm -8:00pm Kristie Ruff	13	14 Understanding Gender Identity 9am-12pm Susan Darden-Kautz  Managing Infertility Grief and Loss as a Foster and Adoptive Parent 1pm- 4pm Susan Darden-Kautz	15	16
18	19	20	21 *VIRTUAL* RR: Ethical Considerations..... 6:00am-8:00pm Deanna Prezioso	22 *JOINT* Mentoring Among... 9am-4pm Deanna Prezioso	23 Understanding and Surviving... 9am-12pm Deanna Prezioso  Preventing Placement.... 1pm-4pm Deanna Prezioso
25	26	27	28	29 RR: Verbal De-escalation 9am-12pm Brian Lowery  Navigating the Whitewater 1pm-4pm Brian Lowery	30 Adolescent Development 9am-12pm Brian Lowery  Attachment, Separation... 1pm-4pm Brian Lowery

# August Course Descriptions

*Class will be closed to anyone arriving more than fifteen (15) minutes late.*

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**\*VIRTUAL\***

**Impact of Substance Use**

(1.5 Credit Hours Total)

**Resource Family**

**Date: August 4, 2023**

*Johnson, Ronna*

**Time: 1:00 am –2:30 pm**

**CONTENT:** This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

**\* VIRTUAL \***

**RR: Parenting a Child with a History of Sexual Trauma**

(1.5 Credit Hours)

**DATE: August 4, 2023**

*Johnson, Ronna*

**TIME: 2:45 pm – 4:15 pm**

**CONTENT: Resource Readiness - CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED**

This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.

**AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing**

(6 Credit Hours)

**IN-PERSON**

**DATE: August 5, 2023**

*Awad, Thasia*

**TIME: 9:00 am – 1:00 pm\*\*  
2pm-4pm\*\***

**CONTENT:** This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

**\*VIRTUAL\***

**RR: Creating a Stable, Nurturing, and Safe Home Environment**

(2.0 Credit Hours)

**DATE: August 5, 2023**

*Johnson, Ronna*

**TIME: 9:00 am – 11:00 pm**

**CONTENT: Resource Readiness – FAMILY SAFETY**

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.

**\*VIRTUAL\***

**RR: Mental Health Considerations**

(1.5 Credit Hours)

**DATE: August 5, 2023**

*Johnson, Ronna*

**TIME: 11:30 am – 12:30 pm**

**CONTENT: Resource Readiness - MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE**

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

**Substance Exposed Infants and Toddlers: Interventions to Promote Long-Term Success**

(3.0 Credit Hours)

**IN-PERSON @ Main Library McMaster****DATE: August 8, 2023****TIME: 9:00 am – 12:00 pm**

CONTENT: "The Lucas County Juvenile Court, Lucas County Children Services and Talbot Health Services is hosting a training to help educate caregivers and service providers on interventions that can be utilized to help provide support for substance exposed infants and toddlers. This training is FREE and is being offered to you because you are a person who is or will be taking care of a child exposed to substances or helping to provide support to the child and caregivers."

Dr. Stephanie Weber and Elsie Bush work at Cincinnati Children's Hospital Medical Center and have been working with and studying this population for many years. They are members of an interdisciplinary team that evaluates preschool-aged children with prenatal opioid exposure in the Next Step Clinic. They also were co-developers of the curriculum for Project SCOPE: Supporting Children of the Opioid Epidemic, which is a multi-state training opportunity. Dr. Weber specializes in treatment for children with neurodevelopmental delays and disabilities and Ms. Bush specializes in visual impairments and sensory and motor differences in children.

**Reaching Higher: A Curriculum for Foster/Adoptive Parents and Kinship Caregivers Caring for LGBTQ Youth** (6.0 Credit Hours)**IN-PERSON****DATE: August 14, 2023***Darden-Kautz, Susan***TIME: 9:00 am – 4:00 pm**

CONTENT: This training was developed to increase the competence of any family providing out-of-home care for LGBTQ youth: foster families, kinship care families, guardianship families, or adoptive families. The curriculum is meant to enhance the skills of those providing direct care for LGBTQ youth.

