NWCORTC Northwest Ohio Regional Training Center Resource Family Calendar



WINTER 2023

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Ohio Child Welfare Training Program

Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567-376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Fred Lord	419-636-6725
Lucas Co. (LCCS): Director: Donna Seed (Interim)	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melonny King – Manager – <u>Melonny.King@jfs.ohio.gov</u> Karla Davis McGowan – Regional Caregiver Training Coordinator – <u>Karla.Davis-McGowan@jfs.ohio.gov</u> Stephanie Harvey – Regional Staff Training Coordinator – <u>Stephanie.Harvey@jfs.ohio.gov</u> Megan Hite – Regional Training Center Clerk (Staff) – <u>Megan.Hite@jfs.ohio.gov</u> Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – <u>Tanya.Roach@jfs.ohio.gov</u> Kandi Bennett-Kanu – Regional Training Center Clerk (On-Going Resource Family) – <u>Kandi.Bennett-Kanu@jfs.ohio.gov</u>



WEDNESDAY, DECEMBER 7, 1PM-3PM

701 ADAMS, TOLEDO, OH 43604

- CAPS Q&A / DEMOS RTC TOURS
- GELS & REFRESHMENTS



ON-GOING NWORTC LUCAS COUNTY TRAININGS

January 2023

		Vallad			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5 *JOINT* VIRTUAL Crisis Conversations: A Trauma Informed Care Approach 9am-4pm Laura Gaines	6	7 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Ryan Hennessey
9	10 VIRTUAL Connect: Supporting Children Exposed to Domestic Violence 5:30pm-8:30pm Michele Bell	11	12	13	14
16	17	18	19	20	21
23 VIRTUAL Psychotropic Medications- Questions to Ask 5:30pm-8:30pm Stacy Simera	24	25	26	27	28 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Ryan Hennessey
30	31		1		

February 2023

		ICDIUUI	<i>y 2020</i>		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 *VIRTUAL* What's the Foundation of Your Parenting? 5:30pm-8:30pm Jody Johnston- Pawel	3	4 Behavior Management 9am-12pm David Zidar Relax! It's Only A Crisis 1pm-4pm David Zidar
6	7	8	9	10 Verbal De-Escalation 9am-12pm Brian Lowery Navigating the Whitewater of Reunification 1pm-4pm Brian Lowery	11 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Ryan Hennessey Reaching Higher: A Curriculum for Foster/Adoptive Parents and Kinship Caregivers 9am-4pm Susan Darden Kautz Adolescent Development 9am-12pm Brian Lowery Attachment, Separation, and Loss in Foster Care and Adoption 1pm-4pm Brian Lowery
13 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Mark McBee	14	15	16	17	18
20	21	22	2324*Mandatory*Trauma Informed Resources for Caregivers See Flier InsertSee Flier Insert* Must be present in both days to receive full credit*		25
27	28	30			

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Mark McBee
6	7	8	9	10 Normalcy & Reasonable Prudent Parent 9am-12pm Deb McMullen Understanding and Building Attachment 1pm-4pm Deb McMullen	11 The Effects of Fostering 9am-12pm Deb McMullen Engaging Primary Families 1pm-4pm Deb McMullen
13	14	15	16	17	18
20	21	22 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Mark McBee	23 A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight 5:30pm-8:30pm Tamme Smith	24	25 Normalcy and the Reasonable and Prudent Standard: What's the Standard? 9am-4pm Dr. Christine Cross
27 VIRTUAL Substance Use and Abuse Among Children and Adolescents 5:30pm-8:30pm Stacy Simera	28 Male? Female? Other? What does THAT mean? 9am-12pm Susan Daren-Kautz Managing Infertility Grief and Loss as a Foster and Adoptive Parent 1pm-4pm Susan Daren-Kautz	29	30	31	

MANDATORY TRAUMA TRAINING

Trauma Informed Responses for Caregivers

Date: Thursday February 23, 2023 & Friday February 24, 2023

Time: 9:00am-4:00pm

12 Credits (No CEU's for this Supplemental Training)

Presenters: Tamme Smith, Dr. Marvin Whitfield, & Cynthia Thomas

Content:

This is a two-day workshop will promote awareness, knowledge, and skills for the caregiver on recognizing the role implicit bias can play on behaviors which are due to trauma. Utilizing the primary components of trauma-informed care participants will be able to identify and support others who have experienced trauma, recognize, and manage personal stress associated with child welfare work and will be able to approach and relate to families in a culturally respectful and sensitive manner while promoting the potential paths of recovery.

