

Lucas County Foster Parent Association Newsletter



Volume 10, Issue 2

February 2023

You are invited to join us for the IN-PERSON

ROUND TABLE

on
Wednesday, February 1, 2023
at

Golden Corral Buffet & Grill

5730 Opportunity Drive, Toledo, Ohio

You can choose which time suits you the best:

12:00 – 1:30 p.m. or 5:30 – 7:30 p.m.

Space is limited. RSVP to Miriam Root

419-213-3370 or miriam.root@ifs.ohio.gov

Attendees will receive ONE TRAINING CREDIT HOUR CREDIT.



To use your Toledo
Zoo membership.



Click the link below
for February
events!

<https://www.toledo.com/news/2023/01/27/daily-dose/imagination-station-february-events/>

Reminder: The KeyBank Discovery Theater has two, sensory-friendly showtimes for 3D educational films. Every Tuesday at 4:15pm and every Sunday at 12:30, will have the lights up and the volume down giving all visitors an opportunity to experience the wonder of the GIANT screen.

TRAUMA TRAINING

Trauma Informed Responses for Caregivers

Thursday, February 23, 2023

and

Friday, February 24, 2023

9 a.m. to 4 p.m.

Registration NOT available in CAPS

RSVP to: Kandi Bennett-Kanu

419-213-3505 or kandi.bennett-kanu@jfs.ohio.gov



Please reference your Caregiver Calendar for more details.

LUCAS COUNTY
CHILDREN
SERVICES

Lucas County Children Services (LCCS)
705 Adams Street – Toledo, OH 43604
Placement Department
Protecting Children, Promoting Families
Family Foster Care
(419)213-3370 fax (419)327-3582

February

1st Black

History Month Kickoff: UT's Black Student Union will kick off Black History Month in the Lancelot Thomas Student Union Ingman Room from 6-9 p.m.

Click the link below for additional events this month.

<https://www.wtol.com/article/news/local/black-history/black-history-month-2023-events-in-toledo-419/512-1e068b5b-efb6-4aa3-8716-30cd2491aa09>

Listening can be a very difficult thing to do. Especially, when your child needs you to stop and listen to them when you have so many things to do. However, stopping what you are doing and listening to your child makes it more likely that they listen to you, when you want them to.

Just like us, when your child feels listened to, they are more likely to listen.

Talking and listening to your child holds a lot of importance, as it helps your child build a bond with you and develop trust. It improves the bonding in a relationship and builds a child's confidence. You do not have to have the skill to 'listen', but you can always develop the skill to LISTEN.

When you are trying to talk or communicate with your child you should:

- encourage your child to open up with you by talking
- be patient and listen to your child while he puts his feelings and thoughts across
- respond in a sensitive way to everything that he says, good or bad
- focus on body language and actions, so as to understand the non-verbal forms of his communication

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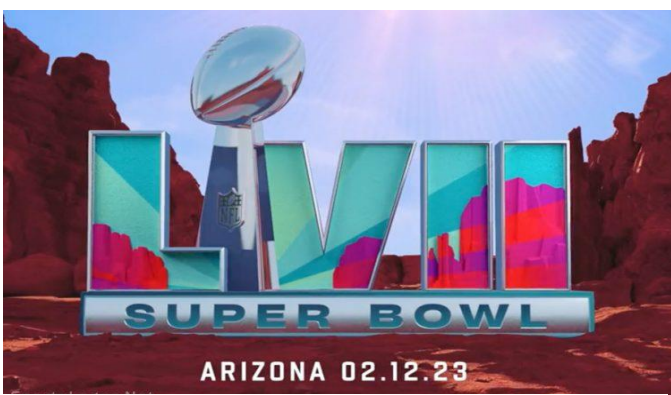
HEAR

A sound/noise comes into your ear without you making an effort.



LISTEN

When you pay attention and try to listen to sounds.



Quick and easy snack ideas!

- Nachos with Queso
- Buffalo Chicken Bites
- Guacamole
- Pizza Pinwheels
- Roasted Jalapeño Cheese Ball
- Nuts
- Pizza
- Veggie tray

NAMI Creative Kids

National Alliance on Mental Illness
Greater Toledo

Free Art Workshop for Kids/Teens

Creative Kids provides an opportunity for children/adolescents (6 to 17 years old) to express themselves creatively through art and identify positive coping skills!

LOVING OURSELVES



February 21, 2023

5:00pm - 6:15pm

4334 Secor Rd, Toledo, OH 43623

Limited Space! Registration REQUIRED by Feb. 20th to attend!

To RSVP your child(ren) contact Kristen Zientek at: kzientek@namitoledo.org



NAMI Creative Expressions

National Alliance on Mental Illness
Greater Toledo

FREE VIRTUAL ART WORKSHOP

Provided by Art Lab 419

(Open to teens & adults 13+)



February 23, 2023

5:00pm- 7:00pm

Art supplies will be provided and must be picked up at Art Lab 419 during designated pick up dates/times

Limited Space - Registration is REQUIRED by Feb.17th to attend!

To RSVP and to receive pickup dates/times and Zoom log-in information contact Kristen Zientek at kzientek@namitoledo.org