**\*JOINT\*****Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals**

(3.0 Credit Hours)

**IN-PERSON****DATE: August 17, 2023***Rosebrough-Zody, Christina***TIME: 1:00 pm – 4:00 pm**

CONTENT: Identity thieves commit a crime that can long go unnoticed after victimization. Identity theft is among the fastest growing problems facing Americans today. Unfortunately, it is one of the hottest crimes for to be committed against some of America's most vulnerable populations – the elderly and disabled. Over ten million Americans have reported having their identities stolen in the last year. Unfortunately, many individuals do not know how to properly report the crime; thus, the statistics are low compared to the number of individuals that are affected. In this session, you will learn easy steps to take to reduce vulnerabilities to the crime for adult populations. Participants will learn "terms of art" both online and off. Participants will leave the session with simple rules to follow; handy checklists to use; and even easy-to-use form letters that can be utilized for their clientele. Strategies will be discussed to help in the prevention of identity theft for vulnerable adults as well as the correct avenues of reporting so that a potential victim can be helped in the legal and financial systems.

**RR: An Overview of Legal Issues for Foster Caregiver**

(3.0 Credit Hours)

**IN-PERSON****DATE: August 17, 2023***Rosebrough-Zody, Christina***TIME: 5:30 pm – 8:30 pm**

CONTENT: Resource Readiness - LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

Foster parents will learn to identify and learn different court procedures in order to help them with their basic responsibilities and obligations for the children in their care. This workshop will help foster parents identify the roles and responsibilities of the legal team; become familiar with the phases of a court hearing; and identify the procedure of public access of information. Participants will have a working knowledge of their rights and responsibilities in the courtroom; filing of pleadings; and court procedures pursuant to federal law and Ohio law. Participants will also be able to recognize areas of potential liability in regards to their actions as well as those of the children in their care.

**Can I Use the Cell Phone? Electronic Media Forensic Evidence**

(6.0 Credit Hours)

**IN-PERSON****DATE: August 18, 2023***Rosebrough-Zody, Christina***TIME: 9:00 am – 4:00 pm**

CONTENT: In this workshop, participants will get a working knowledge of the legal processes regarding basic electronic mediums and how evidence from these devices can and cannot be used in court. Participants will be taught how to preserve this evidence, as necessary, so that forensic analysis can be done on the electronic medium to help law enforcement personnel with any potential criminal case as well as the adult protective service case. Electronic media that will be focused upon will be cell phones, digital photographs, and electronic medical records.

**AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing**

(6 Credit Hours)

**IN-PERSON****DATE: August 19, 2023***Hennessey, Ryan***TIME: 9:00 am – 1:00 pm\*\***

**2pm-4pm\*\***

**CONTENT:** This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

**Invisible Injuries: The Impacts of Trauma**

(6 Credit Hours)

**IN-PERSON**

**DATE:** August 19, 2023

*Walters, Paula*

**TIME:** 9:00 am – 4:00 pm

**CONTENT:** Trauma is not segregated pockets of events or occurrences that happen in silos. Rather, trauma is intersections of different adverse life events that layer upon each other, forcing these events to be intertwined. When this occurs, a person is not able to differentiate between healthy and harmful environments. The intention of this workshop is to dismantle these silos, as treatment cannot only tackle one component of trauma independently from the others. Attendees will address myths that surround abuse, and be challenged to confront their own bias regarding the abusers, the victims, and the incidents of abuse. This workshop takes you to the uncomfortable steps of “walking a mile in the shoes of trauma survivors”.

**\*ERIE COUNTY\***

**RR: Attachment**

(2.0 Credit Hours)

**DATE:** August 19, 2023

*Musser, Nadine*

**TIME:** 9:00am-11:00pm

**CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children’s ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children’s sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children’s primary attachment to their families is also highlighted.