About Our Presenters:

Tamme Smith has trained with OCWTP for two years, is the Founder of Mockup Training Squad, and is the coauthor of this workshop. Smith has a diverse background, including 25 years of service to the community in mental health, public education, corrections, and law enforcement. She is a Licensed Social Worker, Licensed Chemical Dependency Counselor III, Certified Critical Incident Stress Management (CISM) respondent, a Certified Crisis Intervention Trained Officer, and a Certified Ohio Peace Officer Trainer. Smith is a Trauma Informed Care instructor for the Lucas County Sheriff's Office Cadet Academy and The Lucas County Mental Health Service Board and a national instructor on Mental Health First Aid with the National Council.

Dr. Marvin Whitfield is the CEO of Big Brothers Big Sisters of Northwestern Ohio, the Founder of the Blue Force Mobile Training Team, and a co-author of this workshop. Before moving to the private & nonprofit sector, Whitfield served as a Team Leader and Senior Instructor on a Department of Defense contract and conducted numerous training missions for the United States Army Intelligence Center of Excellence Training Division.

Cynthia Thomas, a co-author of this workshop, is a Professional Trainer, Facilitator, and Coach across Instructor Led Classrooms, Virtual, and Field platforms. Primary subjects include Leadership, Professional Development, Organizational Change, Implicit Bias, Diversity, Communications, Sexual Harassment, Stress Management, Mindfulness & Resilience. She's the Founder/CEO of Sans Pareil Training Group and serves full-time as a Lucas County Coroner Investigator.

You cannot register for this training in CAPS, You must contact Kandi Bennett-Kanu to be enrolled

Email: Kandi.Bennett-Kanu@jfs.ohio.gov

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January Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

* VIRTUAL *

Crisis Conversations: A Trauma Informed Care Approach

DATE: January 5, 2023 Gaines, Laura

CONTENT: Just as trauma is defined as something that is overwhelming, crisis conversations are those that may overwhelm your internal or external resources. Topics such as suicidal ideation, self-harming, rage, extreme helplessness, or violence can be overwhelming. And just as trauma is personal, a crisis conversation can be a conversation that hits us the wrong way, at the wrong time. Trauma Informed Care involves a full 360-degree approach to crisis conversations. At its most basic, a trauma-informed approach realizes the prevalence of trauma; recognizes how trauma affects all individuals involved with the system, including its own workforce; and responds by putting this knowledge into practice (SAMHSA, 2012). Having a trauma-informed response to crisis conversations includes a large set of skills that can be learned or improved upon. At the end of this workshop, you will have a crisis conversation worksheet to use in practice so that you are better prepared for the conversations to come.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

DATE: January 7, 2023 Hennessey, Ryan

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, pavable to the trainer.

* VIRTUAL *

Connect: Supporting Children Exposed to Domestic Violence

DATE: January 10. 2023 Bell. Michele CONTENT: A basic and interactive virtual three-hour training session on the dynamics of domestic violence, the impact of exposure to domestic violence on children, and strategies for supporting children who have been exposed to domestic violence.

VIRTUAL

Psychotropic Medications-Questions to Ask: The Who, What, How, When, and Why of Kids on Meds (2.75 Credit Hours) DATE: January 23, 2023 Simera, Stacv TIME: 5:30pm to 8:30pm CONTENT: The purpose of this course is to educate foster parents and other caregivers on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing DATE: January 28, 2023 Hennessev. Rvan

2pm-4pm** CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

TIME: 9:00 am - 1:00 pm 2pm-4pm**

(2.75 Credit Hours) TIME: 5:30pm to 8:30pm

(3.75 Credit Hours)

TIME: 9:00 am - 1:00 pm**

(3.75 Credit Hours)

(5.5 Credit Hours) TIME: 9:00 am - 4:00 pm

February Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

* VIRTUAL * What's the Foundation of Your Parenting?

DATE: February 2, 2023 Johnston Pawel, Jody

CONTENT: See a parenting "style show" that reveals which parenting practices will get the long-term results you want. Discover the secrets for building healthy parenting habits and working together as a team with your parenting partners, including caseworkers and birth parents.

Behavior Management

DATE: February 4, 2023

CONTENT: This learning, Behavior Management, is simply just that - how to manage behavioral issues. The learning goes through the continuum of behaviors that all children may present, from stealing to physical assault. The goal of this session is to provide the skills to manage these behaviors with a reduced level of reactivity. This session is recommended for anyone who works with children or manages an environment where children exhibit challenging behaviors.

Relax! It's Only A Crisis

DATE: February 4, 2023 Zidar. David

CONTENT: Foster parents will learn the stages and patterns of a crisis. Participants will learn ways to manage their own behavior to improve outcomes. They will also learn professional use of their own patterns of crisis, as well as those of their families.

Verbal De-escalation in Child Welfare

DATE: February 10, 2023 Lowery, Brian

CONTENT: This class will examine how pre-placement experiences and current stressors may affect a foster child's behavior. The skills of active listening, non-violent communication, and de-escalation will be reviewed. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, and their cultural implications.

Navigating the Whitewater of Reunification: Primary Family, Agency, and Foster Parent Collaboration (2.75 Credit Hours) DATE: February 10,2023 Lowery, Brian TIME: 1:00 pm -4:00 pm

CONTENT: This class will examine the complex dynamics facing birth families before, during, and after placement. While emphasizing the advantages of safe reunification of children with birth families, this training will help foster parents come to further appreciate the "biological bond," as well as challenge them to consider forgiveness as a foundation of collaborative work with parents. This workshop will also develop a framework for shared parenting, including promoting and building the "parent/foster parent team," and provide practical guidelines for such issues as visitation, phone calls, and establishing boundaries.

AHA Pediatric HeartSaver Fi	rst Aid and CPR Without Skills Testing
DATE: February 11, 2023	Hennessey, Ryan

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

**Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, pavable to the trainer.

Adolescent Development

DATE: February 11. 2023 Lowerv. Brian

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of adolescents (ages 12-21). Participants will learn about typical development, why adolescents can have such challenging behaviors, and how to support healthy development in adolescents.

(2.75 Credit Hours) TIME: 5:30pm to 8:30pm

(2.75 Credit Hours)

TIME: 9:00 am - 12:00 pm

TIME: 1:00 - 4:00 pm

(2.75 Credit Hours)

(2.75 Credit Hours) TIME: 9:00am to 12:00pm

(3.75 Credit Hours) TIME: 9:00 am - 1:00 pm** 2pm-4pm**

(3.75 Credit Hours) TIME: 9:00 am - 12:00 pm

Zidar, David

Attachment, Separation, and Loss in Foster Care and Adoption

TIME: 1:00 pm -4:00 pm** DATE: February 11,2023 Lowery, Brian CONTENT: This class introduces foster parents to the concept of attachment and the biological bond. Separation will be addressed by reviewing the five stages of grief vis-à-vis a foster care placement. Strategies for helping insufficiently attached and grieving children are reviewed.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing DATE: February 13, 2023 McBee, Mark

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid. **Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

March Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

DATE: March 4, 2023 McBee. Mark

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid. **Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

Normalcy and the Reasonable and Prudent Parent Standard

DATE: March 10, 2023 McMullen, Deb TIME: 9:00 am - 12:00 pm CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

Understanding and Building Attachment

DATE: March 10, 2023 McMullen, Deb

CONTENT: This training, specifically designed for licensed foster caregivers in the early years of their foster care development, will provide participants with an understanding of how attachment develops and the four attachment styles. Participants will learn indicators for each attachment style and strategies to help children develop secure attachments. This training is part of the Fundamentals of Fostering series.

The Effects of Fostering

DATE: March 11, 2023

CONTENT: This training, specifically designed for licensed foster caregivers in the early years of their foster care development, will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. They will learn to identify indicators they, or someone in their family, may be experiencing burnout or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Engaging Primary Families

DATE: March 11, 2023

McMullen, Deb

McMullen, Deb

CONTENT: This training, specifically designed for licensed foster caregivers in the early years of their foster care development, will address the importance of engaging primary families. Common barriers to strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.