**\*ERIE COUNTY\***

**RR: Trauma Related Behaviors**

(2.0 Credit Hours)

**DATE:** August 19, 2023

*Musser, Nadine*

**TIME:** 11:15 am – 1:15 pm

**CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

**\*ERIE COUNTY\***

**RR: Creating a Stable, Nurturing, and Safe Home Environment**

(2.0 Credit Hours)

**DATE:** August 19, 2023

*Musser, Nadine*

**TIME:** 2:30 pm – 4:30 pm

**CONTENT: Resource Readiness – FAMILY SAFETY**

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child’s perspective is also highlighted.

**\*JOINT\* \*VIRTUAL\***

**Psychotropic Medications: Questions to Ask about Kids on Meds**

(3.0 Credit Hours)

**DATE:** August 22, 2023

*Simera, Stacy*

**TIME:** 10:00 am – 1:00 pm

**CONTENT:** The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

**A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight**

(3.0 Credit Hours)

**IN-PERSON**

**DATE:** August 23, 2023

*Smith, Tamme*

**TIME:** 5:30 pm – 8:30 pm



CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

## September Course Descriptions

*Class will be closed to anyone arriving more than fifteen (15) minutes late.*

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### AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

#### IN-PERSON

DATE: September 5, 2023

Awad, Thasia

TIME: 9:00 am – 1:00 pm\*\*  
2pm-4pm\*\*

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**\*\*Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

#### \*JOINT\*

### Examining Unconventional and Mischaracterized Trauma Expressions in Black Males

( 6 Credit Hours)

#### IN-PERSON

DATE: September 8, 2023

Logan, LaToya

TIME: 9:00 am –4:00 pm

**CONTENT:** Raising awareness related to diagnosis, evaluation, and treatment referrals based on a lack of cultural inclusion surrounding Black males who exhibit aggression and apathy is the necessary first step to addressing disparities. Viewing apathy as a defense mechanism encourages social workers to strengthen their assessments and challenge outcomes. It allows for a deeper understanding of how trauma experiences can manifest into aggression and apathy based on cultural norms and environmental factors that have not been evaluated. Through cultural competence and inclusion of cultural differences, social workers can lead changes in the fields of mental health and social services. They can help promote equity in educational programming and support, make court referrals for treatment options instead of confinement, and develop more effective assessments and treatment interventions that have a direct impact on individuals, families, and communities.

### Co-Parenting Training with Continental Breakfast

(3.5 Credit Hours)

DATE: September 11, 2023

McHale, Dr.

TIME: 9:00 am – 12:30 pm

CONTENT: Approaches to use with individuals and with developing systemic change within the child welfare and court systems and Challenges and suggestions to Overcome them. Please contact Kandi Bennett-Kanu via email or phone at [Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov) / (419) 213-3505 to sign up. Limited Seating available.

### Using Discipline to Teach Self-Regulation

(3.0 Credit Hours)

#### IN-PERSON

DATE: September 12, 2023

Ruff, Kristie

TIME: 5:00 pm – 8:00 pm

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

### Understanding Gender Identity

(3.0 Credit Hours)

#### IN-PERSON

DATE: September 14, 2023

Darden-Kautz, Susan

TIME: 9:00 am – 12:00 pm

CONTENT: This workshop will educate and sensitize foster/adoptive caregivers about how gender identity is developed, how different cultures view gender identity, and the unique needs presented by transgender or gender-nonconforming youth in their homes.



**Managing Infertility Grief and Loss as a Foster and Adoptive Parent**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 14, 2023**

*Darden-Kautz, Susan*

TIME: **1:00 pm – 4:00 pm**

CONTENT: This workshop will increase foster and adoptive parent awareness of the impact infertility issues have on the caregiving family, and strategies to manage these issues.

**\*VIRTUAL\***

**RR: Ethical Considerations for Resource Caregivers**

(2.0 Credit Hours)

DATE: **September 21, 2023**

*Prezioso, Deanna*

TIME: **6:00am-8:00pm**

**CONTENT: Resource Readiness - LEGAL AND ETHICAL ISSUES FOR CAREGIVERS**

This workshop will give participants an understanding of common ethical dilemmas encountered by resource caregivers both in working with agency staff as well as in their work with birth family. Participants will also gain an understanding of resources available to assist them with navigating ethical considerations.

**\*JOINT\***

**Mentoring Among Foster Caregivers - Strengthening the Team**

(6 Credit Hours)

**IN-PERSON**

DATE: **September 22, 2023**

*Prezioso, Deanna*

TIME: **9:00 am – 4:00 pm**

CONTENT: This class will give participants an understanding of the adult principals of learning and how they apply to mentoring. We will examine the role and purpose of a mentor for foster and adoptive caregivers, and common characteristics of effective mentors and mentees. Caregivers and staff will understand the similarities and differences between informal and formal mentoring and how the mentoring process can be used to build stronger foster families with better outcomes for the placements in their homes. Participants will also gain an understanding of how to develop an effective mentoring program.

**Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster** (3.0 Credit Hours)

**IN-PERSON**

DATE: **September 23, 2023**

*Prezioso, Deanna*

TIME: **9:00 am – 12:00 pm**

CONTENT: This class will give participants an understanding of the reactions to grief and loss and explain ambiguous loss theory. Participants will gain an understanding of the similarities and differences between the emotions they experience, the emotions children in care experience, and the emotions experienced during a final loss such as death. Participants will examine how the emotions experienced during grief and loss are related to their role of foster caregiver and how they can effectively care for themselves and manage their emotions.

**Preventing Placement Disruptions Before Placement Begins**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 23, 2023**

*Prezioso, Deanna*

TIME: **1:00 pm – 4:00 pm**

CONTENT: This workshop will give participants an understanding of the most common reasons for placement disruption and the stages of disruption. Participants will also gain an understanding of the factors that most commonly lead to placement stability and lower levels of disruptions. Participants will examine the current practices used both before and during placements being in their home and will also examine how these practices can lead to disruption and/or preservation of placement. Finally, participants will discuss and gain an understanding of steps they can implement that will help minimize placement disruptions before the placement even enters the home.

**RR: Verbal De-escalation in Child Welfare**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 29, 2023**

*Lowery, Brian*

TIME: **9:00am-12:00pm**

**CONTENT: Resource Readiness - FAMILY SAFETY**

This class will examine how pre-placement experiences and current stressors may affect a foster child's emotions, leading to escalating behaviors. This workshop reviews the skills of active listening, non-violent communication, and de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, which will enable them to more successfully deal with emotional or physical crisis which can occur with children living in out of home care.

**Navigating the Whitewater of Reunification: Primary Family, Agency, and Foster Parent Collaboration**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 29, 2023**

*Lowery, Brian*

TIME: **1:00pm-4:00pm**

CONTENT: This class will examine the complex dynamics facing birth families before, during, and after placement. While emphasizing the advantages of safe reunification of children with birth families, this training will help foster parents come to further appreciate the "biological

bond," as well as challenge them to consider forgiveness as a foundation of collaborative work with parents. This workshop will also develop a framework for shared parenting, including promoting and building the "parent/foster parent team," and provide practical guidelines for such issues as visitation, phone calls, and establishing boundaries.

**Adolescent Development**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 30, 2023**

*Lowery, Brian*

TIME: **9:00 am – 12:00 pm**

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of adolescents (ages 12-21). Participants will learn about typical development, why adolescents can have such challenging behaviors, and how to support healthy development in adolescents.

**Attachment, Separation, and Loss in Foster Care and Adoption**

(3.0 Credit Hours)

**IN-PERSON**

DATE: **September 30, 2023**

*Lowery, Brian*

TIME: **1:00 pm – 4:00 pm**

CONTENT: This class introduces foster parents to the concept of attachment and the biological bond. Separation will be addressed by reviewing the five stages of grief vis-à-vis a foster care placement. Strategies for helping insufficiently attached and grieving children are reviewed.

# Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

## Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Kandi Bennett-Kanu at (419) 213-3505 or by e-mail [Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov)

**For Live Support for CAPS LMS click below:**

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Bennett-Kanu to register as a guest.

# Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are one to two and half hours in length. They do not have to be completed in order.

These training will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as below.

Learning Search

Search for learning

Filters Reset

DURATION ▼

TYPE ▼

MODALITY ▼

SUBJECT ▲









- ☒ Pathway: Resource Family Readiness (20)
- ☐ Permanency (10)
- ☐ Personnel Management (1)
- ☐ Physical/Medical Health (17)
- ☐ Physical/Medical Health: Activities of Daily Living (2)
- ☐ Physical/Medical Health: Neurocognition (4)
- ☐ Placement (13)
- ☐ Planning (10)
- ☐ Population Served:

PROVIDER ▼

20 Results

Pathway: Resource Family Readiness ×

Event Calendar

 Event <b>(2.75) Born Addicted: Promoting Best Care</b> 2 hours, 45 minutes ***	 Event <b>(2.75) Communicable Diseases</b> 2 hours, 45 minutes ***	 Event <b>(2.75) PLEASE Don't Share! Communicable Diseases</b> 2 hours, 45 minutes ***	 Event <b>(4) The Basics of Caring for Children Who Have</b> 4 hours ***
 Event <b>(2.75) The Effects of Fostering</b> 2 hours, 45 minutes ***	 Event <b>(2.75) Engaging Primary Families</b> 2 hours, 45 minutes ***	 Event <b>(2.75) An Overview of Legal Issues for Foster Families</b> 2 hours, 45 minutes ***	 Event <b>(2.75) Understanding the Legal Process and the</b> 2 hours, 45 minutes ***



Whereas these training have been developed for the incoming resource families, current licensed resource caregivers may also complete these courses for credit hours. So keep this checklist to help you mark off those you have completed. Below are also dates in which the first round have been scheduled.

#### PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

- Communicable Diseases – Protecting Your Family's Health
- Please DON'T Share! Communicable Disease and Children

#### COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

#### SUBSTANCE ABUSE

- Impact of Substance Use **(August 4, 2023, 1:00 pm to 2:30pm)**
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

#### EDUCATION ADVOCACY

- Education
- Education Advocacy

#### CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

#### FAMILY SAFETY

- Verbal De-escalation **(September 29, 2023, 9:00 am to 12:00 pm)**
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

- **(8/5/23 9:00am to 11:00 am) (8/19/23 2:30pm to 4:30pm)**

#### **TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

- Attachment- **(Aug 19, 2023 9:00 am to 11:00 am)**
- Separation, Grief, and Loss
- Trauma Related Behaviors **(Aug 19, 2023 11:15am to 1:15 pm)**
- Trauma Informed Parenting
- Understanding and Building Attachment

#### **CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED**

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma **(Aug 4, 2023, 2:45pm-4:15pm)**
- Sexual Trauma

#### **MANAGING PLACEMENT TRANSITIONS**

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

#### **MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE**

- Building Parental Resilience
- Mental Health Considerations **(Aug 5, 2023, 11:30 am to 1:30 pm)**
- Family Dynamics
- The Effects of Fostering

#### **LEGAL AND ETHICAL ISSUES FOR CAREGIVERS**

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents **(Aug 17, 2023, 5:30 pm to 8:30 pm)**
- Ethical Considerations for Resource Caregivers **(Sept 21, 2023, 6:00 pm to 8:00 pm)**