(2.75 Credit Hours) TIME: 1:00 pm - 4:00 pm

(2.75 Credit Hours)

TIME: 9:00 am - 12:00 pm

(3.75 Credit Hours) TIME: 9:00 am - 1:00 pm**

(2.75 Credit Hours)

(3.75 Credit Hours)

TIME: 9:00 am - 1:00 pm**

(2.75 Credit Hours) TIME: 1:00 pm - 4:00 pm

(2.75 Credit Hours)

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing DATE: March 22, 2023 McBee, Mark

(3.75 Credit Hours) TIME: 9:00 am - 1:00 pm**

(2.75 Credit Hours)

2pm-4pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid. **Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight

DATE: March 23. 2023 Smith. Tamme TIME: 5:30 pm - 8:30 pm CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

Normalcy Standard: What's and the Reasonable and Prudent the Standard? (5.5 Credit Hours) DATE: March 25, 2023 Cross. Dr. Christine TIME: 9:00 am - 4:00 pm CONTENT: With the passing of the Federal Law - Preventing Sex Trafficking and Strengthening Families Act of 2014, child welfare agencies have been tasked to help foster caregivers make decisions to allow foster youth to have experiences on par with peers who are not in foster care. The law is a departure from the conventional belief that foster youth should not engage in some activities that would be normative for most children of their same age. This workshop seeks to shed light on what is the Reasonable and Prudent Standard and what

agency staff and foster parents should do to help youth develop socially and emotionally while ensuring compliance with the law.

VIRTUAL

Substance Use and Abuse Among Children and Adolescents

DATE: March 27, 2023 Simera, Stacy

CONTENT: This distance learning training will review the substances commonly abused by children and adolescents, define addiction paths and criteria, and introduce treatment options and techniques for youth with addiction.

Male? Female? Other?: What does THAT mean?

DATE: March 28, 2023 Daren-Kautz, Susan TIME: 9:00 am - 12:00 pm CONTENT: This workshop will educate and sensitize foster/adoptive caregivers about how gender identity is developed, how different cultures view gender identity, and the unique needs presented by transgender or gender-nonconforming youth in their homes.

Managing Infertility Grief and Loss as a Foster and Adoptive Parent

DATE: March 28, 2023 Daren-Kautz, Susan TIME: 1:00 pm – 4:00 pm CONTENT: This workshop will increase foster and adoptive parent awareness of the impact infertility issues have on the caregiving family. and strategies to manage these issues.

(2.75 Credit Hours)

(2.75 Credit Hours) TIME: : 5:30 pm - 8:30 pm

(2.75 Credit Hours)



What is a Parent café?

Enjoy great round table conversations with other parents and caretakers facing similar parenting concerns, joys, and questions related to raising children.

Click Here to learn more about parent café's

BUILDING SUPPORT FOR PARENTS - BY PARENTS

During this parent led café, we focus on peer-to-peer learning, deep reflection, and building protective factors. Participating in dialogue in a fun and judgement-free environment promotes discussions that answer questions and touch topics including:

- Taking care of yourself
- Being a strong parent
- Building strong relationships with your children

Simultaneous child activities brought to you by ELEVATEan award winning after school program. Bring your children under 12 along while you enjoy the Cafe. A meal is provided. And you can earn incentives for completing the series!



Free Three-Part Series: January 14th, 21st, & 28th ^{11am-1pm}

Attend all 3 and earn an incentive!

Lunch and Child Activities Provided

SIGN UP TODAY

For questions, please email <u>helpingfamilies@sophia.center</u>

<u>Click Here</u> to register or scan the QR code!



Program partners include Sylvania Schools and Lucas County Juvenile Court. Grant funding made possible by CommonSpirit Health.

Computer Literary Support



ATTENTION CAREGIVERS!

- Do you need some extra help learning how to use your CAPS account?
- Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Kandi Bennett-Kanu at 419-213-3505 or by email at <u>Kandi.Bennett-Kanu@jfs.ohio.gov</u> to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at

711 Adams Street, Toledo, OH 43604

Directions To:

Lucas County Children Services Conference & Training Center

711 Adams Street Toledo, Ohio 43604

From The North:



Take I-75 South
Exit 202A onto Washington
Turn Left on Ontario
Turn Right off Ontario into the parking garage

From The South:

Take I-75 North toward Toledo/Detroit
Exit 201B onto Erie Street
Take Erie Street to Madison Avenue



Solution Turn Left on Madison - go one block to Ontario

🗞 Turn Right on Ontario Street

5 Turn Right off Ontario into the parking garage