# In Person Lunch and Learn

**Title:** Trauma 101 Introduction to Trauma and Trauma-Informed Parenting brought to you by the Sophia Center

**Date:** Two standalone dates, 8/25/23 and 10/6/23

**Time:** 9:30-1pm for both dates

**Lunch and 3 contact hours provided for each date**

**Presenters:** Diane Sweinhagen MA, LPCC-S, LPSC and Melinda Kostecky, MS, ATR-BC

**Content:**

This training is designed to provide a foundational overview and awareness of trauma and trauma-informed care for any foster, kinship, or biological parents with a child who may have experienced a traumatic experience or trauma. Trauma 101 focuses on understanding how trauma impacts the body and the brain, how people adapt to trauma, and what we can do as caregivers to support recovery and resiliency. The information presented in this workshop is not intended to train caregivers on a specific type of intervention; however, is focused on how we can use a better understanding of trauma to be trauma informed. The information presented in this training is provided from current research as well as leading experts and organizations in the field such as the Adverse Childhood Experiences (ACE) study and the National Child Traumatic Stress Network (NCTSN).

**Objectives:**

- Define toxic stress and different types of trauma
- Identify the basic physiological components and functions of the stress response system
- Understand how trauma and adversity impacts development and how children respond
- Explore coping strategies and the importance of self-care
- Identify essential elements of trauma-informed parenting
- Discuss how resilience and secure attachment helps to buffer trauma



Building and Restoring Respectful Family Relationships Made Possible with Grant Funding from Common Spirit Health

**You cannot register for this training in CAPS,  
You must contact Kandi Bennett-Kanu to be enrolled  
(Limited seating)**

**Email: [Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov)**





♡♡♡♡♡

# CARE WITH CONFIDENCE

TRAUMA INFORMED  
CARE TRAINING

## FREE FOR FOSTER PARENTS

Trauma Free World and the University of Cincinnati are conducting research to study how trauma-informed care training increases a foster parent's confidence in caring for children affected by trauma. You'll learn strategies to manage difficult behaviors and big emotions so you feel more equipped to care for the kids in your home.

**Two sessions available**

### SESSION 1

July 8th, 15th & 22nd  
9am to 4pm

### SESSION 2

September 9th, 16th & 23rd  
9am to 4pm

**Register via email**

[dianebersberger@traumafreeworld.org](mailto:dianebersberger@traumafreeworld.org)

**SIGN UP BY JUNE 30TH**

### BENEFITS

- ♡ Learn skills to get through tough stuff
- ♡ 16.5 credit hours
- ♡ \$25 Amazon gift card for completing pre-test
- ♡ \$25 Amazon gift card for completing post-test
- ♡ Lunch and child care provided



### Location:

Vineyard Cincinnati Church  
11340 Century Cir E,  
Springdale, OH 45246

*Pre-registration required*



Trauma Free World is a non-profit with a mission to provide trauma training to everyone, everywhere. To browse classes or make a donation to help share training around the world, please visit our website.

[traumafreeworld.org](http://traumafreeworld.org)



# Computer Literacy Support



## **ATTENTION CAREGIVERS!**

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

### **The NWORTC is here to help!**

Simply contact Kandi Bennett-Kanu at  
419-213-3505 or by email at  
[Kandi.Bennett-Kanu@jfs.ohio.gov](mailto:Kandi.Bennett-Kanu@jfs.ohio.gov) to schedule  
an on-site session at the Lucas County  
Conference and Learning Center (CLC) located  
at

711 Adams Street, Toledo, OH 43604

# Directions To:

## Lucas County Children Services Conference & Training Center

711 Adams Street  
Toledo, Ohio 43604

### From The North:



- ↳ Take I-75 South
  - ↳ Exit 202A onto Washington
  - ↳ Turn Left on Ontario
  - ↳ Turn Right off Ontario into the parking garage

### From The South:

- ↳ Take I-75 North toward Toledo/Detroit
  - ↳ Exit 201B onto Erie Street
  - ↳ Take Erie Street to Madison Avenue
  - ↳ Turn Left on Madison - go one block to Ontario
  - ↳ Turn Right on Ontario Street
  - ↳ Turn Right off Ontario into the parking garage

